



FORT DRUM FAMILY and MWR  
**WALK TO**  
**AFGHANISTAN**

**MARCH 7, 2011 - MARCH 7, 2012**

Fort Drum Family and MWR is invites you to "WALK TO AFGHANISTAN" this year in support of deployed troops and their families! This great program is open to all ages and anyone can participate.

Compete as individually or as a group with up to 20 of your friends! The key is to keep moving all year long with all types of activities counting towards your total miles including walking, running, biking, swimming, aerobics classes, and dancing.

Sign-up at Monti PFC between February 10 through March 4, 2011 and then start walking on March 7, 2011. Participants have one year to log 6,585 miles, (the distance from Fort Drum to Kabul, Afghanistan). Certificates will be awarded at different mileage milestones throughout the program.

Can you and your team make it all the way to Afghanistan in just one year? Sign up and push yourself to get moving this year!

For more information, please call (315) 772-4806 or (315) 772-4936.



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The program starts at Monti PFC between February 10 through March 6. Participants will start walking on March 7, 2011. Participants have a goal of logging 6,585 miles, (the distance from Fort Drum to Kabul, Afghanistan). Certificates will be awarded at different mileage milestones throughout the program.

Join your team and make it all the way to Afghanistan in just one year. So get out there and push yourself to get moving this year!

For more information, please call (315) 772-4806 or (315) 772-4807.