

***10th Mtn Div (LI) & Ft. Drum Pam 600-4**

**DEPARTMENT OF THE ARMY
10TH MOUNTAIN DIVISION (LI) & FORT DRUM
FORT DRUM, NEW YORK 13602-5000**

**10th Mtn Div (LI) & Ft Drum Pamphlet
No. 600-4**

20 November 2002

**Personnel - General
EXCEPTIONAL FAMILY MEMBER PROGRAM**

TABLE OF CONTENTS

	<u>Para</u>	<u>Page</u>
Purpose	1	2
Scope	2	2
The Exceptional Family Member Program Mission	3	2
The Exceptional Family Member Program	4	2
General	5	3
Exceptional Family Member Program (EFMP) Enrollment	6	3
Reminders	7	3
Definitions		4
Appendix A, Jefferson County Community Service		5
Appendix B, Lewis County Community Service		31
Appendix C, St. Lawrence County Community Service		41
Appendix D, Living With a Disability Toll-Free Numbers		47

***This pamphlet supersedes 10th Mtn Div (LI) & Ft Drum Pamphlet 600-4 dated
15 August 2000.**

The proponent of this pamphlet is the Directorate of Community Activities. Users are invited to send comments and suggested improvements on a DA Form 2028 (Recommended Changes to Publications and Blank Forms) through channels, to the Directorate of Community Activities, 10720 Mount Belvedere Blvd., Fort Drum, New York 13602-5018.

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- 1. PURPOSE.** To provide families with general information on services available through the Exceptional Family Member Program.
- 2. SCOPE.** This pamphlet is applicable to all personnel with family members with a physical, emotional or intellectual disorder who are eligible for enrollment in the Exceptional Family Member Program (EFMP).
- 3. THE EXCEPTIONAL FAMILY MEMBER PROGRAM MISSION.** The mission of the Exceptional Family Member Program is to maintain a commitment to services and to ensure that the special needs of the soldiers and their family members are met.
- 4. THE EXCEPTIONAL FAMILY MEMBER PROGRAM.** The Exceptional Family Member Program, under the direction of Army Community Service, in accordance with Army Regulation 600-75, is designed to assist the service member who has a handicapped family member. Help is provided through selective assignments and through educational, medical, cultural, and human service programs. The program is for any family in which a family member has a physical, emotional, or intellectual disorder

that limits the person's abilities to take part in activities with peers and requires special treatment, therapy, education, training and/or counseling.

5. GENERAL. This pamphlet has been developed to provide families with information on the services available within the Fort Drum and Tri-County areas of Northern New York. Information is accurate at the time of the printing and is continuously updated with our EFMP office. Families should call for the most current information before moving to Fort Drum. Contact with the EFMP Coordinator upon your arrival will help to ensure that your relocation is a positive experience and that you have access to all the services your family requires.

6. EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) ENROLLMENT. To enroll in the Army Exceptional Family Member Program, follow these procedures:

a. Your point of contact for enrollment is the EFMP/MEDDAC Assistant located at Guthrie Army Medical Clinic, Bldg. P-11050. There you will be interviewed and provided the enrollment forms.

b. After the forms have been filled out and signed, the entire packet should be returned to the EFMP/MEDDAC Assistant. It is important that you make copies of all information provided to you and keep in contact with the EFMP/MEDDAC Assistant until all coding and enrollment has been completed.

c. The EFMP Assistant at Guthrie Clinic will prepare an enrollment packet on all qualifying enrollees and forward it to Walter Reed Army Hospital for coding.

d. Once enrollment in the program is complete, you should contact the EFMP/MEDDAC Assistant to pick up a copy of your enrollment packet and coded booklet.

e. For further assistance, call (315) 772-4653 or DSN 772-4653, EFMP/MEDDAC Assistant.

7. REMINDERS. Re-enrollment is required every three years. The procedure is the same as the initial entry procedure into the program. You should contact the MEDDAC/EFMP Assistant when there is a change in the diagnosis of the exceptional family member. It is your responsibility to pick up your exceptional family member coded booklet and enrollment packet. All soldiers that come down on levy for overseas travels, with dependents, are required to go through the screening process. You must make an appointment to be screened. All medical records from the community must be brought to the screening.

DEFINITIONS

Exceptional Family Member - Any family member with any physical, emotional, developmental, educational or intellectual disorder that limits the individual's capability to engage in pursuits with peers and which requires special treatment, therapy, education, training or counseling.

Medical Treatment Facility - Military Health Facility where the soldier or family member normally goes for routine medical support.

Medical Center - Facility designated by the Surgeon General responsible for evaluations of questionnaires and completing the OPSCAN form used to report exceptional family member needs to TAPA. The medical center servicing Fort Drum is Walter Reed Army Medical Center located in Washington, D.C.

Child-Find - The ongoing process used by Department of Defense Dependent Schools and the Military Departments and the State Departments of Education to seek and identify children (from birth to 21 years of age) who show indications that they might be in need of special education and related services. Child-find activities include the dissemination of information to the public and identification, screening, and referral procedures.

Individualized Education Program (IEP) - A written statement specifying special education needs for a child that is developed by educators and implemented in accordance with public laws and DOD Instruction 1342.12.

Information, Referral, and Placement - Direct casework services provided to personnel assignment managers and exceptional families by researching the availability of programs and facilities and by reporting on actual openings in those programs.

Respite Care - Temporary relief care given by a substitute caregiver to an exceptional family member in order to provide a rest period for the family member responsible for regular care.

Recreational and Cultural Activities - Various leisure time activities such as camping and swimming to enable special children to fulfill their potential as human beings.

Health Related Services - Those services identified in the individualized education program as being necessary for the child to receive an appropriate education for which the Surgeon General is responsible to provide in support of Department of Defense Dependent Schools overseas.

Advocacy - Training parents to act on behalf of their children by providing information about their rights and responsibilities under the public laws and facilitating parent groups.

APPENDIX A

Jefferson County Services

A. Barton Hepburn Hospital	6
American Cancer Society	6
American Diabetes Association.....	7
Army Community Service	7
Cancer Treatment Center at Samaritan	8
Canton-Potsdam Hospital	8
Carthage Area Hospital.....	9
Children's Home of Jefferson County.....	9
Clifton-Fine Hospital	9
Credo Community Center for Treatment of Addiction, Inc	10
Credo Foundation.....	10
Cornell Cooperative Extension of Jefferson County	11
Cystic Fibrosis of Northern New York.....	11
Disabled Person's Action Organization	12
Early Childhood Direction Center	12
Edward John Noble Hospital	13
Mercy of New York	13
Jefferson County Adult Day Care Center	14
Jefferson County Arthritis Foundation	14
Jefferson County Association for Mental Health.....	15
Jefferson County Association for the Blind.....	15
Jefferson County Chapter of Multiple Sclerosis.....	16
Jefferson County Department of Social Services	16
Jefferson County Physically Handicapped Children's Programs.....	17
Jefferson County Public Health Nursing Program.....	17
Jefferson Rehabilitation Center.....	18
March of Dimes Birth Defects Foundation	18
Massena Memorial Hospital	19
Muscular Dystrophy Association.....	19
New York Cardiovascular Association.....	20
NY State Office of Mental Retardation/Developmental Disabilities	20
North Country Children's Clinic	21
North Country Transitional Living Services.....	21
North Jefferson Health Systems.....	22
Planned Parenthood of Northern NY	22
Northern NY Cerebral Palsy Association	23
Samaritan Hospital.....	24
Samaritan-Keep Home Therapeutic Day Care Program.....	24
Samaritan Rehabilitation Department.....	25
Northern Regional Center for Independent Living	25
Pre-School/Nurseries	26
Schools.....	27/28/29
Support Groups	30

NAME: A. BARTON HEPBURN HOSPITAL

ADDRESS: 214 King Street
Ogdensburg, New York 13669

PHONE: (315) 393-3600

OFFICE HOURS: 7:30AM - 5:00PM - Monday - Friday

SERVICES PROVIDED: 1. Community Health; 2. Family Centered Maternity Care; 3. Outpatient Services; 4. Renal Center; 5. Cardiology; 6. Mobile Off-Site Services; 7. Coronary Care and ICU; 8. Emergency Services; 9. Surgical Services; 10. Pulmonology Services; 11. Pastoral Care Program; 12. Patient Advocacy Program; 13. Physician Referral Service; 14. Community Referral Network; 15. Health Library Services; 16. Discharge Planning Services; 17. Mental Health Unit; 18. St. Lawrence Maternal Care Center 19. Cancer Center (chemical and radiation treatment available); 20. Sleep Center

FEES: Full Fee; Private Health Insurance; Medicaid; Tri-care

BRIEF DESCRIPTION: The hospital and services are located approximately 60 miles from the installation.

NAME: AMERICAN CANCER SOCIETY
Jefferson County Unit

ADDRESS: 94 E. Main St., Malone, NY 12953

PHONE #: 1 (800) 267-6082

OFFICE HOURS: 8:30AM - 4:30PM, Monday - Friday

ELIGIBILITY: Jefferson County Residents

FEE: None

SERVICES PROVIDED: 1.) Patient service; 2.) Rehabilitation; 3.) Public education; 4.) Professional education; 5.) Public information.

BRIEF DESCRIPTION: The American Cancer Society is a national voluntary health organization united to conquer cancer through balanced programs of research, education, rehabilitation and information and referrals.

**NAME: AMERICAN DIABETES ASSOCIATION
Northern New York Chapter**

ADDRESS: Globe Mini-mall - Court St., Watertown, NY 13601

PHONE #: (315) 782-5130 **WEBSITE:** www.diabetes.org

OFFICE HOURS: 8:30AM-5:00PM - Monday - Friday

ELIGIBILITY: All interested persons, especially diabetics, their families and health professionals.

FEE: \$20 annual membership fee to receive all benefits, including monthly magazine, Diabetes Forecast; some programs open to the public at no charge.

SERVICES PROVIDED: 1. Diabetic screenings; 2. Professional education programs; 3. Patient education programs; 4. Public education programs; 5. Counseling/telephone or in person; 6. Literature available on all aspects of diabetes.

BRIEF DESCRIPTION: Serves as a vital lifeline to the entire diabetes community and a leader in the fields of research, education and service.

NAME: ARMY COMMUNITY SERVICE (ACS)

ADDRESS: Bldg. P-4330, ATTN: AFZS-PA-ACS, Fort Drum, NY 13602-5018

PHONE #: (315) 772-6557, Information & Referral - 1-800-826-0886

OFFICE HOURS: 7:30AM - 5:00PM - Monday - Friday

ELIGIBILITY: Subject to individual program guidelines, ACS services are available to:

1. Active duty and retired military personnel and their families (all military branches).
2. Members of the Reserve and National Guard components on active duty for training and their families.
3. Widows, widowers, and other next of kin of military personnel who were on active duty or retired at the time of death.
4. Next of kin of prisoner of war or missing in action (POW/MIA) personnel of all armed services.

FEE: None

SERVICES PROVIDED: 1. Information, Referral and Follow-up Program; 2. Army Family Advocacy Program; 3. Exceptional Family Member Program; 4. Consumer Affair/Financial Management Program; 5. Relocation Program; 6. Operation READY/Family Support Program; 7. Army Emergency Relief; 8. Community Life Program; 9. Volunteer Program; 10. Installation Volunteer Coordination Program;

11. Army Family Team Building; 12. Loan Closet; 13. New Parent Support Program.

BRIEF DESCRIPTION: Focal point is the installation soldier and family support system. Advocacy assistance in solving complex personal family and community social problems.

NAME: CANCER TREATMENT CENTER at Samaritan

ADDRESS: 830 Washington St., Watertown, NY 13601

PHONE #: (315) 785-4600

OFFICE HOURS: 8:00AM – 4:30PM, Monday - Friday

ELIGIBILITY: Medical referral.

FEE: Billing from both , Samaritan and from the private MD.

SERVICES PROVIDED: 1. Radiation therapy consultation and treatments; 2. Medical oncology consultation and chemotherapy.

BRIEF DESCRIPTION: Provides radiation therapy and office for Dr. B.T. Joe; Medical Oncology and office of Dr. John Poggi.

NAME: CANTON-POTSDAM HOSPITAL

ADDRESS: 50 Leroy Street, Potsdam, NY 13676

PHONE #: (315) 265-3300

OFFICE HOURS: 24 Hours daily

FEES: Full Fee; Advance Pay; Private Health Insurance; Medicaid; Tri-Care; and Medicare

BRIEF DESCRIPTION: Maintain and operate health facilities in the Potsdam area to care for the sick and injured as either inpatients or outpatients. The facility is located approximately 70 miles from the installation.

NAME: CARTHAGE AREA HOSPITAL, INC.

ADDRESS: 1001 West Street Road, Carthage, NY 13619

PHONE #: (315) 493-1000

OFFICE HOURS: 24 Hours daily

SERVICES PROVIDED: 38 medical-surgical beds, 4 pediatric beds, 6 obstetrical beds, 30 extended care beds, emergency room, laboratory, radiology, respiratory therapy, physical therapy, volunteer services, and auxiliary.

BRIEF DESCRIPTION: Maintain and operate health facilities in the Carthage area to care for the sick and injured as either inpatients or outpatients, and to provide rehabilitation as required. The facility is approximately 15 miles from the installation.

NAME: CHILDREN'S HOME OF JEFFERSON COUNTY

ADDRESS: 1704 State St., Watertown, NY 13601

PHONE #: (315) 788-7430

OFFICE HOURS: 8:00am – 5:00pm Monday - Friday (childcare workers 24 Hours daily)

ELIGIBILITY: Restricted Age Group - 10-17, also children in county custody or waiting for a court hearing, as well as non-secure probational children.

FEE: Full Fee, .

SERVICES PROVIDED: 1. Residential services; 2. Individual counseling; 3. Group Counseling; 4. Information/Referral; 5. Telephone services 24 hours/day, 7 days/week; 6. Intervention services; 7. Respite program – for emergency placement.

NAME: CLIFTON-FINE HOSPITAL

ADDRESS: P.O. Box 10, Star Lake, NY 13690

PHONE #: (315) 848-3351

OFFICE HOURS: 24 Hours daily

FEE: Full Fee; Private Health Insurance; Medicaid; Tri-Care; Other

SERVICES PROVIDED: A 20 bed acute care facility providing medical services, laboratory, radiology, and physical therapy services.

BRIEF DESCRIPTION: Hospital is located approximately 50 miles from the installation.

NAME: **THE CREDO COMMUNITY CENTER FOR TREATMENT of ADDICTIONS, INC.**

ADDRESS: 595 W. Main St., Watertown, NY 13601

PHONE #: (315) 788-1530

OFFICE HOURS: 8:00AM - 7:00PM - Monday - Friday

ELIGIBILITY: Anyone.

FEE: Sliding scale fee.

SERVICES PROVIDED: 1. Diagnostic evaluation; 2. Individual counseling; 3. Group/Family counseling; 4. Assistance services - Information/Referral; 5. Residential services; 6. Telephone services 24 hours/day, 7 days/week; 7. Intervention services.

BRIEF DESCRIPTION: Coordinated rehabilitative services to individuals and/or families whose lives are being adversely affected by alcohol abuse.

NAME: **CREDO FOUNDATION**

ADDRESS: 595 W. Main St., Watertown, NY 13601

PHONE #: (315) 788-1530

OFFICE HOURS: 8:00am-7:00pm Monday - Thursday, Friday 8:00am-5:00pm

ELIGIBILITY: Anyone with a substance abuse problem: however residential program has restricted age group - 16-35.

FEE: Sliding Scale

SERVICES PROVIDED: 1. Substance abuse counseling; 2. Adolescent support group (ages 21 and under currently in therapy); 3. Family counseling.

BRIEF DESCRIPTION: Facility is located approximately 12 miles from the installation. Residential program is located in Pamela.

NAME: CORNELL COOPERATIVE EXTENSION OF JEFFERSON COUNTY

ADDRESS: 223 J.B. Wise Place, Watertown, NY 13601

PHONE #: (315) 788-8450

OFFICE HOURS: 8:30AM - 4:30PM **SUMMER HOURS (Jul-Aug)** 8:30AM- 4:00PM

ELIGIBILITY: All ages.

FEE: Individual

SERVICES PROVIDED: 1. Programs provided in the areas of youth leadership and development (4-H); 2. Natural resource and community development; 3. Nutrition education programs and fitness, 4. Parenting education; 5. Agricultural education; 6. Violence prevention.

BRIEF DESCRIPTION: Facility is located approximately 8 miles from the installation. Also, 4-H, violence prevention education, and nutrition education are on-site, as well as workshops and home visits.

NAME: Cystic Fibrosis Clinic @ Samaritan Hospital

ADDRESS: 830 Washington St., Watertown, NY 13601

PHONE #: (315) 785-4046

OFFICE HOURS: 8:00AM – 12:00PM (Phone Calls) 2nd & 4th Tuesdays

CLINIC HOURS: 8:00AM – 12:00pm 2ND Tuesdays only

ELIGIBILITY: Referral from physician or other CF Center.

FEE: Only for lab work and x-rays; no fee for clinic.

SERVICES PROVIDED: 1. A registered respiratory therapist is at every clinic to do pulmonary function testing. 2. A physical therapist is available to instruct patients in the postural drainage. 3. A dietician is available to instruct patients in the dietary needs. 4. A Social Service worker is available to help parents with social and economic problems. 5. A psychologist is also present to help the parents and the young adults with emotional or economic problems. Parents and young adults are encouraged to meet together to discuss common problems.

BRIEF DESCRIPTION: Of Clinic - To provide medical care, teaching, counseling and financial assistance to aid children suffering from lung damaging diseases. Clinics held bimonthly.

NAME: DISABLED PERSON'S ACTION ORGANIZATION

ADDRESS: PO Box 222, 617 Davidson St., Watertown, NY 13601

PHONE #: (315) 782-3577, *4977, *5285, *0044 or 1-800 533-2859.

OFFICE HOURS: 8:00AM - 5:00PM -- Monday - Friday

SERVICES PROVIDED: 1. Information/Referral; 2. Community Integration (Socialization/Recreation); 3. Short Term Respite and Free Standing Respite; 4. Parent Support Group; 5. Service Coordination; 6. Provides funds on an individual basis 7. Recreation services; 8. Summer Recreation Program (fully integrated ages 6-13).

BRIEF DESCRIPTION: A private, nonprofit organization which serves developmentally disabled individuals and their families. The Information Referral services assist the families of developmentally disabled members in becoming their own advocates, and providing them with needed information/referral services. The Recreation/Socialization program provides an opportunity for developmentally disabled individuals to experience what most people take for granted - learning how to have fun, to create leisure time activities. The Short Term Respite program provides temporary relief when the family is confronted with an emergency, has formal business, or needs time for recuperating or family support types of activities such as shopping, doctors appointments, important meetings, etc. The Drop in Center offers scheduled as well as informal leisure time activities for high and low functioning children and adults. The Free Standing Respite program is for developmentally disabled of all age. At the Respite House individuals may stay for as little as one hour, overnight or for the entire weekend operating under virtually the same guidelines as the Drop-in-Center Respite program. However, individuals who are medically dependent or can become serious behavior problems cannot be accepted at the present time.

NAME: EARLY CHILDHOOD DIRECTION CENTER
Department of Special Education

ADDRESS: 52 State St., Malone, NY 12953

PHONE #: (518) 483-6523

OFFICE HOURS: 8:00AM - 4:00PM

ELIGIBILITY: Preschool Children

SERVICES PROVIDED: Referral services and information for families with handicapped children ages 0-5 years. Parents information sessions on understanding special education.

BRIEF DESCRIPTION: Facility is located approximately 90 miles from the installation.

NAME: **EDWARD JOHN NOBLE HOSPITAL**

ADDRESS: 19 Fuller St., Alexandria Bay, NY 13607

PHONE #: (315) 482-2511

OFFICE HOURS: 8:00AM - 4:30PM

ELIGIBILITY: All persons are eligible.

FEE: Varies with service received, Tri-Care accepted.

SERVICES PROVIDED: 1. Emergency care; 2. Radiology; 3. Coronary care; 4. General medical hospital care; 5. Outpatient care; 6. Lifeline; 7. Mammography; 8. Physical therapy; 9. Laboratory; 10. Respiratory therapy; 11. Long-term residential care; 12. Adult Day Care.

BRIEF DESCRIPTION: Emergency services, general medical care, outpatient laboratory, radiology, physical therapy, respiratory therapy.

NAME: **MERCY OF NEW YORK**

ADDRESS: 218 Stone St., Watertown, NY 13601

Phone #: (315) 782-7400

OFFICE HOURS: 8:00AM – 4:00PM - Monday - Friday

CLINIC HOURS: 8:00AM – 6:00PM - Monday – Friday

ELIGIBILITY: Anyone.

FEE: Full fee; Private health insurance; Medicaid; Tri-care; third-party insurance.

SERVICES PROVIDED: 1. Long-term care; 2. Certified Home Health Agency; 3. Renal Dialysis Unit; 4. Outpatient Diagnostic and Rehabilitative Services; 5. Diabetes Health/Education Department; 6. Elder Day Care Program; 7. Behavioral Health Services; 8. Urgent Care Center; 9. Family Health Center 10. Pediatric Cardiac Clinic.

BRIEF DESCRIPTION: An health care center that is dedicated to the provision of services and programs which contributes to physical, psychological, social, emotional and spiritual well-being of the people and communities served.

NAME: JEFFERSON COUNTY ADULT DAY CARE CENTERS, INC.

ADDRESS: 723 State St., Watertown, NY 13601 or
112 N. School St., Carthage, NY 13619

PHONE #: (315) 782-5690

OFFICE HOURS: 8:30AM - 4:30PM, Monday - Friday

ELIGIBILITY: Any person over the age of 60, or a younger person with a physical or mental disability.

FEE: Donations according to ability to pay for meals (through the Office for the Aging Nutrition Program) and crafts.

SERVICES PROVIDED: 1. Structured activities; 2. Social skills training; 3. Individual and family counseling; 4. Assistance with banking and budgeting; 5. Transportation of members to doctor's appointments and other necessary advocacy services.

BRIEF DESCRIPTION: Day care program for older adults with a stabilized mental or physical condition; provides opportunities for socialization, recreation and craft activities; purpose is to aid in maintaining the older adult in his or her own home and to help them function independently as long as possible. Referrals are accepted from the individual, health and social agencies, physicians and clergy. Following a referral, a visit will be made by the program director to determine whether the program can be of any help to the individual referred. Enrollment may follow if the individual is interested.

NAME: JEFFERSON COUNTY ARTHRITIS FOUNDATION

ADDRESS: 171 E. Hoard St., Watertown, NY 13601

PHONE #: (315) 782-4900 ext. 30

OFFICE HOURS: 1:00PM - 3:00PM, Monday - Friday

ELIGIBILITY: For a \$10 fee, anyone can become a member.

SERVICES PROVIDED: 1. Educational material; 2. Work with the Arthritis Clinic at Samaritan; 3. 10% discount on drugs at drugstore; 4. Forums are held twice a year.

BRIEF DESCRIPTION: Educational.

**NAME: JEFFERSON COUNTY ASSOCIATION FOR MENTAL HEALTH, INC.
(MENTAL HEALTH ASSOCIATION)**

ADDRESS: 4 Paddock Arcade, Watertown, NY 13601

TELEPHONE: (315) 788-6733

OFFICE HOURS: M,F 11:30AM- 7:00PM T,W,TH 8:30 AM-4:00PM

ELIGIBILITY: All residents of Jefferson County are eligible. Use of films and speakers is on a first-come, first-served basis.

FEE: No charge is made for most services. A small charge is usually made for workshops that are offered.

SERVICES PROVIDED: 1. Information and referral service about local resources available for troubled persons. 2. Client-centered services. 3. Mental Health information and education service. 4. Sponsorship of support groups: REACH -- Support group for families of the mentally ill; ANOREXIA & BULIMIA -- self-help group for persons with anorexia nervosa and bulimia; WIDOWS & WIDOWERS -- mutual support for widows and widowers.

BRIEF DESCRIPTION: All agency programs are in compliance with the original and continuing purposes of all Mental Health Associations: 1. to promote mental health; 2. to prevent mental illness; and 3. to seek improvement in care and treatment of persons with mental illnesses, including after care and rehabilitation services. Board members and members of the Mental Health Association respond when possible to current issues that impact on the treatment of mental health clients, on habilitation procedures and on those who experience lifelong chronicity.

NAME: JEFFERSON COUNTY ASSOCIATION FOR THE BLIND

ADDRESS: 321 Prospect Street, Watertown, NY 13601

TELEPHONE: (315) 782-2451

OFFICE HOURS: 9:00AM – 4:00PM, Monday - Friday

SERVICES PROVIDED: 1. Public education; 2. Community services (securing eye pledges for Lions Club.); 3. General services to the blind person: a. See that all information on schooling for blind persons is available to parents. b. Make information on vocational and training possibilities available to blind adults. c. Interpret to them other applicable services. 4. Direct personal services: a. Furnish talking books machines to all persons certified legally blind. b. Furnish information about available facilities for blind persons. c. Refer persons to other local agencies when indicated. d. Follow up any

recommendations of consultant, ophthalmologist, or vocational rehabilitation counselor in serving blind persons. e. Procure aids for blind persons (white canes, Braille watches, etc.). f. Provide transportation for medical and vocational services. g. Make friendly home visits. 5. Indirect personal services: a. Secure home teachers for newly blinded adults. b. Secure consultant to assist parents of blind children. c. Secure vocational rehabilitation service. d. Secure various services for blind children.

NAME: JEFFERSON COUNTY CHAPTER OF MULTIPLE SCLEROSIS

ADDRESS: PO Box 51, Calcium, NY 13616

TELEPHONE: (315) 788-0684

SERVICES PROVIDED: To better help and provide information for those afflicted with MS and their families. Any person wishing to discuss their problems and needs can telephone. Hopefully in the near future, they will have an office and equipment that can be used for MSers. Equipment can be obtained now if needed. The group meets the second Tuesday of every month at Concordia Lutheran Church, Arsenal Street, unless otherwise notified by newspaper. The Town & Country tries to have a weekly column on the group and its progress.

BRIEF DESCRIPTION: They are hoping to establish a branch out of the Syracuse office in this area soon.

NAME: JEFFERSON COUNTY DEPARTMENT OF SOCIAL SERVICES

ADDRESS: 250 Arsenal Street, Watertown, NY 13601
(Human Service Building)

TELEPHONE: (315) 782-9030

OFFICE HOURS: 9:00AM to 12 Noon and 1:00 to 5:00PM, Monday - Friday
July and August: 8:30AM to 4:00PM

ELIGIBILITY: Determined through application process using criteria established by New York State laws, rules, and regulations.

FEE: None

SERVICES PROVIDED: 1. Public Assistance; 2. Food Stamps; 3. Medical Assistance; 4. Children's Services; 5. HEAP; 6. Employment services available to recipients of Public Assistance; 7. Manage Daycare Assistance; 8. Adult Service

BRIEF DESCRIPTION: To provide financial assistance for basic maintenance; to provide medical care and food stamps for eligible families and adult individuals. To restore families and individuals to self-sufficiency. To provide services to families, children and adults.

NAME: JEFFERSON COUNTY PHYSICALLY HANDICAPPED CHILDREN'S PROGRAMS (PHCP)

ADDRESS: 531 Meade Street, Watertown, NY 13601

TELEPHONE: (315) 786-3750

OFFICE HOURS: 8:30AM - 4:30PM – (July and August, 8:30AM - 4:00PM)

ELIGIBILITY: Diagnosis within the scope of PHCP Program, referral from physician specialist, either Medicaid eligible or interview by PHCP.

FEE: Possible parent-payment against county funds paid out; depends on information obtained during financial interview if case is not Medicaid.

SERVICES PROVIDED: 1. Physician office visits (must be physician specialist and his/her specialty must have expertise in the covered birth defect). 2. Clinic visits either in hospital setting or office setting. 3. Inpatient days. 4. Outpatient services, hospital, for laboratory, x-rays, therapy and/or pharmacy. 5. Radiology charges. 6. Anesthesia charges. 7. Hearing aids. 8. Orthopedic and prosthetic appliances, wheelchairs, etc.

BRIEF DESCRIPTION: PHCP offers financial assistance for medical costs for over 150 physically handicapping birth defects, for children between the ages of 0 to 21. PHCP helps with referral to other county, state and federal programs.

NAME: JEFFERSON COUNTY PUBLIC HEALTH NURSING PROGRAM

ADDRESS: 531 Meade Street, Watertown, NY 13601

TELEPHONE: (315) 786-3720 (Preventive)
(315) 786-3730 (Clinic)

OFFICE HOURS: Monday - Friday 8:30AM - 4:30PM; (July and August 8:30AM - 4:00PM); Saturday, Sunday, and Holiday coverage as needed for nursing services. Answering service available for after office hours contact.

ELIGIBILITY: Residents of Jefferson County.

FEE: Home Health Agency - varies per type of staff. Long Term Home Health Care

Program - varies per type of staff. Tuberculosis clinic- special rate.

SERVICES PROVIDED: 1. Certified Home Health Agency; 2. Long Term Home Health Care Program; 3. Public Health Services; 4. Clinics; 5. Community Service; 6. Medical Examiner Program.

BRIEF DESCRIPTION: Home Health Care and Public Health Services of a skilled recuperative, rehabilitative, long-term, educational or preventive nature provided.

NAME: JEFFERSON REHABILITATION CENTER

ADDRESS: PO Box 41, Gaffney Drive, Watertown, NY 13601

TELEPHONE: (315) 788-2730

OFFICE HOURS: 8:00AM - 3:30PM

ELIGIBILITY: According to program

FEE: None

SERVICES PROVIDED: 1. History and overview; 2. Day School; 3. Day Treatment; 4. Community Residence/Respite; 5. Workshops/recycling.

BRIEF DESCRIPTION: The facility is located approximately 10 miles from the installation. The agency serves over 475 handicapped adults and children in a Day School, Day Treatment Program, Sheltered workshop and 12 community residences. The Preschool/Day School serves children from 0-5 years old and there is a center base program as well as a home base program (depending on the severity of need). Language base classes are provided as well as speech therapy, occupational and physical therapy. All teachers and therapists are licensed by New York State and the center is certified by the New York State Department of Education.

NAME: MARCH OF DIMES BIRTH DEFECTS FOUNDATION NORTH DIVISION NORTH CENTRAL NEW YORK CHAPTER

ADDRESS: 5 Adler Drive, E. Syracuse , NY 13057

TELEPHONE: 1-800- 244-9255

OFFICE HOURS: 9:00AM - 5:00PM, Monday – Friday

ELIGIBILITY: Anyone

SERVICES PROVIDED: 1. Educational materials distributed; 2. Internship (contact Syracuse office for information); 3. Opportunity for local community service grants..

BRIEF DESCRIPTION: We provide educational services regarding birth defects, prevention of birth defects and the importance of proper nutrition in respect to maternal and fetal health.

NAME: MASSENA MEMORIAL HOSPITAL

ADDRESS: 1 Hospital Drive, Massena, NY 13662

TELEPHONE: (315) 764-1711

OFFICE HOURS: 24 hours daily

FEES: Full Fees; Private Health Insurance; Medicaid; Tri-Care

BRIEF DESCRIPTION: The facility is located approximately 90 miles from the installation.

NAME: MUSCULAR DYSTROPHY ASSOCIATION

ADDRESS: 6493 Ridings Rd. # 100, Syracuse, NY 13203

TELEPHONE: (315) 451-8269/788-2017

OFFICE HOURS: 9:00AM - 5:00PM, Monday - Friday

ELIGIBILITY: Diagnosed with one of the 40 neuromuscular diseases covered by the MDA program.

FEE: Services provided at no direct cost to the client or his/her family.

SERVICES PROVIDED: 1. Medical Care - Initial and follow-up; 2. Physical/Occupational/Respiratory Therapy; 3. Orthopedic appliances; 4. Recreational activities: Summer camp, Adult retreat; 5. Educational activities: patient, professional, community-oriented.

BRIEF DESCRIPTION: Provide a comprehensive Patient Services Program which includes medical clinic, provision of orthopedic appliances, physical/occupational/respiratory therapy, recreational and educational activities. Sponsor local research projects.

NAME: NEW YORK CARDIOVASCULAR ASSOCIATION, INC.

ADDRESS: 95 Public Square, Lincoln Bldg, Watertown, NY 13601

TELEPHONE: (315) 782-1791

OFFICE HOURS: 8:30AM - 4:00PM

ELIGIBILITY: All persons, Children and Adult

FEE: Cholesterol Screening/Education Program \$6.00

SERVICES PROVIDED: 1. Rheumatic Fever Penicillin Service; 2. Cardiac Clinics; 3. Blood Pressure Screening Service; 4. Health Education; 5. Cholesterol Screening/Education Program.

BRIEF DESCRIPTION: Health and Human Services, Cardiac Clinics, Rheumatic Fever Penicillin Program, Blood Pressure, Screening Service, Health Education, and Cholesterol Screening/Education Program.

**NAME: NEW YORK STATE OFFICE OF MENTAL
RETARDATION/DEVELOPMENTAL DISABILITIES - SUNMOUNT
DEVELOPMENTAL DISABILITIES SERVICE OFFICE**

ADDRESS: 317 Washington St., Watertown, NY 13601
(State Office Building)

TELEPHONE: (315) 785-2487 or 785-2488

OFFICE HOURS: 8:00AM to 4:30PM, Monday - Friday

ELIGIBILITY: Mentally retarded and developmentally disabled

SERVICES PROVIDED: 1. Case management, counseling and advocacy services. 2. Assistance to families or client in obtaining necessary services such as evaluations, medical services, dental services, special therapies and treatments. 3. Assistance in obtaining day programming or educational services, respite services and home care services. 4. Assistance in locating and obtaining residential situations. 5. Development of individual service plans to ensure needs are met in residential and day program. 6. Public education (brochures and presentations) to civic, professional, and religious groups to promote a better understanding of the developmentally disabled and the programs and services the State of New York has developed to meet the needs.

BRIEF DESCRIPTION: Provides advocacy, case management, contractual homemaker services and program planning. DDSO supervises State Family Care Program. DDSO also participates in local government planning for the provision of services for the

Developmentally Disabled of Jefferson County.

NAME: NORTH COUNTRY CHILDREN'S CLINIC

(Pediatric Medical Care; WIC Program; School –Based Health Centers; Dental Services; Help for Uninsured Families)

ADDRESS: 29 Empsall Plaza, Watertown, NY 13601

TELEPHONE: Watertown Well Child: (315) 782-6400

Watertown Admin: (315) 782-9450

Watertown WIC only: (315) 782-9222

Lowville Office: (315) 376-6427

Canton Office: (315) 386-8128

Franklin Cnty Office: (518) 483-4262

OFFICE HOURS: 8:30AM - 4:30PM

ELIGIBILITY: See individual program description

FEE: Sliding scale for Well Child Clinic only; accepts Tri-care Standard

SERVICES PROVIDED: 1. Pediatric medical care and assessment, health/nutrition education; 2. Immunization; 3. Supplemental food packages; 4. Child/Infant car seats; 5. Prenatal education, counseling; 6. Referral.

BRIEF DESCRIPTION: Four-county child health and family service agency which serves preschool, low-income pregnant women, and adolescents who are pregnant parents.

NAME: NORTH COUNTRY TRANSITIONAL LIVING SERVICES, INC.

ADDRESS: 482 City Center Drive, Watertown, NY 13601

TELEPHONE: (315) 782-1777

OFFICE HOURS: 8:00AM - 5:00PM Monday - Friday

ELIGIBILITY: Men and women over 18 years of age with disabling psychiatric disorders. Children and youth home for adolescent boy (ages 12-17).

FEE: Based on Congregate Care Level II funding

SERVICES PROVIDED: 1. Group residential living; 2. Socialization activities; 3. Transportation; 4. Emergency respite up to two weeks; 5. Case management; 6.

Supportive counseling; 7.Home and Community Based Services Waiver; 8. Mobile Crisis Service.

BRIEF DESCRIPTION: North Country Transitional Living Services, is a not-for-profit corporation formed to establish alternative living arrangements within local communities for persons in the mental health delivery system who could benefit from living in supervised community residences or in supportive apartment programs. Persons who would be living in a supervised community residence are ones who are incapable of living independently; however, they do not require the intense supervision or treatment afforded in mental health institutions. Supports that are provided in the home include assistance with budgeting, shopping, meal planning, integration into a community, socialization, recreation and personal grooming and manners that are more acceptable to the public. Areas served by the North Country Transitional Living Services include Jefferson and St. Lawrence Counties. NCTLS currently operates a 12-bed supervised community residence in Clayton, Watertown and Gouverneur. In addition, three supportive apartment programs are operated in Watertown and Gouverneur for individuals who are able to live more independently.

NAME: NORTH JEFFERSON HEALTH SYSTEMS, INC.

ADDRESS: Main Street, P.O. Box 290, LaFargeville, NY 13656

PHONE #: (315)

OFFICE HOURS: 9:00AM - 5:00PM, Monday - Friday

FEE: Tri-Care; Medicaid; Private Insurance; Self Pay; A sliding fee scale program.

SERVICES PROVIDED: A full range of primary health care services through the family practice physicians, general practice physician, physician assistants and health educator.

BRIEF DESCRIPTION: The facility is located approximately 15-35 miles from the installation. It is a nonprofit organization that provides primary health care to all patients, including those with exceptional needs. They do not offer specialized care for the exceptional need patient population. The staff is available to provide general primary health care to these patients and their families.

NAME: PLANNED PARENTHOOD OF NORTHERN NEW YORK, INC.

ADDRESS: 160 Stone St., Watertown, NY 13601

PHONE #: (315) 788-8065

CLINIC HOURS: 8:30AM - 5:45PM, Monday; 8:30PM – 4:45PM, Tuesday, Wednesday, & Friday; 9:30AM – 3:30PM, Thursday; 9:00AM – 12:00PM. Saturday

FEES: Private Health Insurance; Medicaid; Sliding Scale

SERVICES PROVIDED: Counseling; Medical; Social Services; GYN Care; Family Planning Clinic; Birth Control and Counseling.

BRIEF DESCRIPTION: The facility is located approximately 8 miles from the installation.

**Also available is the Community Health Worker Program
8:30AM – 4:30PM, Monday – Friday; (315) 7882-1818
Case management for pregnant teens.**

NAME: **NORTHERN NEW YORK CEREBRAL PALSY ASSOCIATION**

ADDRESS: 714 Washington Street, Watertown, NY 13601

PHONE #: (315) 788-5650; TTY: (315) 788-5650

OFFICE HOURS: 8:00AM - 4:00PM, Monday - Friday

ELIGIBILITY: Referrals are accepted from physicians, other clinics, parents, therapists, school officials or other agencies.

FEE: Reviewed annually by NYS. Client is responsible for outpatient treatment or tests. No client is turned away for lack of funds for treatment, equipment or surgery. Medicaid and medicare; 3rd party insurance; sliding fee scale.

SERVICES PROVIDED: 1. Clinic Program; 2. Home Service Program; 3. Physical Therapy Programs; 4. Education and Awareness; 5. Orthopedic Clinic; 6. Case Management; 7. Home Modification; 8. Adaptive Equipment; 9. Waiver Services; 10. Home Service Information and Referral Service; 11. Family Member Training; and 12. Family Reimbursement.

BRIEF DESCRIPTION: Serving residents of Jefferson and Lewis Counties, their goal is to help disabled people to shape their lives by their abilities rather than their disabilities. Services are geared to meeting the multiple needs of those people with developmental disabilities such as cerebral palsy, mental retardation, epilepsy, autism, or neurological impairment.

NAME: SAMARITAN MEDICAL CENTER

ADDRESS: 830 Washington St., Watertown, NY 13601

PHONE #: (315) 785-4000

OFFICE HOURS: 24 Hours

SERVICES PROVIDED: Samaritan Center is a full service, acute care, nonprofit 262 bed community based hospital serving the North Country. The 272 bed Samaritan Keep Nursing Home, a sister facility, is important in our total health care program. HGS offers lifeline, and Ambulatory Surgery unit, Cancer Treatment Center, a Neonatal Intensive Care Level II Nursery, a Pediatric Child Life Program, and Community Education. Opportunities available through the hospital include: Basic Cardiopulmonary Resuscitation Class, Childbirth Education classes, Cancer Support Groups for Patients and Families, a Pediatric Preoperative Preparation Program, and an Instructional Program dealing with Reimbursement - Medicaid/Medicare/Insurance companies.

BRIEF DESCRIPTION: To provide quality health care for both inpatients and outpatients in an efficient and cost effective manner stressing quality of care. To meet the health care needs of the North Country by providing diagnostic, therapeutic, preventive care services and educational programs.

NAME: SAMARITAN-KEEP HOME THERAPEUTIC ADULT DAY CARE PROGRAM

ADDRESS: 133 Pratt Street, Watertown, NY 13601

PHONE #: (315) 785-4428

ELIGIBILITY: 16 years of age or older, a non-occupant of a residential care facility; not in need of continuous 24-hour inpatient care, and with a medical problem or disability that will benefit from day care treatment.

FEE: \$17.78 an hour up to 3 hours, full day rate for 3 to 5 hours. Medicaid will cover 6 hours of daycare plus 1 hour for transportation. Medicare will cover only for restorative therapies; self-pay; VA contracts.

SERVICES PROVIDED: 1. Medical Care; 2. Nutritional Counseling and Meals; 3. Social Services; and 4. Activities; 5. Lab and x-rays Services; 6. Rehabilitation Therapy (PT/OT); 7. Speech Therapy; 8. Religious Services all denominations; 9. Doctors appointment and transportation to and from; 10. Personal Care.

BRIEF DESCRIPTION: Restorative and support services for the elderly or handicapped as an alternative to residential institutional care.

NAME: SAMARITAN REHABILITATION DEPARTMENT

ADDRESS: 830 Washington St., Watertown, NY 13601

PHONE #: (315) 785-4088

OFFICE HOURS: 7:30AM – 7:15PM Monday-Thursday; 7:30-4:30 Friday

FEES: Full Fee; Private Health Insurance; Medicaid; Tri-Care

SERVICES PROVIDED: Outpatient and acute inpatient rehabilitation services are provided, such as physical therapy, occupational therapy and limited speech therapy. Vacancies/openings are on a first-come, first-served basis and contingent on availability of the staff.

BRIEF DESCRIPTION: Facility is located approximately 12 miles from the installation.

NAME: NORTHERN REGIONAL CENTER FOR INDEPENDENT LIVING

ADDRESS: 165 Mechanic Street, Watertown, NY 13601

PHONE #: (315) 785-8703; TTY, 785-8704

WEBSITE:(www.nrcil.org) E-MAIL:(nrcil@gisco.net)

OFFICE HOURS: 9:00AM - 5:00PM, Monday - Friday

ELIGIBILITY: Persons with a disability (and their spouse, siblings).

SERVICES PROVIDED: 1. Information; 2. Referral; 3. Advocacy; 4. Counseling; 5. Accessibility Consultation; 6. Disability rights and resource center.

BRIEF DESCRIPTION: The Northern Regional Center for Independent Living (NRCIL) is a nonmedical, nonresidential program which seeks to enhance the ability of persons with disabilities to determine their own destinies, to participate in all aspects of society, and to contribute to as well as share the responsibility in community life. The center's philosophy is to provide a "peer" approach to services where people with disabilities frequently assist other disabled persons to help themselves. Assistance to persons with disabilities in exercising more control over their own lives and functioning more independently in their communities.

PRESCHOOL/NURSERIES

ADAMS VILLAGE NURSERY

East Church Street
Adams, NY 13605
(315) 232-2237

BLACK RIVER PRESCHOOL

West Remington Street
Black River, NY 13612
(315) 773-8868

CLAYTON AREA PRESCHOOL

917 Strawberry Lane
Clayton, NY 13624
(315) 686-5774

EMMANUEL PRESCHOOL

119 S. Hamilton Street
Watertown, NY 13601
(315) 782-2650

BRIGHT BEGINNINGS ELC

Gaffney Drive
Watertown, NY 13601
(315) 788- 2730

CHRISTIAN HERITAGE SCHOOL

10 Martin Street Rd.
Carthage, NY 13619
(315) 493-2140

ST. ANTHONY'S PRESCHOOL

870 Arsenal Street
Watertown, NY 13601
(315) 788-1461

HEADSTART PROGRAMS

Carthage – (315) 493-0411

No. Jefferson-(315) 628-5814

Watertown-(315) 782-4900

ANTWERP CHILDREN'S PROGRAM

Crosby Library
Antwerp, NY 13608
(315) 659-8564

CARTHAGE HEADSTART

226 North School Street
Carthage, NY 13619
(315) 493-0411

FT DRUM CDS

P10745 Memorial Dr.
Fort Drum, NY 13602
(315) 772-8675

CHILDRENS VILLAGE NURSERY

403 Washington St.
Watertown, NY 13601
(315) 782-5940

NEW DAY CHILDRENS CENTER

327 Franklin Street
Watertown, NY 13601
(315) 788-1787

CHILDRENS LEARNING CENTER

7707 W. State Street
Lowville, NY
(315) 376-9414

ST. JOHN BOSCO NURSERY SCHOOL

Sterling Place
Watertown, NY 13601
(315) 788-7011

AREA PUBLIC SCHOOLS

Alexandria Central School
Alexandria Bay, NY 13607
(315) 482-9971

Belleville/Henderson Central School
Belleville, NY 13611
(315) 846-5121

Brownville Elementary School
Brownville, NY 13615
(315) 788-7521

Cape Vincent Elementary School
Cape Vincent, NY 13618
(315) 654-2142

Carthage Middle School
Carthage, NY 13619
(315) 493-5020

Case Junior High School
Watertown, NY 13601
(315) 785-3870

Copenhagen Central School
Copenhagen, NY 13626
(315) 688-4411

Evans Mills Elementary School
Evans Mills, NY 13637
(315) 629-4331

General Bruce C. Clarke Jr/Sr High School
Adams, NY 13605
(315) 232-4531

Harold T. Wiley Elementary School
Watertown, NY 13601
(315) 785-3780

Indian River Middle School
Philadelphia, NY 13673
(315) 642-0125

Antwerp Elementary School
Antwerp, NY 13608
(315) 659-8386

Black River Elementary School
Black River, NY 136129
(315) 773-5911

Calcium Primary School
Calcium, NY 13637
(315) 629-1100

Carthage Elementary School
Carthage, NY 13619
(315) 493-1570

Carthage Senior High School
Brownville, NY 13615
(315) 788-7521

Clayton Junior-Senior High School
Clayton, NY 13624
(315) 686-5594 & 654-2144

Dexter Elementary School
Dexter, NY 13634
(315) 639-6858

General Brown High School
Dexter, NY 13634
(315) 639-4711

Guardino Elementary
Clayton, NY 13624
(315) 686-5578

Inlet Public School
Inlet, NY 13360
(315) 357-3305

Indian River High School
Philadelphia, NY 13673
(315) 642-3427

Knickerbocker Elementary School
Watertown, NY 13601
(315) 785-3740

Lafargeville Central School
Lafargeville, NY 13656
(315) 658-2241

Lowville High School
Lowville, NY 13367
(315) 376-9015

Lyme Central School
Chaumont, NY 13622
(315) 649-2417

Mannsville-Manor Elementary School
Adams, NY 13605
(315) 465-4284/81

North Elementary School
Watertown, NY 13601
(315) 785-3750

Ohio Elementary School
Watertown, NY 13601
(315) 785-3755

Philadelphia Elementary School
Philadelphia, NY 13673
(315) 642-3432

Sackets Harbor Central School
Sackets Harbor, NY 13685
(315) 646-3575

Sherman Elementary School
Watertown, NY 13601
(315) 785-3760

Sholtz Elementary School
Adams, NY 13605
(315) 232-4841

Starbuck Elementary School
Watertown, NY 13601
(315) 785-3765

Theresa Elementary School
Theresa, NY 13691
(315) 628-4432

Thousand Islands Middle School
Clayton, NY 13624
(315) 686-5199

Thousand Islands High School
Clayton, NY 13624
(315) 686-5594

Watertown High School
Watertown, NY 13601
(315) 785-3810

West Carthage Elementary School
Carthage, NY 13619
(315) 493-2400

Wilson Elementary School
Adams, NY 13605
(315) 583-5418

Jefferson-Lewis-Hamilton-Herkimer-Oneida Counties
Board of Cooperative Education Services (BOCES)
Outer Arsenal Street
Watertown, NY 13601
(315) 788-0400 & 1-800-356-4356

AREA PRIVATE SCHOOLS

Augustinian Academy
317 West St.
Carthage, NY 13619
(315) 493-1301

Holy Family School
Sterling Place
Watertown, NY 13601
(315) 788-7011

Sacred Heart School
320 West Lynde
Watertown, NY 13601
(315) 782-3060

St. Patrick's School
733 South Massey
Watertown, NY 13601
(315) 788-3935

Christian Heritage School
10 Martin St.
Carthage, NY 13619
(315) 493-2940

Lowville Academy
7668 State St.
Watertown, NY 13601
(315) 376-3544

St. Anthony's School
870 Arsenal St.
Watertown, NY 13601
(315) 788-1461

Immaculate Heart Central School
1316 Ives Street
Watertown, NY 13601
(315) 788-4670

SUPPORT GROUPS

WATERTOWN ALZHEIMER'S FAMILY SUPPORT

335 South Rutland Street
Watertown, NY 13601

ANOREXIA/BULIMIA SELF HELP GROUP

630 Woolworth Building
Watertown, NY 13601

ARTHRITIS AQUATICS PROGRAM

YWCA
50 Public Square
Watertown, NY 13601
(315) 788-6610 or 583-5505

ARTHRITIS SUPPORT GROUP

PO Box 6360, The Arcade
Watertown, NY 13601
(315) 788-4758

ALCOHOLICS ANONYMOUS

44 Public Square Rm 20
Watertown, NY 13601
(315) 788-2280

COMPASSIONATE FRIENDS

349 Broadway Avenue West
Watertown, NY 13601
(315) 782-5946/ 782-1842

DIABETES EDUCATION & SUPPORT

Rt 1 Box 15
Black River, NY 13612

EMOTIONS ANONYMOUS

127 J.B. Wise Place
Watertown, NY 13601
(315) 782-4493 or
788-0516 (Ellen) evening

JRC FAMILY SUPPORT GROUP

PO Box 41, Gaffney Drive
Watertown, NY 13601
(315) 788-2730

MULTIPLE SCLEROSIS SUPPORT GROUP

133 Pratt Street
Watertown, NY 13601
(315) 782-4371/788-8447/639-6676

PARENTS OF LEARNING DISABLED CHILDREN

c/o Matthew Carney
Carthage Middle School
Cole Road
Carthage, NY 13619
(315) 493-3222

APPENDIX B

Lewis County

Community Services

American Cancer Society	32
American Diabetes Association.....	32
American Lung Association of Central NY.....	33
Central NY Developmental Disabilities Service Office (DDSO).....	33
Disabled Person's Action Organization of Lewis County	34
Lewis County ARC Child Development Program.....	34
Lewis County Department of Social Services	35
Lewis County Head Start	35
Lewis County Mental Health Clinic	36
Lewis County Physically Handicapped Children's Program	36
Lewis County Public Health Nursing Service	37
NYS Office of Vocational Rehabilitation.....	37
North Country Children's Clinic	38
North Country Library Service	38
Resource Center for Independent Living.....	39
Seaway Industries	39
Social Security Administration.....	40

NAME: AMERICAN CANCER SOCIETY

ADDRESS: 1900 Genesee Street, Utica, NY 13502

PHONE NO: (315) 724-8125 (collect calls accepted)

CONTACT PERSON: Mrs. Nancy Jones

OFFICE HOURS: Monday - Friday, 8:30AM - 4:30PM

FEE CHARGED: None

ELIGIBILITY QUALIFICATIONS: Based on need, income, # of dependents. Must be a cancer patient.

SERVICES PROVIDED: Assistance toward cost of transportation, medication, bed pads, dressings, and wigs. Rehabilitative services/groups; information and referrals.

NAME: AMERICAN DIABETES ASSOCIATION, NORTHERN NEW YORK CHAPTER

ADDRESS: 218 Stone Street, Watertown, NY 13601

PHONE #: (315) 782-5130

CONTACT PERSON: Judith Peason, RN; President

OFFICE HOURS: Monday - Friday, 8:00AM - 3:00PM

FEE CHARGED: \$20.00 membership fee, which includes monthly magazine (Diabetes Forecast). Many programs are open to the public at no charge.

ELIGIBILITY QUALIFICATIONS: None

SERVICES PROVIDED: PATIENT EDUCATION PROGRAMS - Health professionals present topics of interest to diabetics, their families and other professionals. NO CHARGE. PROFESSIONAL EDUCATION PROGRAMS - For health professionals only. PUBLIC EDUCATION PROGRAMS - Speakers available to talk to groups on diet, diabetes topics, NO CHARGE. SCREENING - FREE screenings to find unknown diabetics, setup as requested. EDUCATIONAL MATERIALS AND COUNSELING - available.

NAME: AMERICAN LUNG ASSOCIATION OF CENTRAL NEW YORK, INC.

ADDRESS: P.O. BOX 6409, Syracuse, NY 13217

PHONE #: (315) 422-6142

CONTACT PERSON: Glen Ivers, Executive Director

OFFICE HOURS: Monday - Friday, 8:30AM - 4:30PM

FEE CHARGED:

ELIGIBILITY QUALIFICATIONS: None

SERVICES PROVIDED: Smoking Cessation Programs, Anti-smoking Education, Asthma Education Network, Asthma Support Groups, Chronic Lung Disease Support Groups, Environmental Health Education, Health Fair Exhibits, Educators Newsletters, Films & Videos & Health Literature available, Speakers Bureau and various other community services.

NAME: CENTRAL NY DEVELOPMENTAL DISABILITIES SERVICE OFFICE (DDSO)

ADDRESS: 7550 State St., Lowville, NY 13367

PHONE NUMBER: (315)

CONTACT PERSON:

OFFICE HOURS: Monday - Friday, 8:00AM -4:30PM

ELIGIBILITY QUALIFICATIONS: Service recipients must have a primary diagnosis of developmental disability (mental retardation, cerebral palsy, autism, epilepsy, or neurological impairment).

SERVICES PROVIDED: Residential (including family care, community residence, and intermediate care), Information and referral to private and state-operated day programs, Family Support Services, Respite Services, and Public Education.

BRIEF DESCRIPTION: State agency providing residential, day program and family support services (including respite care) to children and adults with developmental disabilities.

NAME: DISABLED PERSONS ACTION ORGANIZATION OF LEWIS COUNTY

ADDRESS: Municipal Building, Lowville, NY 13367

PHONE #: (315) 376-8327

OFFICE HOURS: Tuesday - Friday, 9:00AM - 2:00PM

ELIGIBILITY QUALIFICATIONS: Person must be developmentally disabled.

SERVICES PROVIDED: Recreational activities are provided to over 150 developmentally disabled individuals in Lewis County. Approximately 50 homebound disabled persons are being served who might otherwise be limited or without such stimulating activities. A monthly calendar is mailed to each client to inform him of upcoming events. A wide variety of activities are provided with the hope that each person might find some activity to suit his taste.

NAME: LEWIS COUNTY ASSOCIATION FOR RETARDED CHILDREN (ARC) DEVELOPMENT PROGRAM

ADDRESS: 5438 Trinity Avenue, Lowville, NY 13367

PHONE #: (315) 376-2790

CONTACT PERSONS: Nancy Stewart - Program Director
Natalie Matteson - Teacher

OFFICE HOURS: Monday - Friday, 8:00AM - 4:00PM

FEE CHARGED: At no cost to the parents, Family Court Funded.

ELIGIBILITY QUALIFICATIONS: A child will be considered eligible for admission if he scores 30% below chronological age level in two areas of a Minnesota Child Development Inc.

SERVICES PROVIDED: Center-based activities, home based activities, speech therapy, occupational therapy, physical therapy, with parent involvement.

NAME: LEWIS COUNTY DEPARTMENT OF SOCIAL SERVICES

ADDRESS: P.O. Box 193, Stowe St., Lowville, NY 13367

PHONE #: (315) 376-5400

CONTACT PERSON: James Davis, Commissioner

OFFICE HOURS: Monday - Friday, 8:30AM – 4:30PM

ELIGIBILITY QUALIFICATIONS: Eligibility standards for Public Assistance, Medical Assistance, and Food Stamps are established by Federal and State laws and are based on income and resources. Eligibility for services is determined by the client's need for services as well as his/her income level. Protective Services for Adults and Children, and information and referral services are available to anyone without regard to income.

SERVICES PROVIDED: Programs - Public Assistance (Financial help), Medicaid, Food Stamps and Social Services which are: Adoption, Family Planning, Foster Care - Adults and Children, Health Related, Home Management, Homemakers, Housing Improvement, Preventive Services - Children and Adults, Unmarried Parents, Information and Referrals.

NAME: LEWIS COUNTY HEAD START

ADDRESS: 7673 State Street, Lowville, NY 13367

PHONE #: (315) 376-7531

CONTACT PERSON: Linda Aubel, Executive Director

OFFICE HOURS: Monday - Friday, 8:00AM - 4:00PM
(class hours vary, depending on area).

FEE CHARGED: None

ELIGIBILITY QUALIFICATIONS: Families must meet the Federal Income Requirements; 10% of the enrollment may exceed the income requirements, though these slots are usually reserved for families with a handicapped/disabled child.

SERVICES PROVIDED: Head Start is a family-oriented preschool, child development program for children ages 3-5, whose families meet the Federal Income Requirements. The services to families include education, family services, parent involvement, and health (general medical, dental, mental health and nutrition). The program presently serves children in all areas of the county, either in classroom situations or in the home-base option.

NAME: LEWIS COUNTY MENTAL HEALTH CLINIC

ADDRESS: 7550 S. State Street, Lowville Commons Bldg. Lowville, NY 13367

PHONE #: (315) 376-5450

CONTACT PERSON: Phillip McDowell, Chief Administrator

OFFICE HOURS: Monday - Friday, 8:30AM – 4:30PM
Saturday, 8:00AM - 2:00PM

FEE CHARGED: Sliding fee scale based on ability to pay; Tri-care; health insurances accepted.

ELIGIBILITY QUALIFICATIONS: Available to Lewis County residents experiencing psychiatric symptoms which interfere with their functioning.

SERVICES PROVIDED: Outpatient psychotherapy, psychiatric medications, consultation/education, hypnotherapy, children's psychotherapeutic services. The facility is located approximately 30 miles from the installation.

NAME: LEWIS COUNTY PHYSICALLY HANDICAPPED CHILDREN'S PROGRAM

ADDRESS: P.O. Box 193, 7785 N. State Street., Lowville, NY 13367
(Department of Social Services Building)

PHONE #: (315) 376-5238

CONTACT PERSON: Mrs. Rita Bero, RN - Coordinator

OFFICE HOURS: Monday - Friday, 9:00AM - 5:00PM
July and August, 9:00AM - 4:00PM

FEE CHARGED: Family participation based on income, size of family and expenses.

ELIGIBILITY QUALIFICATIONS: 1. Under 21 years; 2. Lewis County resident; 3. Medical/physically handicapping condition within scope of program.

SERVICES PROVIDED: 1. Arrange and pay for diagnosis and evaluation of a child by a medical specialist, either as inpatient or outpatient. 2. Arrange and pay for treatment program for child after diagnosis has been made.

NAME: LEWIS COUNTY PUBLIC HEALTH NURSING SERVICE

ADDRESS: 7785 N. State St., Lowville, NY 13367

PHONE #: (315) 376-5453

CONTACT PERSON:

OFFICE HOURS: Monday - Friday, 8:30AM - 4:30PM
July & August, 8:30AM - 3:30PM

FEE CHARGED: Nursing - \$53.00 per visit
Home Health Aide - \$38.00 per visit
Physical Therapy - \$45.00 per visit

PAYMENT MECHANISMS: Private pay, Charity care and Insurance coverage (Medicaid, Medicare, various private companies).

SERVICES PROVIDED: Skilled nursing care for people sick or disabled who are homebound. Homemaker care and nursing supervision for qualified elderly as a contracted service through the Office For The Aging. Home Health Aide, Homemaker and Physical Therapy services. Health teaching and supervision to all age groups including children, pregnant women and Senior Citizens. Care and/or prevention of communicable disease. Immunization and Well Child Screening Clinics. Heart Clinic by M.D. referral.

NAME: NYS OFFICE OF VOCATIONAL REHABILITATION (OVR)

ADDRESS: 207 Genesee St., Utica, NY 13501
Field office at JTPA, Lewis County Courthouse
Lowville, NY 13367

PHONE NUMBER: (315) 793-2536 or 1-800-624-6206

CONTACT PERSON: Frederick (Rick) W. Kinkaid

OFFICE HOURS: Monday, Wednesday, Friday in Utica
9:00 AM - 5:00 PM
Tuesday, Thursday in Lowville
9:00 AM - 4:30 PM

FEE CHARGED: None

ELIGIBILITY QUALIFICATIONS: 1. Diagnosable Physical, Mental or Emotional Disability; 2. A Vocational Handicap; 3. Feasibility of employment with provision of Office of Vocational Rehabilitation services.

SERVICES PROVIDED: Medical Evaluation, Vocational Evaluation, Guidance and Counseling, Physical/Mental Restorative Service Sponsorship, Job Training, Work Adjustment Training, Higher Education, Books, Tools, Transportation, Job Seeking Skills Training, Job Placement Assistance & follow up after placement.

NAME: **NORTH COUNTRY CHILDREN'S CLINIC, INC.**

ADDRESS: 7460 State St., Lowville, NY 13367

PHONE NUMBER: (315) 376-6427

CONTACT PERSON: Debbie Susice, Lewis County Coordinator

OFFICE HOURS: Monday through Friday: 8:30AM - 4:30PM

*Clinic is held the second Friday and fourth Tuesday of the month. Appointments are necessary.

FEE CHARGED: Sliding scale, GHI, Tri-Care and Medicaid accepted. No one will be denied services for inability to pay.

ELIGIBILITY QUALIFICATIONS: Ages two months to five years and school age.

SERVICES PROVIDED: Physical assessment, Denver Developmental Screening, Immunizations Assessment on Well Children.

NAME: **NORTH COUNTRY LIBRARY SERVICE, OUTREACH LIBRARY EXPRESS**

ADDRESS: 22072 County Rt. 190, P.O. Box 99, Watertown, NY 13601
(www.nc3r.org/nclls)

PHONE NUMBER: (315) 782-5540

SERVICES PROVIDED: Library service to the Physically Handicapped, Elderly, Blind, Unemployed, Minorities, Educationally Disadvantaged, Institutionalized, Correctional Facilities, Jail Inmates, and the Under-served.

NAME: RESOURCE CENTER FOR INDEPENDENT LIVING, INC.

ADDRESS: P.O. Box 210, 401 Columbia St., Utica, NY 13502

PHONE NUMBER: (315) 797-4642

CONTACT PERSONS: Burt Danovitz, Executive Director
Rose Marie Roberts, Services Coordinator

OFFICE HOURS: Monday - Friday, 8:30AM - 4:30PM

FEE CHARGED: Most services are available at no cost; some specific programs have minimal charge.

ELIGIBILITY QUALIFICATIONS: Varying to some degree with the service. Generally, any individual with a disability, any age.

SERVICES PROVIDED: Peer counseling, information and referral, advocacy, housing assistance, financial benefits counseling, attendant care referral, home care and crisis services for developmentally disabled within Oneida County and Herkimer County, equipment loan, client assistance program, independent living skills, training, community deaf services, TTY relay service, interpreter referral, architectural barrier removal consultation, Techspress (computer and adaptive equipment evaluation and training), SAIL (Senior Activities for Independent Living) for frail/elderly, supportive services, housekeeper/chore shopping assistance, and wheelchair van transportation within the Greater Utica area.

NAME: SEAWAY INDUSTRIES: CENTRAL OFFICE

ADDRESS: 6 Commerce Lane, Canton, NY 13617

PHONE NUMBER: (315) 379-9531

CONTACT PERSON: Nancy Davis, Assistant Executive Director

OFFICE HOURS: Monday - Friday, 9:00 AM - 5:00 PM

ELIGIBILITY: Minimum sixteen (16) years of age with a documented disability - physical, developmental, psychiatric, traumatic brain injury.

SERVICES PROVIDED: Vocational training and placement for disabled individuals. Transportation is provided throughout the County to the various Workshop sites and potentially to Supported Work sites.

NAME: SOCIAL SECURITY ADMINISTRATION

ADDRESS: 190 Stone St., Watertown, NY 13601

PHONE NUMBER: (315) 788-5839

CONTACT PERSON:

OFFICE HOURS: Monday - Friday, 9:00 AM - 5:00 PM
(2nd, 3rd, and 4th Wednesday of each month at 10:00 AM at Dept. of Social Services in Lowville.)

FEE CHARGED: None

SERVICES PROVIDED: Supplemental Security Income (SSI) Program - for people age 65 and over, or blind or disabled at any age who have little or no regular cash income and don't own much in the way of assets that can be turned into cash. Their office takes applications for SSI; determines eligibility for benefits; and determines monthly amounts. They administer the Social Security Administration's Retirement, Survivors, Disability and Medicare Programs. They also take applications for monthly benefits; applications for Social Security Numbers; handle Medicare questions, and any other questions concerning Social Security. Provide service in Lowville each month - call the Watertown office for dates and times. Most Social Security business can be done by telephone. Call first.

APPENDIX C

St. Lawrence County Services

NYS Association for Retarded Children.....	42
Special Education Services	42
St. Lawrence County Head Start Program.....	42
Department of Social Services.....	43
Social Security Administration.....	43
Hospitals and Clinics	43
St. Lawrence County Public Nursing Service.....	44
Physical Therapy Department.....	44
Handicapped Children's Services.....	45
Children/Adolescent Service	45
St. Lawrence County Handicapped Children's Program	45
United Cerebral Palsy Clinic	45
Developmental Disabilities.....	46
St. Lawrence County Physically Handicapped Children's Program.....	46
Support Services	46

St. Lawrence NYS Association for Retarded Children - (NYSARC)

St. Lawrence County Chapter
Administrative Offices
6 Commace Lane
Canton, NY
(315) 379-9531

Serving Mentally Retarded and Developmentally Disabled children and adults. Program includes: Vocational training and job placement. Individual residences in Hermon, Massena, Norwood, Potsdam, Norfolk and Ogdensburg. Day Treatment and day rehabilitation services - Norwood, Canton, and Potsdam. Summer Recreational Program and case management services

Special Education Services - St. Lawrence County BOCES,

Outer State Street
Canton, NY 13617
(315) 286-4504

Educational Services for school aged children with special needs.

St. Lawrence County Head Start Program

Administrative Office
E.J. Noble Building
2nd Floor, P.O. Box 152
Canton, NY 13617
(315) 386-8574 or 379-2246

Provides educational, social, medical and dental services for children from economically disadvantaged families. Eligibility for program based on income and age (3 1/2-5). At least 10% of enrollment opportunities are made available to children with handicapping conditions.

Home Base Program - located in Canton, Colton, Lisbon, Madrid, Massena, Ogdensburg, Parishville and Waddington areas. Head Start option where Home Visitor works with children and families weekly, with frequent group experiences. For further information, call the Head Start Administrative office at 386-8574.

Department of Social Services

Judson Street
Canton, NY 13617
(315) 379-2111

Counseling for unmarried parents, assistance with social, financial, educational, and medical problems. Referral and adoption services.
Family Services (315) 379-2106; Children Services (315) 379-2331.

Social Security Administration

The Mall
Ogdensburg, NY 13669
(315) 393-0880

Administers Retirement; Survivor Disability; Medicare benefits and Supplemental Security Income. Issue Social Security Numbers. Educational films, speakers, and pamphlets on Social Security.

Hospitals and Clinics

- Gouverneur - E.J. Noble Hospital.....(315) 287-1000
- Massena - Massena Memorial Hospital.....(315) 764-1711
- Ogdensburg - A. Barton Hepburn Hospital(315) 393-3600
- Potsdam - Canton-Potsdam Hospital(315) 265-3300
- Star Lake - Clifton-Fine Hospital(315) 848-3351
- Canton Outpatient Clinic(315) 386-8427
- Colton Health Center(315) 262-2550
- DeKalb Junction Nutrition Center(315) 347-3079
- Edwards Nutrition Center(315) 562-3797
- Hammond Area Health Center(315) 324-5941
- Heuvelton Medical Group.....(315) 344-6621

Hermon Medical Group	(315) 347-2191
Lisbon Medical Group	(315) 393-3227
Ogdensburg Medical Group.....	(315) 393-2295
Partnership in Health Care – Winthrop.....	(315) 389-5181
Waddington Medical Group	(315) 388-5552
Poison Control – Watertown.....	(315) 788-8700

St. Lawrence County Public Nursing Service/Home Health Agency

223 East Main Street
 Gouverneur, NY 13642
 (315) 287-0920

The Public Health (or Preventive and Clinic) Team provides preventive services free of charge to county residents through maternal child home visits (antepartal, post-partal/newborn, preschoolers), immunization clinics for preschool and school children, Adult Health Screening Clinics - also to Senior Housing Complexes, Communicable Disease Control: Investigations, Tuberculosis Control Program, Medical Rehabilitation: Orthopedic Clinic. The Home Health Team provides home care on a referral basis through skilled nursing, physical therapy, home health aide/personal care services.

Canton	(315) 379-2213	Gouverneur	(315) 287-0920
Massena	(315) 769-992	Ogdensburg	(315) 393-2390
Potsdam	(315) 265-3730	Star Lake	(315) 848-3351

Physical Therapy Department

- | | |
|---|---|
| 1. A. Barton Hepburn Hospital
Ogdensburg, NY 13669
(315) 393-3600 | 2. Alice Hyde Hospital
Malone, NY 12953
(518) 483-3000 |
| 3. Assoc. for Retarded Children
Day Treatment
Norwood, NY 13668
(315) 353-2739 | 4. Canton-Potsdam Hospital
Potsdam, NY 13676
(315) 265-3300 |
| 5. Massena Memorial Hospital
Massena, NY 13662
(315) 764-1711 | 6. E.J. Noble Hospital
Gouverneur, NY 13642
(315) 287-1000 |

- | | |
|--|--|
| <p>7. Public Health
Gouverneur, NY 13642
(315) 287-0920</p> | <p>8. United Cerebral Palsy Assoc.
Canton, NY 13617
(315) 386-8191</p> |
| <p>9. United Helpers Nursing Home (Moongate)
Canton, NY 13617
(315) 386-4541</p> | <p>10. Cedars Nursing Home
Ogdensburg, NY 13617
(315) 393-4810</p> |

Handicapped Children's Services

Early Intervention Program - Office located at Potsdam Middle School
Lawrence Avenue
Potsdam, NY 13676
(315) 265-3930

Services to preschool handicapped children, birth through five.

Children/Adolescent Service
St. Lawrence Psychiatric Center
Ogdensburg, NY
(315) 393-3000

Provides services for children with behavioral or emotional (psychiatric) difficulties. Services include a live-in program, a part-time (day care) program, outpatient counseling, family therapy, etc.

St. Lawrence County Handicapped Children's Program
Court Street
Canton, NY
(315) 379-2264

Provides financial assistance for medical services to children ages birth through 21 years who are medically and financially eligible.

United Cerebral Palsy Clinic
4 Commerce Drive
Canton, NY 13601
(315) 386-8191

(Satellite Clinic) House of Good Samaritan, Watertown, NY 13601, 785-4072. Programs to serve the developmentally disabled. Diagnostic and clinical evaluations. Physical therapy, Home Service, Advocacy, Referral, Coordination of services and community education.

Developmental Disabilities Service Office

64-70 Market Street
Potsdam, NY 13676
(315) 265-3000

Case management to former Sunmount residents and outpatients in the community setting. Technical assistance provided to agencies and local government.

St. Lawrence County Physically Handicapped Children's Program

P.O. Box 229
Van Housen Hall, SUNY
Potsdam, NY 13676

Financial assistance for medical services for handicapped children, birth to age 21. Polio patients of any age.

Support Services

Arthritis Foundation

12 Urban Drive
Massena, NY 13662.

APPENDIX D

Fort Drum Army Community Services EFMP Directory (May 2002)

LIVING WITH A DISABILITY TOLL-FREE NUMBERS

(ALL numbers start with 1-800)

Genetic Alliance Resource Center Helpline	336-4363
Alzheimer's & Related Disorders Center	621-0379
AMC Cancer Information Center	525-3777
American ...	
Brain Tumor Association	886-2282
Cancer Society	227-2345
Cleft Palate Foundation	242-5338
Council of the Blind	424-8666
Diabetes Association	232-3472
Kidney Fund	638-8299
Leprosy Missions	543-3131
Lupus Society	558-0121
Paralysis Association	225-0292
Parkinson's Disease Association	223-2732
Printing House for the Blind	223-1839

Fort Drum Army Community Services EFMP Directory (May 2002)
(ALL numbers start with 1-800)

Society for Deaf Children	942-2732
Speech-Language Hearing Association (V/TDD)	638-8255
Tuberous Sclerosis Association	225-6872
Amyotrophic Lateral Sclerosis (ALS)	782-4747
Arthritis Foundation	283-7800
Association of Retarded Citizens of the US	433-5255
Association of Heart Patients	241-6993
Asthma & Allergy Foundation of America	727-8462
AT&T Special Needs Center TDD	833-3232
AT&T Computers	247-1212
Autism Society of America	328-8476
Batten's Disease Support & Research Association	448-4570
Better Hearing Institute	327-9355
Blind Children's Center	222-3566
Braillegrams (Western Union)	325-6000
Cancer Information Service	422-6237

Fort Drum Army Community Services EFMP Directory (May 2002)
(ALL numbers start with 1-800)

Candle Lighters Childhood Cancer Foundation	366-2223
Captioned Films for the Deaf Voice/TDD	237-6213
Child Abuse Hotline	422-4453
Children Hospice International	242-4453
Children's Craniofacial Association	535-3643
Chron's & Colltis Foundation of America	392-8458
Chrysler Motors Adaptive Equipment	255-9877
Cornelia de Lange Syndrome Foundation	223-8355
Craniofacial International Foundation	535-3643
Cystic Fibrosis Foundation	344-4823
Cystinosis Foundation	392-8458
Directory Assistance for toll free numbers	555-1212
Drug Abuse Hotline (Focus on Recovery)	888-9383
Educators Publishing Service Specific	
Language Disabilities (Dyslexia)	225-5750
Eldercare locator	677-1116
Epilepsy Foundation of America	332-1000

Fort Drum Army Community Services EFMP Directory (May 2002)
(ALL numbers start with 1-800)

FACES-Craniofacial National Association	332-2373
Families of Spinal Muscular Atrophy (SMA)	886-1762
Foundation for Ichthyosis & Related Skin Types	545-3286
Fragile X Syndrome National Fragile X Foundation	688-8765
Health Care Financing Admin. (Medicare)	638-6833
Hear Now	648-4327
Hemophilia Foundation of Michigan	482-3041
Higher Education and Training for People with handicaps	544-3284
Histiocytosis Association of America	548-2758
Human Growth Foundation	451-6434
Huntington's Disease Society Hotline	345-4372
International Shriners Headquarters	237-5055
International Hearing Society	521-5247

Fort Drum Army Community Services EFMP Directory (May 2002)
(ALL numbers start with 1-800)

Job Accommodation Network	526-7234
BBS	342-5526
John Tracy Clinic (Hearing Impairments)	522-4582
Juvenile Diabetes Association	533-2873
Kidney Foundation of Michigan	482-1455
Library Of Congress Handicapped Hotline	424-8567
Little People of America	572-2001
Alliance for Lung Cancer	222-5864
Lupus Foundation of America	558-0121
Medicare/Medicaid Fraud, Waste & Abuse Hotline	368-5779
Michigan Self-Help Clearinghouse	777-5556
Mothers Against Drunk Driving	323-6233
Multiple Sclerosis	344-4867
Myasthenia Gravis Foundation	541-5454
Myeloproliferative Disease (MPD) Research Center	435-7673

Fort Drum Army Community Services EFMP Directory (May 2002)
(ALL numbers start with 1-800)

National

Adoption Center for Special Needs and Physically Disabled Children	862-3678
AIDS Hotline	342-2437
Spanish	244-7342
Alliance for the Mentally Ill/NAMI	950-6264
Aphasia Association Young People's Network	922-4622
Association for Parents of the Visually Impaired	562-6265
Association for Sickle Cell Disease	421-8453
American Speech/Language Association	638-8255
Cancer Information Services Resources Branch	422-6237
Captioning Institute	533-9673
Center for Stuttering	221-2483
Center for Youth with Disabilities	333-6293
Clearinghouse on Postsecondary Education for Individuals with Disabilities	533-9673

Fort Drum Army Community Services EFMP Directory (May 2002)
(ALL numbers start with 1-800)

Committee for Citizens in Education	638-9675
Down Syndrome Society	221-4602
Down Syndrome Congress	232-6372
Easter Seal Society	221-6827
Foundation for Ileitis and Colitis	343-3637
Gaucher Foundation	925-8885
Head Injury Foundation	444-6443
Headache Foundation	843-2256
Health Informaiton Center	336-4797
International Hearing Society	521-5247
Information Center For Children & Youth with Disabilities	922-9234
Information System & Clearinghouse Center For Developmental Disabilities	922-9234
Jewish Center for Immunology & Respiratory Medicine	222-5864
Kidney Foundation	622-9010
Marfan Foundation	862-7326
Mental Health Association	969-6642

Fort Drum Army Community Services EFMP Directory (May 2002)
(ALL numbers start with 1-800)

Neurofibromatosis Foundation	323-7938
Organization of Social Security Claimants Representatives	431-2804
Organization for Albinism & Hypopigmentation	473-2310
Organization on Disability	248-2253
Parkinson Foundation	327-4545
Rehabilitation Information Center	346-2742
Prevent Blindness America	331-2020
Spinal Cord Injury Association	962-9629
Spinal Cord Injury Hotline	526-3456
National Center for Stuttering	221-2483
Sudden Infant Death Syndrome Alliance	221-7437
Tuberous Sclerosis Association	225-6472
Orton Dyslexia Society	222-3123
Parents Helpline	942-4357
Polycystic Kidney Research Foundation	753-2873
Prader-Willi Syndrome Association	926-4797
Psych Assist Line	537-7924

Fort Drum Army Community Services EFMP Directory (May 2002)
(ALL numbers start with 1-800)

Randon House Audio Books	733-3000
Recorded Books	638-1304
Recording for the Blind	221-4792
Retinitis Pigmentosa International Society for Degenerative Eye Diseases	344-3877
Runaways (will relay message)	621-4000
Sexually Transmitted Diseases Hotline (CDC)	227-8922
Simon Foundation for Continence	237-4666
Social Security Administration	772-1213
Spina Bifida Association	621-3141
Sturge Weber Syndrome Foundation	627-5482
Stuttering Foundation of America	992-9392
TeleConsumer Hotline-Voice/TDD	332-1124
Tele-Help/United Way Community Service	552-1183
The Living Bank-Organ Donations	528-2971
The ARC	433-5255
Tourette's Syndrome Association	237-0717

Fort Drum Army Community Services EFMP Directory (May 2002)
(ALL numbers start with 1-800)

U.S. Architectural Transportation Barriers Compliance Board	872-2253
United Ostomy Association	826-0826
United Leukodystrophy Foundation	728-5483