



# FORT DRUM

*Proud Home of the 10th Mountain Division & You!*



# DRUM Soldier & Family Resource Guide

**ARMY COMMUNITY SERVICE  
RELOCATION READINESS PROGRAM  
4330 Conway Road  
Fort Drum, NY 13602  
(315)772-6556/6557**



## TABLE OF CONTENTS

10th MTN Historical Collection	56	Dental	33	Motorcycle Safety	43
10 <sup>th</sup> MTN Division Song	4	Education Center	46	Movie Theater	57
4-H Clubs	55	Emergency Services	40	<b>Family and Morale, Welfare &amp; Recreation (FMWR)</b>	20-29
AAFES	57	Empire State College	49	• Adventure Training	26
Abuse Reporting Procedures	5	English Classes – ESOL	51	• Arts & Craft Center	29
American Red Cross	19	Enlisted Spouses’ Club	60	• Auto Craft Center	29
Armed Services YMCA	54	Food \$ense	58	• Better Opportunities for Single Soldiers (BOSS)	20
Army Career & Alumni Program	52	Family Counseling of NNY	54	• Child, Youth & School Services (CYSS)	21-24
<b>Army Community Service (ACS)</b>	6-18	Family Subsistence Allowance	17	• Clubs & Restaurants	25, 28
• Army Emergency Relief	16	Finance Office	31	• Library (McEwen)	27
• Army Family Action Plan	9	Financial Institutions	31	• Lodging	25
• Army Family Team Building	9	Food Pantries	58	• Magrath Sports Complex	28
• Army Volunteer Corps	9	Food Stamp Program	59	• Monti Physical Fitness Center	28
• Employment Readiness	14-15	Fort Drum Command Safety	43	• Parks & Recreation	26
• Exceptional Family Member	13	Fort Drum Town Hall Informational Meetings	60	• Pines Plains Bowling Center	28
• Family Advocacy	12	Fort Drum Post Guide	60	• Preview Magazine & Calendar of Events	20
• Financial Readiness	17	Fort Drum / Samaritan Behavioral Health Clinic	36	• Remington Park	27
• Information & Referral	8	GED - General Education Diploma	51	• School Liaison Office	22
• Mobilization & Deployment	10	Girl Scouts	60	National Association of the 10th Mountain Division	60
• Outreach Services	8	Healthcare	32-39	Newspaper (Post)– “The Mountaineer”	60
• Relocation Readiness	6-7	HomeEnergy Assistance	59	Off the Beatin’ Path Gift Shop	56
• Soldier & Family Assistance Center (SFAC)	18	Hospitals & Urgent Care Clinics	39	Officer’s Spouses’ Club	60
• Survivor Outreach Services	18	Household Goods	31	Post Office	31
Army OneSource	60	Housing	41	Religious Services	45
Army Substance Abuse Program (ASAP)	36	ICE-Customer Evaluation	60	Retirement Services	53
Association of the U.S. Army	47, 60	ID Cards & DEERS Enrollment	31, 33	Social Work Services	35
Behavior Health Services	34-36	In-processing Information	30-31	Thrift Shop	57
Boy Scouts	60	Jefferson Community College	48	Travel Office	31
Citizenship & Immigration	6	Jefferson/Lewis BOCES	51	TriCare	32
College Scholarships	46-47	Legal Assistance Program	44	US Family Heath Plan	38
Columbia College	50	Local News & Classifieds	60	USO	56
Community Action Planning	55	Military & Family Life Consultants	8	Veterans Services	53-54
Commissary	57	Military One Source	7,8,11,36	Veterinary Services	37
Cornell Cooperative Extension	55	Motor Vehicles	31, 42	Weather & Road Conditions	43
Community Weblinks	60	2		WIC-Women Infants & Children	59
DEERS	31, 33			Winter Driving Classes	43



Dear Valued Customer,

Army Community Service (ACS) is delighted to assist you in locating and utilizing the many wonderful programs and services available on Fort Drum and the surrounding communities. The ***DRUM Soldier & Family Resource Guide*** is one of many informative ACS publications designed for your convenience.

ACS is committed to assisting in maintaining the readiness of Soldiers, Families and communities within America's Army by developing, coordinating and delivering services which promote resiliency and stability during war and peace.

We are committed to a team-orientated approach in delivering excellent customer care and service. It is our hope that one of your first stops upon arrival will be ACS, located at P-4330 Conway Road, Fort Drum.

The goal of ACS is to deliver programs and services in a centralized location to enhance Army Well-Being – the "bridge" that connects Army needs with individual needs.

**On behalf of the entire ACS Staff, I would like to extend a very warm *DRUM WELCOME* to new members of our *DRUM FAMILY*!**

*PARTNERS IN READINESS!*

Best Regards,

Army Community Service

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The ***DRUM RESOURCE GUIDE*** is an informational booklet compiled and coordinated by the **Relocation Readiness Program** of Army Community Service in the interest of our ***DRUM FAMILY***.

The information in this publication is current as of Jan 2012. To provide changes or corrections, please contact the Relocation Readiness Program at (315)772-6556/6557 or [drum.mwracsrelo@conus.army.mil](mailto:drum.mwracsrelo@conus.army.mil).

## **Disclaimer**

**Every effort has been made to provide accurate and current information. However, as information frequently changes, we recommend calling to verify services, location and hours of operation. Presentation of direct or indirect links to products, services, or vendors does not constitute endorsement by DOD, Fort Drum, or Fort Drum Army Community Service. Individuals are encouraged to thoroughly investigate and evaluate items of interest prior to entering into contractual obligations.**

**“The Strength of our Soldiers comes from the Strength of their Families.”**

## **Army Community Covenant**

**SUPPORTING THOSE WHO SERVE**

Together, We are committed to building strong communities.

We, the Community, recognize...

... The commitment Soldiers and their Families are making every day.

... The strength of Soldiers comes from the strength of their Families.

... The strength of Families is supported by the strength of the Community.

... The strength of the Community comes from the support of Employers, Educators, Civic and Business Leaders, and its Citizens.

We, the Community, are committed to...

... Building partnerships that support the strength, resilience, and readiness of Soldiers and their Families.

... Assisting in the implementation of the Army Family Covenant.



### **Members of our *DRUM FAMILY*:**

*Soldiers*

*Families*

*Retirees*

*Veterans*

*Survivors*

*DoD Civilians*

## **FORT DRUM'S MISSION, VISION, MOTTO & VALUES**

**Mission:** USAG Fort Drum provides Best in Army services and infrastructure for our Soldiers, Families and Civilians who support our Nation during a time of persistent conflict.

**Vision:** A Garrison Team, as a learning organization, that provides Best in Army services to our primary stakeholders: Soldiers, Families and Civilians, while fostering an environment where all are treated with respect and are committed to sustaining Fort Drum as the premiere installation in the United States.

**Motto:** "Fort Drum - The Army's Best Kept Secret"

**Values:** We honor and respect the Army Values. The Army Values are accepted and adopted as Fort Drum's Values: Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, Personal Courage.

## **10TH MOUNTAIN DIVISION SONG**

**“CLIMB TO GLORY”**

**WE ARE THE 10TH MOUNTAIN INFANTRY,**

**WITH A GLORIOUS HISTORY**

**ON OUR OWN TWO FEET,**

**ALL OUR FOES WE'LL DEFEAT,**

**LIGHT FIGHTERS MARCHING ON TO VICTORY.**

**WE GO WHERE OTHERS DARE NOT GO,**

**THROUGH THE HEAT OR COLD OR SNOW,**

**WE ARE PROUD TO BE IN THE ARMY OF THE FREE.**

**CLIMB TO GLORY, MOUNTAIN INFANTRY.**

**CLIMB TO GLORY, THE LIGHT INFANTRY.**



# Procedures for Reporting Child & Spouse Abuse

## Family Advocacy Program, Fort Drum, NY

If you know of a family where child or spouse abuse is suspected, please report as follows:

- ✓ Cases involving *immediate danger* to the spouse or child, call the Military Police (if on post) or your local law enforcement. The emergency number for the Military Police is **911**.
- ✓ Cases not involving immediate danger to the spouse or child, notify Fort Drum Social Work Services at **772-3623** during duty hours or **911** after duty hours.
- ✓ In all cases of abuse, also notify the New York State Child Abuse and Maltreatment Register at **1-800-342-3720**.



## Domestic Violence Programs & Shelters

Social Work Services, Fort Drum	772-3623
Fort Drum Victim's Advocates	772-2715
Jefferson County Victim's Assistance Center (shelter)	782-1855 (24 hours)
Lewis County Opportunities (shelter)	376-HELP (24 hours)
St. Lawrence Renewal House (shelter)	379-9845 (business hours) 265-2422 (evenings & weekends)

## Other Resources:

Army Community Service	772-6557 or 1-800-826-0886
Family Advocacy Program	772-6929
Family Counseling	772-3623
Couples Counseling	772-3623 or contact your unit Chaplain
Couples Communication Classes	772-4244/5540
Stress & Anger Management Classes	772-2279
Parenting Classes	772-2279/4244
New Parents Support Program	772-0748/6557
Child & Spouse Abuse Awareness Education	772-4244
Sexual Assault Prevention & Response Program	772-5914



Every soldier, employee and member of the military community should be encouraged to report information about known or suspected cases of spouse and child abuse.





# ARMY COMMUNITY SERVICE

4330 Conway Road  
Fort Drum, NY 13602  
TEL: (315)772-6556/6557 FAX: (315)772-6965

## Relocation Readiness Program

(315)772-6566

The Relocation Readiness Program provides assistance to military personnel, Family members and DOD Civilians moving to the Fort Drum community or personnel relocating to other military installations. Reduce the stress of military moves by taking full advantage of the information, education, and personal guidance provided.

### **DRUM Soldier & Family Newcomer's Orientation**

Welcoming Soldiers, Families & DoD Civilians to Fort Drum! Receive valuable information directly from Fort Drum and community support programs. Interactive Family Orientation to welcome and inform newly arrived Soldiers, DOD Civilians and Family members about resources available at Fort Drum and in the local community. Held at Army Community Service. Call for more information.

### **DRUM Soldier & Family Welcome Tour**

Enjoy a narrated tour of Fort Drum and the surrounding community. Bring a lunch or purchase one. *Children Welcome! Reservations required. Call to reserve your seat(s).*

### **Lending Closet**

Are you waiting for your household goods to arrive or have you shipped yours off to your next duty station? Borrow basic household items (dishes, silverware, pots & pans, portable cribs, car seats, and more) for up to 30 days. *No Cost Involved!* Call (315)772-6556/6557 for information. (Some items may not be available during times of high demand.)

### **Hearts Apart - "Support for Waiting Families"**

Monthly support & fun-filled activity program for Families separated due to deployment, unaccompanied tour or extended TDY. Registration required. Please contact the Relocation Readiness Program for details.

### **International Spouse Support**

Supporting our International Families by providing **limited** U.S. Citizenship and Immigration Service (CIS) assistance for petitions pertaining to Spouses and children of Active duty service members, Retirees, and DoD Civilians. English for Speakers of Other Languages (ESOL) classes and an International Spouse Support Group are available.

*\*Note: Soldier's who need assistance with U.S. Citizenship for themselves must contact their Brigade S-1 or Personnel Services Branch, Clark Hall, 772-1351. Anyone with immigration related legal issues should consult with a licensed immigration attorney. USCIS "Military Helpline" - 1-877-CIS4MIL (1-877-246-4645).*

### **Total Army Sponsorship Program**

Making a PCS move? If so, then you should request a sponsor. This program provides the foundation for units to welcome and help prepare Soldiers and Family members for their new duty station in advance of their actual arrival. The sponsor is the key to helping the new Soldier and Family get comfortably settled as quickly as possible, thereby putting their minds at rest so they can concentrate on their new duties as soon as possible.

To receive a sponsor contact the G1 (Strength Management Branch) at (315)772-5190, DSN 312-772-5190, or write to them at: Commander, HQ, 10th Mountain Division, Attn: AFDR-PE, Fort Drum, NY 13602 or fax DA Form 5434 to (315)772-6333 or DSN 312-772-6333.

Visit [www.drummwr.com/RelocationReadiness.htm](http://www.drummwr.com/RelocationReadiness.htm) for schedules.



# Relocation Resources

## Military HOMEFRONT

[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)

*Official Department of Defense Website for Reliable Quality of Life Information*  
**Take charge of your Move!**

MilitaryHOMEFRONT has introduced *Plan My Move*, a powerful set of tools to help you and your Family make your next move a smooth one.

Through *Plan My Move*, you'll have access to these features and more:

- Customizable Calendar & To Do Lists
- Reliable resources focused on the community outside the gate
- Assistance moving with a Family member who has special needs
- To-do Checklists, Departure & Arrival Checklists, Important Documents Checklist

[www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)

Find complete contact information on military installations worldwide. MilitaryINSTALLATIONS provides details on programs and services; mapping data and driving directions; links to local community points of interest; and the ability to search the web for additional information on the installation itself or the surrounding area.

MilitaryINSTALLATIONS interfaces with [Plan My Move](#) through the "Installation Overview".

## Military OneSource

[www.militaryonesource.com](http://www.militaryonesource.com)

*You name it. We can help – 24/7!*  
1-800-342-9647

Military OneSource provides immediate help to service members and their families in managing the everyday issues of military life, such as child care, relocating to new communities or finding an English-speaking plumber in a foreign country. They also have access to licensed counselors for marital issues, deployment stress management and parent-child communication. Phones are staffed 24 hours a day, 365 days a year. Translation services are available in more than 130 languages. Referrals and customized information are available for each service or Family member.

Contact: <http://www.militaryonesource.com> (User ID: military; Password: onesource) or (800) 342-9647. Overseas: (800) 3429-6477; overseas collect: (484) 530-5908.

## Automated Housing Referral Network

[www.ahrn.com](http://www.ahrn.com)

AHRN.com is sponsored by the Department of Defense and is designed to improve the process of securing available community housing for relocating military members and their Families.

Northern New York Classifieds - [www.nnyads.com](http://www.nnyads.com)

Jefferson-Lewis Board of Realtors - [www.nnymls.com](http://www.nnymls.com)

St Lawrence County Board of Realtors - [www.slcmlls.com](http://www.slcmlls.com)



# Information & Referral Program

ACS – 4330 Conway Rd  
(315)772-6556/6557

*“If you don’t know who to call or what to do, we can help!”*

**HELPLINE Phone: 800-826-0866 or (315)772-6556/6557**



**24-Hour Information & Referral is available via  
Military One Source**

**Phone: 1-800-342-9647 or [www.militaryonesource.com](http://www.militaryonesource.com)**

## **KITCHEN & FAMILY LOUNGE**

*In transition & tired of eating out?*

**Bring your food and use our fully equipped  
kitchen to prepare a home cooked meal.**

## **Military & Family Life Consultant Program (MFLC)**

**(315)212-6919**

**Short-term, situational, problem-solving counseling services to Soldiers & their Families  
No Referral Needed ☼ Strictly Confidential ☼ Flexible Meeting Locations**

## **Outreach Services**

**(315)772-5374**

Linking ACS services with Soldiers, Family members & DA civilians. Serves as Unit Service Coordinators & initial point of contact providing onsite ACS information & referral to military units. Services include: one-on-one ACS tours, unit needs assessments, ACS briefs, informational tables, & community events.



# Army Volunteer Corps Program

ACS – 4330 Conway Rd  
(315)772-2899

*“The heart of the volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others.”~unknown*

## **VOLUNTEER TODAY!!!**

*A common bond of volunteers is the desire to help meet the needs of our Soldiers and their Families.*

Gain valuable work experience! Become involved and knowledgeable about community programs and services!

Enhance and/or acquire job skills! Develop new friendships!

***Funded Childcare for Registered Volunteers May be Possible***

Please call or stop by the Volunteer office to find out how you can get funded childcare while you volunteer.

## ***Volunteer Management Information System (VMIS)***

Volunteers can now manage, log and track their volunteer hours as well as search for open volunteer positions by logging on to [www.myarmyonesource.com](http://www.myarmyonesource.com). For further information, please call the Army Volunteer Corps office.

# Army Family Team Building (AFTB)

ACS – 4330 Conway Rd  
(315)772-6710/9229

AFTB is a fun, education program designed for the Army Family to enhance one’s knowledge of the military and develop leadership skills. If you are a Family member, Soldier, or Civilian; AFTB has something for you. We offer team and personal development along side important leadership and communication skills. AFTB classes are worth promotion points for Soldiers.

## **AFTB Workshops**

### **Level I – “LEARN” Army**

Learn about the Army Life and how to maneuver through daily challenges. Discover how to decipher Army acronyms, utilize community resources, attain better financial readiness and understand the goal and impact of the Army mission.

### **Level II – “GROW” Personal Skills**

Grow personally through the development of leadership skills and prepare to take leadership roles with your Family Readiness Group (FRG), community agencies or other military and civilian organizations.

### **Level III – “LEAD” Others**

Thrive in Army and civilian life by expanding leadership skills, effective communication techniques, and learning to mentor others into leadership positions.

## **ACS INSTRUCTOR TRAINING COURSE**

The purpose of this 16-hour course is to qualify local volunteers as ACS instructors.

# Army Family Action Plan (AFAP)

ACS – 4330 Conway Rd  
(315)772-6710/9229

Designed to give Soldiers, Family members, Retirees, and military Civilians an opportunity to voice their concerns and suggestions on how to improve life and living conditions for all members of the Fort Drum Family.

## **How Does AFAP Work? It’s as simple as 1, 2, 3!**

- 1. You Tell Us What You Think** – Using submission forms found throughout the Fort Drum Community and on the Fort Drum website, submit your ideas, concerns, or suggestions.
- 2. AFAP Listens and Acts** – Once an issue is received, it is reviewed by local volunteers, discussed at monthly forums, and submitted for action at the Fort Drum annual AFAP Conference.
- 3. Together We Find A Solution** – Although some issues take time or are proven unattainable, every issue is reviewed, monitored, and tracked until a resolution is found. Most issues can be handled locally and are sent to the appropriate directorate for resolution. Those issues beyond the scope of Fort Drum are forwarded to the annual Forces Command (FORSCOM) Conference for resolution.



# Mobilization and Deployment

ACS – 4330 Conway Rd  
(315)772-2848

## Family Readiness Groups (FRG)

An organization of Family members, volunteers, and Soldiers belonging to a unit that together provides an avenue of mutual support, assistance, and a network of communication among the Family members, the chain of command, and community resources.

### Family Readiness Group’s Mission

- Foster competent, knowledgeable and resilient Families
- Act as an extension of the unit in providing official, accurate command information
- Provide mutual support
- Build Soldier and Family cohesion and foster a positive outlook
- Advocate more efficient use of community resources
- Help Families solve problems at the lowest level
- Reduce stress and promote Soldier and Family readiness

### Family Readiness Group’s Activities

Some activities that FRGs commonly sponsor, coordinate, or participate in that directly foster unit and Family readiness include (but are not limited to):

- Classes and workshops
- Volunteer opportunities & recognition
- Unit send-off and welcome home activities

\*\*\*\*\*  
**Virtual FRG**  
**Get Connected & Stay Informed!**  
[www.armyfrg.org](http://www.armyfrg.org)  
 \*\*\*\*\*

### Who Can Belong to a Family Readiness Group?

- *Soldiers - Single & Married*
- *Spouses*
- *Children*
- *Parents*
- *Friends and relatives*
- *Retired service members – from all branches of the military*

### YOUR INVITATION

“Your FRG extends a sincere invitation for you to join in and participate. You can never have too much information, too much support, or too many friends. The FRG is your opportunity for all this and more. It is an incredible feeling to be able to make a contribution to another person, to touch their lives in such a positive way, and to have the added benefit of helping your own Family at the same time.”

### **BECOME PART OF YOUR FAMILY READINESS GROUP TODAY!**

#### **Family Readiness Group (FRG) – Point of Contact List**

New to the area? New to the Army? Looking for a friendly face at your FRG? The MOB/DEP staff keeps an updated list of FRG POCs and can match you up with your leader. Call for information.

### **Operation READY – Resources for Education About Deployment and You**

Preparing commanders, Soldiers and Families for deployment by providing training centered on a DA developed series of DVDs and workbooks. Whether your unit is facing a major, real world deployment or a "practice" training exercise, Operation READY can help everyone be prepared.



# Military OneSource

A 24/7 Resource for Military Members, Spouses & Families

[www.militaryonesource.com](http://www.militaryonesource.com) or call 1-800-342-9647

## TAKE CHARGE AT NO CHARGE

Education, deployment, relocation, parenting, stress - you name it - Military OneSource is here to help you with just about any need. Available by phone or online, their *free service* is provided by the Department of Defense for active-duty, Guard, and Reserve service members and their Families.

*The service is completely private and confidential.*

- **Contact a Consultant**

Master's level consultants offer confidential support and practical solutions 24 hours a day, 7 days a week.

- **Schedule Counseling**

Three kinds of short-term, non-medical counseling is offered to active-duty, Guard, and Reserve service members and their Families.

- **Online Resources**

Participate in online webinars, subscribe to monthly e-newsletters, read expertly prepared articles about issues that concern military Families. Plus, *order or download free CDs, booklets, and DVDs.*

- **Discussion Boards**

Share your experiences and thoughts or search for insightful ideas from other members of the military community.

- **Newsletters**

Newsletters cover a variety of the life issues you're facing today, with expert information, insights, helpful tips and more.

- **Webinars**

View an online presentation while listening to the presenter over the phone. Webinars provide detailed information on a topic and allow you to ask questions and interact with other attendees.

- **Podcasts**

Military OneSource provides links to podcasts on various aspects of military life. They can be accessed and listened to from your computer, or downloaded and saved so you can transfer them to your MP3 player.

- **Moderated Chats**

Moderated chats are live, interactive events moderated by Military OneSource consultants. They allow you to share your ideas, opinions and experiences, or just come to learn more about a variety of topics.

- **Document Translation Services**

Through its document translation services, Military OneSource provides for the translation of legal documents such as leases, marriage licenses, birth certificates, divorce decrees, adoption paperwork, and school transcripts for service members and their Families. Upon the user's request, translations will be certified, notarized as necessary, and accompanied by a certificate of authenticity.



# Family Advocacy Program (FAP)

ACS – 4330 Conway Rd  
(315)772-6929

FAP offers a variety of services to help Soldiers, Spouses and Families gain life skills to lead a fulfilling life.

## FAP WORKSHOPS

**Parenting Workshops \* Stress Management \* Anger Management**

## NEW PARENT SUPPORT PROGRAM

*No Cost*

**In-Home Support -- Pregnancy through Age 3**

The NPSP is a professional team of nurses and social workers who provide supportive and caring services to military Families with children from birth to three years of age.

Through home visits and links with other resources, the New Parent Support Program will help you learn to cope with stress, isolation, post-deployment reunions, and the everyday demands of parenthood. This voluntary participation program was developed to assist military Families in many ways that friends and Family do when you're back home.

*Become a confident parent ♦ Understand the ages and stages of your child's development  
Improve your relationship with your children ♦ Learn to make parenting fun  
Improve communication between you and your spouse  
Lessen stress ♦ Develop a support system and new friendships*



# Exceptional Family Member Program

ACS – 4330 Conway Rd  
(315)772-5476

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, and personnel services to Families with special needs. Soldiers on active duty enroll in the program when they have a Family member with a physical, emotional, developmental, or intellectual disorder requiring specialized services so their needs can be considered in the military personnel assignment process.

## **DEFINITION OF AN EXCEPTIONAL FAMILY MEMBER**

Any Family member who is required to see a medical specialist more than twice a year, enrolled in a special education program at school, or may be receiving mental health services. Other special needs qualifications for enrollment are as follows:

- \* Physical disabilities
- \* Visual impairments
- \* Asthma and/or allergies
- \* Speech/language delays
- \* Hearing impairment
- \* Mental health counseling or therapies
- \* Special education requirements
- \* Developmental delays

*Many other special needs may qualify an individual for enrollment and services.*

## **How does EFMP assist Families?**

The Army Community Service (ACS) EFMP staff will assist eligible Family members by locating community support services. Informed and concerned individuals will provide Family members with information, referral, and assistance to meet their individual needs.

## **How to enroll in EFMP?**

**Contact the EFMP Manager at (315)772-5476 or contact MEDDAC at (315)772-4653.**

Enrollment is mandatory for any Soldier with an Exceptional Family Member (EFM). The EFM must be updated every three years unless his/her condition changes.

PLEASE NOTE: The Army will ATTEMPT to assign Soldiers who have enrolled to installations where the needed medical and educational services are available.

## **Disenrollment:**

Contact the EFMP Manager at (315)772-5476 or contact MEDDAC at (315)772-4653.

## **RESPITE CARE AVAILABLE**

***Caring for an Exceptional Family Member (EFM) begins with taking care of you as the primary caregiver!***

- Provides temporary rest period for Family members responsible for regular care of persons with disabilities. Care may be provided in your home or a caregiver's home.
- Based on the EFM's medical condition, EFM's education condition, and deployment needs.
- Families are eligible to receive a maximum of 40 hours monthly for each certified EFM.
- Respite care is free of charge once enrollment and eligibility has been verified.
- ***Contact the EFMP Manager at (315)772-5476 for further details.***



# Employment Readiness Program

ACS Bldg - 4330 Conway Road  
(315)772-9611

*General information is available on a walk-in basis.  
Personalized counseling & resume assistance requires an appointment.*

The Army knows that employment is one of the most significant issues for military Families. Our goal is to assist Families with their job search particularly as they are impacted by such a mobile lifestyle.

### Available Services:

- One-on-one employment counseling
- Employment classes and workshops
- Local and current job listings
- Resume and cover letter writing
- Interviewing skills
- Federal employment system

**Unemployment Compensation for Military Spouses upon PCS-Related Job Loss - You may be eligible!**  
Contact your previous state's Department of Labor.  
[www.careeronestop.org](http://www.careeronestop.org)

### Employment Readiness Program Workshops

Employment Readiness hosts workshops on a monthly basis. RSVP is required. Workshop schedules vary.

**Build Your Own Business** – Learn the ins and outs of starting your very own business.

**Employment 101** – Learn how to conduct a Job Search, Write Your Resume & Cover Letter and Ace an Interview.

**Federal Employment Workshop** – Learn the ins and outs of the Federal Employment System

**Career Development** - A Club for Jobseekers, or people who want to learn to market their skills.

### Job Search Tips

- **Networking** - Networking is the best way to get a job. Let people know you are looking for a job and what kind of job. ERP is here to help you with your networking efforts.
- **Advertising** - Check community and business bulletin boards at least once a week. Read all newsletters and flyers because many contain information about employment opportunities.
- **Applications** - Most employers require you to complete an application. To speed up this process make sure you have the following documentation on hand: school transcripts, updated work experiences, copy of professional licenses (if applicable), certificates, letters of recommendation, special awards/honors; the name, job title, address, and phone numbers of at least three references.
- **Resumes** - Many employers require a resume. Writing a resume also prepares you for interviews. It helps you talk about your accomplishments in an organized and confident way. ERP can assist you with a civilian and government resume. Call and set up an appointment today!

### Other Sources of Employment Assistance

**The Workplace/Dept. of Labor**  
1000 Coffeen St.  
Watertown, NY  
(315) 782-9252  
[www.labor.state.ny.us](http://www.labor.state.ny.us)

**Kelly Services**  
200 Mullin St.  
Watertown, NY  
(315) 788-4345  
[www.kellyservices.com](http://www.kellyservices.com)

**Manpower**  
7550 State St.  
Lowville, NY  
(315) 376-6899  
[www.us.manpower.com](http://www.us.manpower.com)

**Penski**  
Key Bank Bldg.  
Watertown, NY  
(315) 788-5627  
[www.penski.com](http://www.penski.com)

# Employment Readiness Program

## Helpful Job Links

<a href="http://www.usajobs.gov">www.usajobs.gov</a>	USA Jobs
<a href="http://www.labor.state.ny.us">www.labor.state.ny.us</a>	NY Department of Labor
<a href="http://www.aafes.com">www.aafes.com</a>	AAFES
<a href="http://www.fortdrummch.com">www.fortdrummch.com</a>	Fort Drum Mountain Community Homes
<a href="http://www.americu.org">www.americu.org</a>	AmeriCU Credit Union
<a href="http://www.honeywell.com">www.honeywell.com</a>	Honeywell
<a href="http://www.cce.cornell.edu/jefferson">www.cce.cornell.edu/jefferson</a>	Cornell Cooperative Extension
<a href="http://www.commissaries.com">www.commissaries.com</a>	Defense Commissary Agency
<a href="http://www.serco-na.com">www.serco-na.com</a>	Serco
<a href="http://www.gdcareers.com">www.gdcareers.com</a>	General Dynamics
<a href="http://www.jeffersoncountynewbeginning.com">www.jeffersoncountynewbeginning.com</a>	Jefferson County New Beginning
<a href="http://www.citywatertown.org">www.citywatertown.org</a>	City of Watertown
<a href="http://www.cs.state.ny.us">www.cs.state.ny.us</a>	NY Civil Service Exams
<a href="http://www.wdt.net">www.wdt.net</a>	Watertown Daily Times Newspaper
<a href="http://www.nnyads.com">www.nnyads.com</a>	Northern NY Classifieds
<a href="http://www.davincitimes.com">www.davincitimes.com</a>	DaVinci Project of Upstate New York
<a href="http://www.watertownny.com">www.watertownny.com</a>	Watertown Chamber of Commerce
<a href="http://www.jcfdc.net">www.jcfdc.net</a>	Jefferson County Job Development Corporation
<a href="http://www.co.jefferson.ny.us">www.co.jefferson.ny.us</a>	Jefferson County Human Resources
<a href="http://www.nccsa.com">www.nccsa.com</a>	North County Council of Social Agencies
<a href="http://www.stream.com">www.stream.com</a>	Stream International – local call center
<a href="http://www.thearco.org">www.thearco.org</a>	The Arc
<a href="http://www.1000islandshelpwanted.net">www.1000islandshelpwanted.net</a>	Local Job Search Website
<a href="http://www.postaljobs.com">www.postaljobs.com</a>	US Postal Service
<a href="http://www.samaritanhealth.com">www.samaritanhealth.com</a>	Samaritan Medical Center
<a href="http://www.carthagehospital.com">www.carthagehospital.com</a>	Carthage Area Hospital
<a href="http://www.lcgh.net">www.lcgh.net</a>	Lewis County General Hospital
<a href="http://www.attain.suny.edu/success.php">www.attain.suny.edu/success.php</a>	Jefferson County Attain Lab
<a href="http://www.sunyjefferson.edu">www.sunyjefferson.edu</a>	Jefferson Community College
<a href="http://www.boces.com">www.boces.com</a>	Board of Cooperative Education Services
<a href="http://www.localjobsavailable.net">www.localjobsavailable.net</a>	Local Jobs – Job Search Engine
<a href="http://www.jobsearch.spouse.military.com">www.jobsearch.spouse.military.com</a>	Military Spouse Career Center
<a href="http://www.militaryspousejobsearch.org">www.militaryspousejobsearch.org</a>	Military Spouse Job Search
<a href="http://www.jobvertise.com">www.jobvertise.com</a>	Jobvertise
<a href="http://www.myarmyonesource.com">www.myarmyonesource.com</a>	Army Spouse Employment Partnership
<a href="http://regionalhelpwanted.com/seaway-jobs/">http://regionalhelpwanted.com/seaway-jobs/</a>	Regional Help Wanted
<a href="http://www.hightechny.com">www.hightechny.com</a>	New York High Tech Job
<a href="http://www.northcountrynow.com">www.northcountrynow.com</a>	North Country Now
<a href="http://www.northstarweb.org/jefflewis">www.northstarweb.org/jefflewis</a>	Northstar Community Career Web
<a href="http://www.nccsa.com">www.nccsa.com</a>	North Country Council of Social Agencies
<a href="http://www.indeed.com">www.indeed.com</a>	Indeed



# Army Emergency Relief (AER)

ACS – 4330 Conway Rd  
(315)772-6560

After Hours Phone: 877-272-7337

**68 Years of Helping the Army Take Care of Its Own!**

## What Can AER Do?

### Help with emergency financial needs for:

- Initial rent & security deposit
- Pro-rated rent to accept on-post housing
- Prevention of utility disconnections
- Emergency food assistance
- Emergency travel
- Vehicle Repair
- Funeral Expenses
- Emergency medical or dental care (expenses not covered by Tricare)

### Command Referral Program

*A Soldier's Company Commander or  
First Sergeant can approve  
AER loans up to \$1,000.*

*Gives leaders immediate  
ability to solve Soldier's financial issues.*

### Give *undergraduate-level education scholarships* to children, spouses, and surviving spouses of Soldiers.

- APPLY Online at [www.aerhq.org](http://www.aerhq.org).

### How Do I Get Assistance?

- See your unit chain of command
- Go to the AER office at Army Community Service (ACS)

### What Kind of Assistance Can I Expect?

- An interest free loan
- A grant (an outright gift of funds) if repayment of loan will cause undue hardship
- Or, part loan and part grant

### What Should I Bring With Me?

- Military ID Card
- Leave and Earning Statement
- Leave/PCS Orders
- Verifying Documents (car repair estimate, rental agreement, utility bill, Red Cross message, etc.)
- AER Application - Completed and signed

### Can My Spouse Get AER Help if I'm Away? – YES - Your Spouse should bring:

- Power of Attorney
- Military ID Card
- Substantiating documents
- AER application - Completed and signed



# Financial Readiness Program

ACS – 4330 Conway Rd  
(315)772-0050

## Financial Readiness

Financial Planning and Consumer Affairs Services are offered to help Soldiers and their Families develop and maintain a realistic Family budget, reduce debts, improve their credit, plan for the future through savings and investment, and resolve consumer complaints.

## Financial Counselors

Financial Counselors are available for one-on-one consultations with Soldiers and their Family members and for group presentations. Presentations are available for **any** financial related subject to include:

- |  |  |
|--|--|
| <b>Understanding Your LES</b>                  | <b>Budgets and Spending Plans</b>          |
| <b>Using Credit Wisely</b>                     | <b>Debt Elimination</b>                    |
| <b>Car Buying Strategies</b>                   | <b>Using the TSP (Thrift Savings Plan)</b> |
| <b>How to Survive the Holidays Financially</b> | <b>Financial Planning for Deployment</b>   |
| <b>Consumer Awareness</b>                      | <b>Benefits and Entitlements</b>           |

**Units, FRG’s and Directorates are encouraged to call and schedule presentations on all financial subjects for their group.**

All services provided by the Financial Readiness Program are **free of charge**.

## Financial Counseling Services

Soldiers and Families can meet with a financial counselor to discuss the management of their personal finances. The counselor develops a personal financial analysis to determine the household’s monthly living expenses and a budget is established with an emphasis on managing personal finances and tracking spending habits. Soldiers and their Families can also elect to attend a group budget management class.

***Please bring the following to your appointment or class:***

- Most recent end of month LES
- Spouse’s earning statement(s) for the past month
- Proof of any other household income
- Most recent statement from creditors (current balance, interest rate, and minimum payment)
- Checkbook and most recent bank statement

## Consumer Advocacy/Complaint Resolution Services

Helping the Fort Drum military community make educated consumer decisions. Feedback is provided to commanders on consumer issues affecting our Soldiers. If you feel that your consumer rights have been violated, you can file a consumer complaint with us by submitting [DA Form 5184](#) (Consumer Complaint) and copies of relevant documents to help the consumer advocate speak on your behalf.

## Family Subsistence Supplemental Allowance (FSSA) Pre-screening

Pre-screening and counseling for Soldiers who qualify for the FSSA entitlement. FSSA is an entitlement authorized by Congress in 2001 and created to supplement the Soldier’s Basic Allowance for Subsistence (BAS). The application for FSSA is web-based and can be found at: <https://www.dmdc.osd.mil/fssa/>.



# Soldier and Family Assistance Center (SFAC)

Clark Hall, 1st Floor  
10720 Mt. Belvedere Blvd  
(315)772-7781

## **"Serving Our Warriors and Families in Transition"**

The Soldier and Family Assistance Center (SFAC) strives to provide a supportive environment for Soldiers and Family members as they deal with the stress and uncertainty of injury and the effects of war.

The SFAC conducts referral, liaison and coordination with installation and local agencies to deliver non-medical services to Warriors in Transition and their Families, Families residing in our area whose Soldier is healing elsewhere, and the Spouses and Families of our Fallen Warriors.

The SFAC provides services on-site, brings forward services on a part-time basis, or establishes priority appointments on behalf of Wounded Warriors and their Family members.

These delivery methods along with a caring professional staff ensure Warriors and their Families are taken care of whether transitioning back to duty or continuing to serve the nation as a Veteran in their community.

## **Survivor Outreach Services (SOS)**

ACS – 4330 Conway Rd  
10720 Mt. Belvedere Blvd  
(315)772-6357

Losing a loved one is one of the most difficult things that anyone can go through. Understanding that there are often unresolved issues or questions that may surface months or even years after the loss of the Soldier, Survivor Outreach Services (SOS), an Army-wide program, was created to provide unparalleled local, long-term support services to surviving Family members.

### SOS Mission

- Expand and improve services to Survivors
- Define roles and responsibilities for all agencies and all components
- Improve responsiveness and streamline the assistance process for Families
- Provide locally available Support Coordinators and Benefits Coordinators to support Survivors

***"Our debt to the heroic men and valiant women in the service of our country can never be repaid. They have earned our undying gratitude. America will never forget their sacrifices."***

Harry S. Truman

# American Red Cross

Clark Hall – 10720 Mount Belvedere Blvd, 1st Floor

(315)772-6561

877-272-7337

[www.redcross.org](http://www.redcross.org)

## Emergency Communications

Emergency messages are sent via American Red Cross when the service member's command requires verification of an emergency or the service member's Family cannot directly contact the service member.

Messages can be regarding the death, birth or serious illness of an immediate Family member such as a parent/spouse/child and stepchild/grandparent/last living blood relative/legal guardian. An Emergency Message *DOES NOT* guarantee emergency leave. Leave is determined by the service member's chain of command.

### *When calling the Red Cross, please provide the following information about the service member:*

1. **Full Name**
2. **Rank/Rating (Rank/Pay Grade)**
3. **Social Security # and date of birth**
4. **Military Unit and Unit Location**
5. **Branch of Service (Army, Navy, Air Force, Marines, Coast Guard)**

## How it Works

- 1) An emergency happens in the Family.
- 2) The Family member contacts the American Red Cross.
- 3) The American Red Cross obtains basic information on service member and about the emergency.
- 4) Emergency is verified by the medical facility and/or qualified personnel.
- 5) Message is sent to service member's command via American Red Cross channels.

## How You Can Help!

### **Volunteer opportunities include, but are not limited to:**

*MEDDAC Clinic* (Receptionists, Pharmacy, and Laboratory)

*Briefings:* Attend Mobilization, Family, and Command Informational Briefs. Present information on American Red Cross Service to the Armed Forces and how service members and their Families can access those services in their own communities.

# Family and Morale, Welfare & Recreation (FMWR)

Clark Hall, 2<sup>nd</sup> Floor  
10720 Mt. Belvedere Blvd  
(315)772-5685

[www.drummwr.com](http://www.drummwr.com)

*Your Link to Soldier, Family and Morale, Welfare & Recreation programs and events!*

## Programs & Services

### The Preview Magazine

[www.drummwr.com](http://www.drummwr.com)

*Fort Drum's Premier FMWR Entertainment Guide & Calendar of Events.* Available as an insert in the Fort Drum newspaper, *The Mountaineer*, the third issue of each month, and is also available at any of Fort Drum's FMWR facilities.

## Better Opportunities for Single Soldiers (BOSS)

2190 Nash Blvd  
(315)772-7807

*The BOSS recreational facility is a great place for Soldiers to meet, relax and unwind.  
Trips and events are always happening at BOSS...come check us out!!!*

Adirondack lodge style lounge with movie theatre screen and surround sound, an Internet lounge, wireless internet, a large game room (video games, pool tables, foosball table and darts), a full kitchen, men & women's showers and a fenced in outdoor area with BBQ grills and picnic pavilion. The BOSS center offers movie night on Wednesday and Friday nights for Soldiers to view on our large movie theatre screen.

## Climb to Glory Fund

Accepting unsolicited donations or gifts made to the Army and intended for Military Family support.

Any individual or organization that would like to make cash donations to

The Climb to Glory Fund may contact:

**FMWR Financial Management**

Clark Hall, 2nd Floor  
10720 Mt. Belvedere Blvd.  
(315)772-5685

# Child, Youth & School Services (CYSS)

Parent Central Services  
Clark Hall, 2<sup>nd</sup> Floor  
10720 Mt. Belvedere Blvd.  
(315)772-8675  
[www.drummwr.com](http://www.drummwr.com)

Fort Drum has many programs and activities ranging from full day, part day, and hourly child care, to before and after school programs, sports, and activities for middle school and high school students. Registration for all CYSS programs is required. Registration can be completed at Parent Central Services Office.

## **Parent Central Services (PCS)**

Children must be registered with the Child, Youth & School Services Parent Central Services before participating in any CYSS program. Registration is free and must be completed annually. Registration may be completed at the PCS office. Appointments are required. Call (315)772-8675.

## **Child Development Centers (CDC) and Child Development Center Annexes**

Our Child Development Centers and Child Development Center Annexes offer programs for children 6 weeks to 5 years. Programs include full time and part day care, preschool programs as well as Army Family Covenant Care.

## **Family Child Care (FCC)**

A list of Family Child Care providers located within military housing is available through the Parent Central Services. FCC providers are required to meet Army health and safety regulations as well as receive regular inspections and training before becoming certified.

## **Parent Advisory Council (PAC)**

Learn more about Child, Youth and School Services and become more involved in the programs and special events your children participate in. The councils meet monthly at the individual CYSS programs. Contact the desired CYSS program for more information about their center-based PAC meetings.

## **School Age Centers (SAC)**

Our School Age Centers (SAC) offers a supervised comprehensive program with a variety of options for youth in Primary and Intermediate school. Among the program options available are Before and/or After School Care, Summer and Vacation Camps, and Hourly Care. SAC integrates programs such as the Boys & Girls Club, the 4-H club, and Character Counts into daily activities. The goal for SAC is to provide safe, flexible and affordable before and after school child care options for parents with fun and enriching choices for youth.

## **SKIES Unlimited**

Schools of **K**nowledge, **I**nspiration, **E**xploration and **S**kills.

Instructional programs for children ages 3 - 18. Designed for youth to expand their knowledge, be inspired, explore, and acquire skills. Programs include dance, gymnastics, martial arts, fine arts, music, sports, and much, much more.

## **Web sites for Military Youth**

Military Youth on the Move - <http://apps.mhf.dod.mil/myom>

Boys & Girls Clubs of America - [www.bgca.org](http://www.bgca.org)

4-H - [www.4husa.org](http://www.4husa.org)

## **Youth Services (YS) (Middle and High School)**

- A full sized gymnasium with indoor and outdoor basketball courts
- An outdoor skate park
- Separate recreational areas for Middle and High School students
- Lounges that are outfitted with plush and comfortable furniture
- The latest video game consoles with up-to-date games
- USDA Snack served daily
- A band room equipped with instruments and the ability to record your own amateur demos
- A homework center staffed with a teacher to assist
- Technology and Fine Arts support for the home school program
- A state-of-the-art computer lab staffed with a knowledgeable instructor who can assist you in all your computer/multimedia needs
- A fine arts program instructed by a successful local artist
- Extended hours for Summer to include a full day camp for Middle School students
- Special events: dances, game nights, trips, talent shows, and lock-ins

## **Youth Sports and Fitness**

Offering youth opportunities to participate in sports programs as an individual or team member, as well as fitness opportunities. Sports programs are available for youth from 3 - 13 years of age. Programs include baseball, T-ball, football, soccer, basketball, lacrosse, cheerleading and golf.

## **School Liaison Office**

(315)772-3214/1311

The School Liaison Officer assists military Families with transitions to local schools. CYSS is dedicated to maintaining a positive and productive relationship between our Families and the schools that serve them.

### **Documents Needed for School Registration**

1. Student's Birth Certificate
2. Student's Social Security Number
3. Student's Immigration Record
4. Proof of Residency (housing letter)
5. Most Recent Report Card
6. Current IEP (if applicable)

### **Special Needs Students**

The SLO can assist parents with the Individual Educational Planning process and refer Families to many additional resources.

[www.benchmarkfamilyservices.com](http://www.benchmarkfamilyservices.com); [www.dpao.org](http://www.dpao.org)  
[www.jeffrehabcenter.org](http://www.jeffrehabcenter.org); [www.nctls.org](http://www.nctls.org)  
[www.nnycerebralpalsy.com](http://www.nnycerebralpalsy.com); [www.nrcil.net](http://www.nrcil.net)

### **Additional Educational Resources**

DoDEA Education Partnership - <http://militaryk12partners.dodea.edu>  
Family web site - [www.myarmylifetoo.com](http://www.myarmylifetoo.com)  
Impacted schools - [www.militaryimpactedschoolsassociation.org](http://www.militaryimpactedschoolsassociation.org)  
Military One Source - [www.militaryonesource.com](http://www.militaryonesource.com)  
Military Child Education Coalition - [www.militarychild.org](http://www.militarychild.org)  
Military Students - [www.militarystudent.dod.mil](http://www.militarystudent.dod.mil)  
Military Teens on the Move - [www.dod.mil/mtom/index\\_t.htm](http://www.dod.mil/mtom/index_t.htm)  
National Military Families Association - [www.nmfa.org](http://www.nmfa.org)  
Operation Military Kids - [www.operationmilitarykids.org](http://www.operationmilitarykids.org)  
Relocation sites - [www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)

### **Local Public Schools**

*Carthage Central and Indian River Central Schools serve Families living on Fort Drum.*

Alexandria Central - [www.alexandriacentral.org](http://www.alexandriacentral.org)  
Beaver River Central - [www.brcsd.org](http://www.brcsd.org)  
Belleville Henderson Central - [www.bhpanthers.org](http://www.bhpanthers.org)  
Carthage Central - [www.carthagecsd.org](http://www.carthagecsd.org)  
Copenhagen Central - [www.ccsknights.org](http://www.ccsknights.org)  
General Brown Central - [www.gblions.org](http://www.gblions.org)  
Gouverneur Central - <http://gcs.neric.org>  
Indian River Central - [www.ircsd.org](http://www.ircsd.org)  
LaFargeville Central - [www.lafargevillecsd.org](http://www.lafargevillecsd.org)  
Liverpool Central - [www.liverpool.k12.ny.us](http://www.liverpool.k12.ny.us)  
Lowville Academy & Central School - [www.lacs-ny.org](http://www.lacs-ny.org)  
Lyme Central - [www.lymecsd.org](http://www.lymecsd.org)  
Sackets Harbor Central - [www.sacketsharborschool.org](http://www.sacketsharborschool.org)  
South Lewis Central - [www.southlewis.org](http://www.southlewis.org)  
South Jefferson Central - [www.spartanpride.org](http://www.spartanpride.org)  
Thousand Islands Central - <http://1000islandsschool.org>

### **Local Private Schools**

Carthage Augustinian Academy - [www.caugustinian.org](http://www.caugustinian.org)  
Faith Fellowship - [www.desent.com/ffcs/school.htm](http://www.desent.com/ffcs/school.htm)  
Immaculate Heart Central - [www.ihchs.org](http://www.ihchs.org)  
St James Catholic School - <http://stjamesgov.org>

# Army Family Covenant In Child, Youth and School Services Programs

CYSS Outreach Services  
(315)772-3677/8672

## What is the Army Family Covenant (AFC)?

It is a commitment from the Army to enhance Family readiness by providing additional support to Families especially during deployments.

## Do I qualify for AFC benefits as a spouse of a Soldier who is:

- Deployed
- A member of a Rear Detachment
- A Wounded Warrior,
- A Fallen Warrior,
- On TCS, TDY, PCS (unaccompanied tour).

**The answer is absolutely!**

## How can I claim my AFC Benefits?

- \* You must register your Family members with Child, Youth and School Services (CYSS). Registration is FREE. Registration information and packets can be obtained at Parent Central Services located at Clark Hall, 2<sup>nd</sup> floor, MWR window or at [www.drummwr.com](http://www.drummwr.com) the CYSS business online website.
- \* You must bring your child's shot records, sponsor (LES) and, if working spouse, proof of income, and official documentation verifying your category under the AFC.
- \* Official documentation for most categories will be in the form of Orders. For Rear Detachment Soldiers, you can provide Orders or a Memorandum from your Commander (signed and dated). Wounded Warrior Soldiers must also provide appointments/physical therapy documents related to injury for free hourly medical appointment care.

AFC Care is provided on a **reservation** basis. Reservations may be made up to one month in advance. Reservations are taken on a first come first served basis. Please call the respective center to make or cancel a reservation. Cancellations must be made before reservations begin. Reservations that are not cancelled 30 minutes after the scheduled reservation time, parents will be charged a no show fee – either half of the reserved time or 4 hours of reserved care, which ever is least. Payment must be made prior to next reservation.

# Army Family Covenant In Child, Youth and School Services Programs

CYSS Outreach Services  
(315)772-3677/8672

*All information is subject to change*

## **Deployed**

- 16 hours free care per month/per child at Hourly care
- \$2.00 per hour after 16 hrs of free monthly hourly care
- Free Care for deployment briefings
- Free Care for FRG meetings
- (including one month prior and 90 days after deployment)
- 20% fee discount for Full & Part Day care with a working spouse
- \$300 SKIES Credit (instructional) per year
- \$100 CYSS Sports Credit per year

## **Wounded Warrior Soldiers**

- 16 hrs free care per month/per child at Hourly care
- \$2.00 per hour After 16 free hours of hourly care
- Free Care for deployment briefings
- Free Care for FRG meetings
- \$300 SKIES Credit per fiscal yr.
- \$100 CYSS Sports Credit per fiscal yr.
- Unlimited Free Hourly Care for Medical appointments (between 0730 and 1730)
- Reduction to CAT I for Full Day/Part Day Care

## **Temporary Change of Station (TCS)/PCS for Unaccompanied Tour/TDY (90-170 days)**

- 16 hours free care per month/per child at Hourly care.
- \$2.00 per hour After 16 free hours of hourly care
- Free Care for deployment briefings
- Free Care for FRG meetings
- \$150.00 SKIES Credit (instructional) per yr.
- \$50.00 CYSS Sports Credit per year

## **Fallen Warriors (during designated period)**

- 16 hours free care per month/per child at the Hourly care
- \$2.00 per hour after 16 free hours of hourly care.
- Free Hourly Care for Memorial Service (all attendees)
- Reduction to CAT I for Full Day/Part Day Care - - 40 hours of free care for immediate Family
- \$300 SKIES Credit (instructional) per year
- \$100 CYSS Sports Credit per year

## **Rear Detachment Cadre/ WTU Cadre**

- 5 hours free care per month/per child at Hourly care
- \$2.00 per hour After 5 free hours of hourly care
- Free Care for deployment briefings
- Free Care for FRG meetings
- \$150.00 SKIES Credit (instructional) per year
- \$50.00 CYSS Sports Credit per year

## **Please Note:**

*FRG meetings require contracts to reserve group care. Contracts can be obtained from the CYSS Deployment Specialist at 772-3677.*

# Fort Drum Lodging

4205 Po Valley Road  
(315)772-8154

A variety of temporary lodging facilities are available. Please call or visit our website for details.

*Reservation for permanent change of station may be made up to six months in advance.*

**Reservations** - Made by calling (315)772-8154

**Check In and Check Out** - Check-in time is after 2 pm, unless reservations are secured prior to check-in with a credit card. Check out time is 11 a.m.

**Continental Breakfast** - There is a continental breakfast and fresh coffee offered daily. The Fort Drum fire department prohibits personal cooking appliances in rooms, but a complimentary continental breakfast is available just off the Fort Drum Inn's main lobby 7 days per week. Snacks, micro-wave foods, and soft drinks are also sold at the front desk.

**Housekeeping** - Housekeeping services are provided on a daily basis.

**Pets** - There are a limited number of rooms available where you can stay with your pet. These rooms fill up quickly and often operate at 100% capacity.

**For guest convenience, lists of local off-post kennels and veterinary services are available.  
Please call Lodging at (315)772-8154**

**Remington Park Cabins** - Each cabin sleeps 4. Reservations may be made by calling the (315)772-8154.

**Remington Park RV Park** - Rent an RV or bring your own. Reservations may be made by calling (315)772-5435.

## Clubs & Restaurants



**Fort Drum's Conference & Banquet Facility**  
4350 Euphrates River Valley Road  
(315)772-6222

The Commons offers a variety of facility spaces to meet event needs. Facilities include small and large ballroom spaces, conference rooms and two lakeside lodges at Remington Pond. The Commons also provides catering services.

### **BUSTER'S BREW PUB & RESTAURANT**

The Pub brews its own beer (6 different beers on tap) and root beer right on the premises. Enjoy salads, steaks and specialty sandwiches with such favorites as the Commando, the Muleskinner, the Warrior and the Falcon. A children's menu is also available.

### **THE WINNER'S CIRCLE**

**A sports bar with an Internet corner Cyber Café**

Offering the latest in state-of-the-art audio-visual equipment, with 16 television screens, one wall size large screen TV, a dance floor, great surround sound equipment, and a dazzling light display. The Cyber Cafe, an Internet corner complete with several computers set up to explore the internet while you enjoy the festive atmosphere of the sports bar.

# FMWR RECREATION

11115 Iraqi Freedom Drive  
(315)772-0045/8222/4010

## Adventure Training

Paintball ♦ Guided Hunting and Fishing ♦ Guided ATV and Snowmobile Trips  
Geo-Caching ♦ Orienteering ♦ Sportsman Shooting (archery, skeet, trap and range)

## Extreme Sports

Hang Gliding ♦ Free Fall and Static Parachuting ♦ Balloon Bungee Jumping  
Whitewater Rafting ♦ Mountain Biking

Paintball Arenas – Field Play – Indoor Megarena Play – Scenario Play – X-Ball  
Reservations required. Please call (315)772-4010/0045.

## Parks & Recreation

11115 Iraqi Freedom Drive  
Gear to Go: (315)772-5169 Travel: (315)772-8222

### Golf Simulator

Practice on the driving range or play 18 holes on world famous courses.  
The options are limitless including leagues and tournaments.

### Cross-Country Skiing / Mountain Bike Trails

Maps of the trails on the north side of the post are available at Parks and Recreation.

### Gear-To-Go

Offering a wide variety of equipment available for use - canoes, tents, bicycle, campers, sleeping bags, ice-fishing equipment, skiing & snowboarding packages. Special event items - inflatable slides, character costumes, popcorn, cotton candy, and Sno-Kone machines.

### Travel Center

Offering information and discounted tickets to a number of local and national attractions. The staff can also make reservations for cruises and vacations with Disney. The Travel Center also offers a variety of day and weekend trips. Some of the more popular trips include New York City weekend trips, amusement park trips (Darien Lake Amusement Park and Water Safari), outlet shopping trips, and sporting event trips (NASCAR races, baseball and football games).

### Unit Trips and Programs

Parks and Recreation will work with units to plan trips, outings, special events, and special PT programs.

# Remington Park

Lodges: (315)772-6222  
Pavilions: (315)772-8222

Remington Park is Fort Drum's premier recreational facility offering a variety of activities for individuals and units alike. The park is located on the shores of Fort Drum's Remington Pond.

*The park features large and medium pavilions, picnic tables for smaller groups, volleyball, horseshoes, playgrounds, fishing docks (catch and release only), a beach area, a fitness trail, and food concessions.*

*Two lodge facilities are available for rent (day use for special events) through the Fort Drum Commons.*

## Family Beach

The beach offers swimming, paddleboat, and kayak rentals.

## Dog Park Kennel Play Area

A fenced in play area is located at Remington Park designed to give pets a safe place to run with adult owner/handler.

## Lodges

Reservations for the lodge facilities may be made through the Fort Drum Commons Catering office at (315)772-6222.

## Pavilions

Reservations may be made for the pavilions through the Parks and Recreation office at (315)772-8222.

## Remington Park Cabins

Each cabin sleeps 4. Reservations may be made by calling the Fort Drum Inn at (315)772-8154.

## Remington Park RV Park

Rent an RV or bring your own. Reservations for the RV Park may be made by calling (315)772-5435.

# The McEwen Library

4300 Conway Road  
(315)772-9099

The Army Library Program's worldwide network of academic, research, technical, general, and special libraries provides the Army community access to a selected group of Web resources via the *Digital Army Library Service*. The virtual reference desk, research tools, reading room for professional military education, databases, and links to Web-based library catalogs are accessible at your desktop 24/7.

## *Library Highlights*

**10th Mountain Division Collection ☼ Free Computer & Internet Access ☼ Computer Room for Parents**

**Movies on DVD & Books on CD ☼ Children Story Times**

# Magrath Sports Complex

10050 Tigris River Valley Rd  
(315)772-9670/9674

This state-of-the-art facility is the focal point for many of Fort Drum's sports programs. The building houses three basketball/volleyball courts, a 25-meter indoor pool, two saunas, an indoor running track, an exercise room equipped with the latest in Nautilus, Life Fitness, Hammer and weightlifting equipment, cardiovascular machines, two racquetball courts, an indoor running track, and an open exercise area for classes. Outside, there is a football/soccer field, four lighted softball fields, four lighted tennis courts, and an outdoor running track. Personalized physical fitness instruction and health management is offered to help meet lifestyle goals.

## Monti Physical Fitness Center

4305 Conway Road  
(315)772-4936

This state of the art fitness center has spacious cardio and weight rooms that are outfitted with the latest equipment on the market today. In addition there are two multipurpose classrooms which house a variety of aerobic classes and special events, a 25-meter 8-lane indoor wave pool, and a small toddler pool are situated next to a fenced in outdoor deck. There are also two basketball/volleyball courts, ample locker rooms outfitted with men's and women's specific saunas. Outside there are three pavilions available for reservation. Please contact the facility for fee information. There are also three soccer/football fields and two playgrounds.

### **Aerobics and Fitness Classes**

This facility offers a wide variety of classes. A certified personal trainer can also meet with you for a fitness assessment or introduction to the weight room. Classes and fitness assessments are available to all ID card holders. Contact the facility for class times and dates.

### **FRG Organizational Days**

This is a prime location for your organizational day. The entire facility can be reserved for your brigade or battalion level party. Please contact the manager for reservations (315)772-4806.

### **Pool**

The 25 meter, 8-lane wave pool is the prime location for recreation swimming. It is equipped with a wave pool, a slide and a diving board. Water aerobics classes are also offered. Please contact pool staff (315)772-4807.

## Pines Plains Bowling Center

4320 Conway Road  
(315)772-6601

24-lane bowling center featuring automated, computerized scorekeeping consoles and overhead scoring monitors. The center contains a unique snack bar/smokehouse eatery.

### **All-You-Can-Bowl**

**Birthday Parties**

**Bowl-a-Lunch**

**Bumper Bowling**

**Cosmic Bowling**

### **Lil' Skeeter's Restaurant**

Serving the most scrumptious BBQ Sandwiches, pizza, burgers, hoagies, salads, and more. While famous for their in-house Hickory Smoked BBQ's and sauces, Lil' Skeeter's also offers a range of other mouth watering treats such as chicken tenders, buffalo wings, hot dogs, nachos, coleslaw, baked beans, macaroni and potato salads, corn bread, French fries, and onion rings. Dine in or take out.

# Arts & Crafts Center

4325 Conway Road

(315)772-6857

Retail Store and Front Counter: (315)772-5606

Craft Cabin: (315)772-6857

The retail store carries a large variety of fine art and craft supplies, including those needed for classes.

## Classes Routinely Offered (subject to change)

**Woodworking Safety & Orientation**

**Ceramics Qualification.**

**Basic Sewing**

**Basic Stained Glass**

**Framing**

**Pottery**

**Sewing and Quilting**

## Do It Yourself Portraits

Portraits in a Box is an inexpensive way to get Family portraits done in a studio setting

## Studios

Studios are open for use on a walk-in basis.

# Auto Craft Center

11120 Iraqi Freedom Drive

(315)772-5785

## Self Help Center

*Orientation and/or welding class is required to use facility.*

Regular bays, vehicle lifts, paint booth, body bays, welding, machine shop, wheel balancing, engine overhaul bay, a RV lift, lubrication bays, tire changes and balancing, computer diagnosis, electrical systems testing, and special tools.

## Towing Service

On and off-post towing to/from Family housing is available. Off-post cost is determined by distance. Lock out service is available. Contact the front desk at 772-5785 or cell 783-5784

## Automotive Parts Store

Our well-stocked parts store offers a variety of frequently needed parts.

## Welding classes

Designed to teach fundamental repairs and equipment usage.

## Propane Service

Propane tanks can be filled if tanks meet the applicable safety requirements.

# In-Processing Information

Fort Drum Reception Activity  
(315)772-7529 or 1-800-661-7158  
Clark Hall Lobby - 10720 Mount Belvedere Blvd

**Clark Hall & the Reception Activity is staffed 24 hours a day, 7 days a week, including holidays and training days.**

**All in-processing Soldiers must sign-in at Clark Hall Building P10720, Mt. Belvedere Blvd.**

A copy of DA Form 31 (Leave), assignment orders and/or amendments, health and dental records, and Military Personnel Record Jacket (if applicable) must be in your possession. Be prepared to fill out information sheets pertaining to DD Form 93 and SGLI updates and medical pre-screening forms, to expedite your in-processing at Ft. Drum. If your arrival is at the Syracuse, New York airport or Watertown Airport, it is your responsibility to coordinate and complete your travel to Fort Drum. Ensure that you save all your receipts so that you can make an appropriate travel claim when you in-process the installation. All in-processing Soldiers arriving at the Syracuse Airport must report to the CPL Gregory J. Harris Courtesy Room for assistance with making travel arrangements to Fort Drum. All in-processing Soldiers arriving at the Watertown Airport or Bus terminal must call Reception activity at 772-7529 or 1-800-661-7158 for assistance with making travel arrangements to Fort Drum. Below is listed some general information that may assist you.

**CPL Gregory J. Harris Military Courtesy Room:** Located at Syracuse International Airport next to baggage claim, the Military Courtesy Room welcomes Soldiers and Families arriving to or departing from the airport. The volunteers who staff the room will assist newly arriving Soldiers and Families with coordinating transportation to Ft. Drum including free shuttle transportation via Ft. Drum Reception Activity shuttle bus.

**Bus Schedule:** Contact Adirondack Trailways at 800-776-7548 or online at [www.trailwaysny.com](http://www.trailwaysny.com) for Schedule and Fare Information.

**Shuttle Service:** Airport shuttle service to Fort Drum is limited and expensive. On average, costs can exceed \$150.00. Plan ahead and contact the Airport for more information on possible shuttle services and costs. Remember to get and save your receipts.

**Taxi Service:** Taxi service from Syracuse to Ft. Drum averages \$150.00. Average costs for a taxi from Watertown Airport to Fort Drum is \$10 to \$15. Typically, taxis do not provide receipts. If the cost is under \$70.00, Finance does not require a receipt. Ensure that you record the transaction so that you can claim it as a travel expense.

**Emergency Travel Assistance:** If you require emergency financial travel assistance, contact the Red Cross Travel Assistance at 1-877-272-7337. Additionally, Military OneSource can be contacted at 1-800-342-9647.

**Late Arrivals:** If you are arriving at either Syracuse Airport or Watertown Airport late in the evening when travel options are limited, contact the Reception Activity toll free at 1-800-661-7158 or DSN 772-7529.

Remember, it is your responsibility to coordinate and complete your travel to Fort Drum. For additional information, requesting a leave extension, or reporting a change in your arrival date, contact the Army Traveler's Assistance Center at toll free: 1-800-582-5552.

### **\*\*\*Driving in Canada\*\*\***

Soldiers and/or Family members stopped by Canadian Police may be asked to provide legal proof of automobile insurance written in French as well as English. If you fail to show proof of insurance, your automobile may be impounded and you may be required to pay as much as \$1,000 to have your vehicle released. You can avoid the risk of having your car impounded by purchasing a Canadian rider through your automobile insurance carrier. A Canadian rider is merely proof of insurance card written in French and English. Most insurance carriers provide a Canadian rider for free or at minimal cost.

### **\*\*\*Weather in the North Country\*\*\***

The weather in northern New York can be very extreme in the winter months with temperatures dropping below zero. Always be prepared to wear a jacket, gloves, insulated boots, and headgear during the winter season. Be prepared to purchase a snowbrush and ice scrapper for your vehicle. You can contact the local highway patrol at (315)782-2112 for current road conditions or visit one of your local websites that provide weather updates.

**Household Goods****Personal Property Shipping Office:**

10720 Mount Belvedere Boulevard  
Clark Hall, 2nd Floor  
Monday - Friday – 7:30 a.m. – 5:00 p.m.  
(315)772-7776

**Travel Office****Passenger Travel/Port Call**

10720 Mount Belvedere Boulevard  
Clark Hall, 2nd Floor  
Phone (315)772-5816  
Fax (315)772-3945  
Monday – Friday – 7:30 a.m. – 4:00 p.m.

**(Official) - Carlson Wagonlit**

10720 Mount Belvedere Boulevard  
Clark Hall, 2nd Floor  
Phone (315)772-5750  
Fax (315)772-4745  
Monday – Friday – 7:30 a.m. – 4:00 p.m.

**Finance Office****Military Finance Customer Service**

10720 Mount Belvedere Boulevard  
Clark Hall Lobby  
Phone (315)772-5529  
Fax (315)772-7446  
Customer Service: Monday – Friday 9:30 a.m. – 4:00 p.m.

**New York Department of  
Motor Vehicles**

Fort Drum Branch  
10720 Mount Belvedere Boulevard  
Clark Hall, 1st Floor  
(315)772-0543  
[www.nydmv.state.ny.us](http://www.nydmv.state.ny.us)

**Financial Institutions****AmeriCU Federal Credit Union**

10750 Enduring Freedom Drive  
Phone (315)772-5244  
Monday – Wednesday – 9:00 a.m. – 4:30 p.m.  
Thursday and Friday – 9:00 a.m. – 5:30 p.m.

**KeyBank, N.A.**

Fort Drum Branch  
10760 Enduring Freedom Drive  
Building P-10760  
Phone (315)773-0155  
Monday – Friday – 9:00 a.m. – 4:30 p.m.

**Post Office**

United States Postal Service - Fort Drum Branch  
10720 Mount Belvedere Boulevard  
Clark Hall, 1st Floor  
(800) ASK-USPS  
(315)772-5220  
Fax: (315)786-5975  
[www.usps.com](http://www.usps.com)

## ID Cards & DEERS Enrollment

Clark Hall - 10720 Mount Belvedere Blvd  
(315)772-5149

Military personnel are enrolled in the Defense Enrollment Eligibility Reporting System (DEERS) when they enter active duty. However, to enroll Family Members there must be legal documentation presented. Active-duty personnel can update the status of Family members by presenting such legal documents as marriage certificates, birth certificates or adoption papers. Additional documentation may be required. Enroll newborns on DEERS as soon as possible after birth. Check DEERS data yearly to ensure information is up to date at any ID card center. Children are eligible to receive an ID card at age 10. Unmarried children attending an accredited educational institution on a full-time basis are eligible to retain an ID card until the age of 23.

**Fort Drum personnel and the surrounding community can now schedule ID Card appointments:**

**Online - [www.drum.army.mil](http://www.drum.army.mil) Link: ID Cards/DEERS**

**Phone - (315)772-5149**

**Email - [drum.dhr.idcards@conus.army.mil](mailto:drum.dhr.idcards@conus.army.mil)**

Although appointment timeslots are filled on a first-come first-served basis, these options grant customers greater control and flexibility during the scheduling process. Please plan accordingly for expired ID cards. ID cards may be issued 30 days prior to expiration date. Also, we will allow for a small number of walk-in appointments a day for emergency situations.

# Healthcare

## **U.S. Army Medical Department Activity - Guthrie Ambulatory Health Care Clinic (315)772-2778**

The mission of the U.S. Army Medical Department Activity is to provide customer-focused, quality health care to all eligible beneficiaries and to promote and manage all aspects of health care and medical readiness to the Fort Drum community.

The MEDDAC is comprised of many different sections located in various buildings throughout Fort Drum and supports approximately 35,000 beneficiaries. Primary medical care for most active-duty Soldiers is provided at the Conner Troop Medical Clinic. Primary and specialty care for active-duty, Family members and retirees is provided at Guthrie Ambulatory Health Care Clinic, Bldg. P-11050, on Mt. Belvedere Boulevard.

To be eligible for care at all MEDDAC facilities, beneficiaries must be enrolled in the Defense Enrollment Eligibility Reporting System (DEERS) and present a valid military ID card when signing into the clinic.

Guthrie Ambulatory Health Care Clinic offers a wide variety of outpatient services to include an Acute Care Clinic, ambulance services, Family Practice Clinic, Specialty Clinic (which includes Podiatry, Orthopedics, Immunizations, Audiology, Pediatrics and Physical Therapy), Pharmacy, and a Health Care Finder service. The Composite Health Care System is an advanced health care information system in place to support the activities at the clinic. The Fort Drum Obstetrics/Gynecology Clinic is located in Watertown at Samaritan Medical Center.

Health care delivery at Fort Drum is unique. Although the MEDDAC supports a light infantry division, it has no inpatient capabilities. Local civilian hospital facilities provide most of MEDDAC's inpatient needs. The majority of MEDDAC physicians are privileged at these facilities and continue to provide care during patient hospitalization.

### **Health Care Options**

Health care options under TRICARE, the Department of Defense health care program, includes:

#### **TRICARE Prime**

Active-duty military members are required to enroll into Prime and have the highest priority for care. All Prime enrollees take priority over those patients not enrolled in the program, who are seen on a space-available basis only. TRICARE customer-service representatives and MEDDAC personnel located at the Patient Service Center in Guthrie Ambulatory Health Care Clinic can assist with TRICARE issues.

### **TRICARE PRIME PATIENTS MAY OBTAIN SAME DAY APPOINTMENTS ACCESS IS ONE PHONE CALL AWAY!**

TRICARE Prime patients - Did you know that if you or your TRICARE Prime Family member has an urgent or otherwise same-day medical issue, you may be seen on the same day? Your same-day appointment is one simple phone call away. If you are enrolled to one of the Fort Drum clinics, simply call 772-2778 to schedule an appointment. If none is available, you may be seen at Guthrie's Acute Care Clinic. If you are enrolled to a civilian network primary care manager, he or she may give you the same type of same-day access, either in your assigned clinic or authorization for an urgent care clinic visit.

Obtaining care in an urgent care clinic is free-of-charge to all active duty service members and their Family members enrolled in TRICARE Prime, as long as they coordinate with the appropriate primary care manager as described above. The process is fast, simple, and totally paperless. Save yourself and your Family the hassle of paperwork and waiting for several hours in an emergency room for an acute or minor illness when one of our network urgent care clinics can expertly treat you in a fraction of the time.

**If you have any questions, please call (315)772-2778 and ask to speak to a triage nurse. For your convenience, the four area urgent care clinics and their locations are listed:**

**Med Ready Medical Group**

19472 US RT 11, Watertown, NY 13601  
(315) 779-1104

**QuikMed Urgent Care**

727 Washington Street, Watertown, NY 13601  
(315) 785-7009

**Watertown Urgent Care**

457 Gaffney Drive, Watertown, NY 13601  
(315) 779-2273

**North Country Urgent Care**

21017 Route 12F, Watertown, NY 13601  
(315) 786-3436

**TRICARE Standard**

This option pays a share of the cost of covered health care services that a patient obtains from an authorized civilian health care provider. There is no enrollment in TRICARE Standard. People pay the normal TRICARE Standard deductibles for outpatient care and the cost-sharing percentages.

**TRICARE Extra**

With this option, patients don't have to enroll or pay an annual fee. They do have to satisfy an annual deductible for outpatient care, just as under TRICARE Standard. On a visit-by-visit basis, patients seek care from a provider who is part of the TRICARE Extra network, get a discount on services, and have reduced cost-shares-five percent less than under TRICARE Standard. Also, the patient doesn't generally have to fill out claims forms.

## DEERS

Military personnel are enrolled in the Defense Enrollment Eligibility Reporting System (DEERS) when they enter active duty. However, to enroll Family members there must be legal documentation presented.

Active-duty personnel can update the status of Family members by presenting such legal documents as marriage certificates, birth certificates or adoption papers at the local DEERS office located in Bldg. T-145 (ID Card Section). Additional documentation may be required. If this is not done, Family members may be denied health benefits, other than emergency care.

Enroll newborns on DEERS as soon as possible after birth. For more information, call (315)772-5149.

Check DEERS data yearly to ensure information is up to date at any ID card center. Children are eligible to receive an ID card at age 10. Unmarried children attending an accredited educational institution on a full-time basis are eligible to retain an ID card until the age of 23.

## Dental

**U.S. Army Dental Activity Soldiers**

The DENTAC works to maintain the dental health and readiness of 10th Mountain Division (LI) Soldiers and other service members stationed at Fort Drum. They use the latest technology to provide high quality routine dental care to Soldiers, emergency treatment for all eligible beneficiaries, support mobilization activities, and train dental personnel for their role as part of deployed forces.

**TRICARE Dental Program - Families**

The TRICARE Dental Program, (TDP), is a voluntary, comprehensive and affordable dental plan available to Family Members of all qualifying active-duty personnel, and to Selected Reserve and IRR members and/or their Families. The TDP has cost shares, benefit maximums and coverage limitations similar to other group dental insurance plans. United Concordia Companies, Inc. (UCCI) administers the TDP.

Enrollment is online at [www.tricare dental program.com](http://www.tricare dental program.com), or enrollment forms are available at DENTAC clinics, by calling UCCI at 1-888-622-2256, and at the office of the TRICARE Health Benefits Advisor.

# Behavioral Health Services Support

U.S. Army Medical Department Activity, Fort Drum, NY  
(315)772-6890

Behavioral Health services that are available at the U.S. Army Medical Department Activity, Fort Drum, are as follows:

Behavioral Health  
Substance Abuse  
Social Work Services  
Samaritan Behavioral Health Services

The Behavioral Health Clinic is staffed by both military and civilian providers who provide clinical diagnosis and outpatient health services to active duty Soldiers, with the goal of optimizing performance and ensuring readiness. Specific program services include:

- Behavioral Health Counseling - Individual and Group
- Medication Management
- Cognitive screening assessment for TBI, Depression, PTSD, Anxiety, Bipolar, ADHD.
- Psychosis - Personality Disorders
- Tele-Behavioral Health Services
- Daily Walk-in Service to Assess for Urgent Behavioral Health Issues
- 100% screening of all Soldiers on arrival to Fort Drum
- Conducting stress reduction and other briefings, and promoting awareness of available services
- Referrals to inpatient care at local civilian or Army facilities as needed
- Consulting with commanders regarding individual Soldiers and unit organizational challenges
- Evaluating Soldiers for medical evaluation boards (MEBs), administrative separation, sanity boards, security clearances and Army schools
- Providing Psychological testing and stress management

After Hours Emergency Service (Holidays and Weekends) before 9:00 p.m.: Acute care Clinic (315)772-5236

After 9:00 p.m. Samaritan Medical Center Emergency Department (315)785-4100; Military Police (315)772-2677

## Behavioral Health

The Behavioral Health Department in conjunction with the Fort Drum/ Samaritan Behavioral Health Clinic (a satellite clinic) provides comprehensive mental health services, i.e., psychiatry, psychology and social work services, and substance abuse/dependence services for all Active Duty Soldiers. Specific clinics with Behavioral the Health Department include the Army Substance Abuse Program, Behavioral Health Clinic, and Social Work Services. These Services work in conjunction with Fort Drum programs such as the Army Community Service, Divisional Mental Health assets, Installation Chaplaincy and the Suicide Prevention Program to provide behavioral health evaluation and treatment to Soldiers and Family members.

Commanders often need assistance in obtaining help for troubled Soldiers. In most cases, this also includes helping the Family members. Helping the whole Family allows Soldiers to focus on their military duties. The Behavioral Health Department can assist unit commanders by providing guidance and assistance to ensure mission readiness. Additionally, the Behavioral Health Department actively participates in the NCOPD/OPD program by providing unit-level training on the Family Advocacy Program, Suicide Prevention, Stress Management, Mental Health Evaluation, Substance Abuse, Education and Counseling and other available services.

Services are available to all active duty Soldiers and their immediate Family members. However, in some cases, clients may need to be referred to civilian providers through the TRICARE health system. Clients may be self-referred, command-referred or medically referred by any professional within the health care system.

### **Behavioral Health Department Core Services:**

- Behavioral Health Counseling - Individual and Group
- Medication Management
- Tele-Behavioral Health Services
- Alcohol and Substance Abuse Treatment
- Social Work Services
- Daily Walk-in Service to Assess for Urgent Behavioral Health Issues

After Hours Emergency Service (Holidays and Weekends) before 9:00 p.m.: Acute care Clinic (315)772-5236; After 9:00 p.m. Samaritan Medical Center Emergency Department : (315)785-4100

24 Hour Crisis Line: (315)785-4516

National Suicide Prevention Hotline: 1-800-273-8255

## **Social Work Services**

The Social Work Services Clinic, comprised of both civilian and contractors, provides two distinct services: Family Advocacy and Social Work Services. Specific clinic services for both of these programs are listed below.

### **Family Advocacy Program**

- Intervention and treatment for cases of domestic violence, child abuse, child neglect and sexual abuse/assault that involve Soldiers and their Families as governed by AR 608-18.
- Counseling, information, and resources to Soldiers and Families in the form of individual counseling, marital counseling, group counseling and referrals to other agencies including, but not limited to, ASAP, tele-psychiatry, and other off-post agencies.
- On Call Licensed Clinical Social Worker is available 24 hours a day, 7 days a week. During the duty day: 7:30 a.m. - 4:00 p.m., call (315)772-3626 to speak with a Social Service Assistant with the FAP. The military police is the reporting Point of Contact for all SWS needs after duty hours. MP Station: (315)772-2677.

### **Social Work Services**

- Counseling services for individuals, Families, marital, children, adolescent, groups and adults. The core services of couples counseling and individual counseling never change, however, different groups are always evolving and new groups are added as the needs of the patient population dictate. Please call for an updated list of services and groups we are offering.
- Licensed Clinical Social Workers or Licensed Marital Family Therapists on site to provide all counseling and other appropriate services.
- Tele-psychiatry service for Family members (adult spouses and children of Soldiers) available on location in the clinic. Associated therapy for the tele-psychiatry services are provided on location in the clinic.
- Extensive referral system to ensure all patient needs are met.

# **Army Substance Abuse Program (ASAP)**

Alcohol and Drug Control Officer (ADCO) (315)772-6701

Administration Clerk (315)772-6701

Employee Assistance Program Coordinator (EAPC) (315)772-6705

Installation Biochemical Test Coordinator (IBTC) (315)772-8802

Risk Reduction Program (315)772-5447

Prevention Coordinator (315)772-9017

The ASAP Clinic offers a variety of educational, therapy and support groups to assist clients identified with substance abuse problems.

## **Specific program services include:**

- Screenings, assessments, intervention, education, counseling, case management and referral services to active duty Soldiers identified as possible alcohol and/or other drug abusers.
- Services are available to Family members of active duty Soldiers, retirees and other eligible members of the Fort Drum Community when space is available.
- Effective alcohol and other drug abuse counseling ensuring patients develop and individualized treatment plan with measurable goals.
- Services that restore to duty those substance-impaired Soldiers who have the potential for continued military service.
- Evaluation of Soldiers applying for a security clearance who have had past alcohol/drug related incidents.
- Referrals to intensive, partial hospital or inpatient care at civilian or military facilities as needed.

Soldiers may self-refer for enrollment into the ASAP, or they may be mandatorily enrolled based on any of the following types of referrals:

- Command/Supervisor
- Medical
- Investigation/Apprehension
- Biochemical

ASAP service for Family members and other Civilians are provided through the Employee Assistance Program (EAP).

## **Samaritan Behavioral Health Clinic**

165 Coleman Ave

Watertown, NY 13601

(315)782-2061

The Samaritan Behavioral Health Clinic is a unique community partnership established to meet the behavioral health needs of active duty and other DoD eligible beneficiaries. Operation of the clinic is based on contractual arrangement between Samaritan Medical Center and Health Net Federal Services which allows Soldiers to receive behavioral health services at its off post location without referrals. Appointments are made by calling (315)782-2061.

Services at the clinic include individual and group therapy, medication management and education, tele-psychiatry, alcohol and substance abuse treatment, and cognitive screening assessments for TBI, depression, PTSD, anxiety, bipolar, ADHD, psychosis, and personality disorders.

## **Military One Source Program**

**1-800-342-9647 available 24/7.**

**[www.militaryonesource.com](http://www.militaryonesource.com)**

The program is a 24-hour a day, seven day a week toll free information and referral telephone line and internet/web based service providing information ranging from every day concerns to deployments & reintegration issues. If there is a need for face-to-face counseling, MOS will provide referrals to professional civilian counselors. MOS can be reached at [www.militaryonesource.com](http://www.militaryonesource.com) or 1-800-342-9647 available 24/7. Information is also available in Spanish on the website above or by phone at 877-888-0727.

# Important Health Care Telephone Numbers

Appointments	(315)772-2778
Emergency/Ambulance	911
Audiology	(315)772-3622
Behavioral Health Department	(315)772-6890
Community Health Nursing	(315)772-6404
Diet and Nutrition	(315)772-3489
Exceptional Family Member Program	(315)772-4653
Laboratory	(315)772-5381
Medical Records	(315)772-4615
Occupational Health	(315)772-5787
Patient Administration Division	(315)772-4030
Patient Advocate	(315)772-4655
Pharmacy	(315)772-4017
Pharmacy-Prescription Refills	(315)772-3696
Physical Evaluation Board Liaison Office	(315)772-4035
Physical Therapy	(315)772-4340
Poison Control Center	1-800-252-5655
Preventive Medicine	(315)772-6984
Radiology	(315)772-6094
Referrals	(315)772-3454
Smoking Cessation	(315)772-6404
Specialty Appointments	1-888-999-5195
SRC Admin Specialist	(315)772-5111
TRICARE Service Center	1-877-874-2273
Urgent Care Clinic	(315)772-5236

## ***Medical Services Directory***

Aviation Troop Medical Clinic	(315)772-3315
Conner Troop Medical Clinic	(315)772-2200/3600
Guthrie Ambulatory Health Care Clinic	(315)772-2778

## ***Dental Services Directory***

U.S. Army Dental Activity	(315)772-9415
Marshall Dental Clinic	(315)772-8891
Stone Dental Clinic	(315)772-5576
Clark Hall Dental Clinic	(315)772-0194

***Routine dental care for Family Members is done in the local community through the TDP.***

***Family Members are authorized ONLY emergency dental care on Post.***

***Emergency number during duty hours - (315)772-5576; after duty hours - (315)772-5236.***

## **Veterinary Services**

10735 Enduring Freedom Dr  
(315)772-4262/4269/2978

### **Pet Licensing**

All dogs & cats living on post must be registered with Veterinary Services. Dogs must also be registered with the State of New York. Licensing is not done at Fort Drum, but with the town clerk in the area in which the animal lives.

### **Pet Micro Chipping**

Fort Drum requires mandatory microchipping for all registered privately owned cats and dogs. Registration is mandatory; owners must register their four-legged friends within 30 days of arrival. The grain-of-rice-sized micro chip is inserted via needle and syringe just under the skin between the animal's shoulder blades. The procedure of inserting the micro chip is similar to receiving a vaccination and causes minimal discomfort to the animal. There is a small fee for microchip and registration.

**Pet Transportation - Transporting your pet is your responsibility.** The Army does not arrange for pet transportation, pay for or reimburse for costs incurred for moving a pet. Overseas PCS ONLY - When quarantine is required upon entry to the host country being PCSed to, limited reimbursement is provided for costs incurred with quarantining. Contact Military Finance for information.

# US Family Health Plan

727 Washington Street,  
Watertown, NY 13601  
(315)785-5467

[www.martinspoint.org](http://www.martinspoint.org)

The US Family Health Plan, under contract with the Department of Defense, is a *unique TRICARE Prime option* that provides comprehensive health care coverage for Families of active duty personnel, as well as military retirees and their dependents of any age.

We offer the great TRICARE benefits you're used to, with additional program-specific benefits:

- Preventive services—including annual physicals and annual eye exams.
- Comprehensive prescription drug coverage.
- Emergency and urgent care available anywhere in the world.
- A 24-hour health coach service that can answer questions and provide guidance on any health care issue you're concerned about.
- Patient advocates when you're in the hospital that will make sure you're getting the best care possible.
- Additional help and guidance for those with chronic conditions, such as diabetes and asthma.
- Extra benefits, including discounts on eyewear and alternative health services.
- Excellent customer service and pride in providing the *benefits you've earned with the respect you deserve*.

## **Are there deductibles or cost shares?**

No.  
Since the US Family Health Plan is a TRICARE Prime plan, there are no deductibles or cost shares for medical services.

## **Are there enrollment fees or copayments for Active Duty Families?**

No.  
Active duty Family members and retirees with Medicare Part B pay no enrollment fees and no copayments for services.

## **What are the costs to Active Duty Families?**

***The only costs will be low copayments for prescription drugs.***

Retirees and their dependents without Medicare Part B pay an annual enrollment fee and low copayments for services and prescription drugs. Membership includes an annual physical and annual eye examination with no copayment.

## **What are our local Healthcare options?**

The US Family Health Plan maintains an extensive network of primary care and specialty care physicians in the greater Watertown area. Samaritan Medical Center, Carthage Area Hospital, Lewis County General Hospital, EJ Noble Hospital and River Hospital are also in the network.

## **Key Benefits:**

- **All medical care is provided by health-care professionals in the local community.**
- **Access to Urgent Care Clinics** in Watertown without prior authorization/referral.
- **Health Coach Service** – specially trained health care professions offering health information and support 24 hours a day, 7 days a week.
- **EyeMed Vision Care** – members will receive eyewear discounts of up to 35% off retail prices.

## **How to Enroll?**

Enrollment is open all year round.

If you sign up by the 20<sup>th</sup> of the month, you'll be an active member by the 1<sup>st</sup> of the following month.

Contact 1-888-674-8734 for more details. Or call the US Family Health Plan representative in Watertown, at (315)785-5467.

# Local Hospitals & Urgent Care Clinics

## JEFFERSON COUNTY HOSPITALS & URGENT CARE CLINICS

Hospital	Address	Phone	Website
Samaritan Medical Center	830 Washington St Watertown, NY	(315) 785-4000	<a href="http://www.samaritanhealth.com">www.samaritanhealth.com</a>
Carthage Area Hospital Inc	1001 West St Carthage, NY	(315) 493-1000	<a href="http://www.carthagehospital.com">www.carthagehospital.com</a>
River Hospital Inc	4 Fuller St Alexandria Bay, NY	(315) 482-2511	<a href="http://www.riverhospital.org">www.riverhospital.org</a>
Urgent Care Clinic For Referral from Guthrie call (315) 772-2788	Address	Phone	Website
MedReady	19472 US Rte 11 Watertown, NY	(315) 779-1104	<a href="http://www.medreadyurgentcare.net">www.medreadyurgentcare.net</a>
North Country Urgent Care	21017 Rte 12F Watertown, NY	(315) 786-3436	N/A
Watertown Urgent Care	457 Gaffney Dr Watertown, NY	(315) 779-2273	N/A
QuickMed Urgent Care	727 Washington St Watertown, NY	(315) 785-7009	N/A
Evans Mills Urgent Care	26121 Rte 11 Evans Mills, NY	(315) 629-1304	N/A
Carthage Urgent Care	1001 West Street Carthage, NY	(315) 493-2512	N/A

## LEWIS COUNTY

Hospital	Address	Phone	Website
Lewis County General Hospital	7785 North State St Lowville, NY	(315) 376-5200	<a href="http://www.lcgh.net">www.lcgh.net</a>

## ST. LAWRENCE COUNTY

Hospital	Address	Phone	Website
Edward John Noble Hospital	77 West Barney St Gouverneur, NY	(315) 287-1000	<a href="http://www.ejnoble.com">www.ejnoble.com</a>

## SYRACUSE AREA HOSPITALS

Hospital	Address	Phone	Website
Community-General Hospital of Greater Syracuse	4900 Broad Rd Syracuse, NY	(315) 492-5011	<a href="http://www.cgh.org">www.cgh.org</a>
Crouse Hospital	736 Irving Ave Syracuse, NY	(315) 470-7111	<a href="http://www.crouse.org">www.crouse.org</a>
St Josephs Hospital Health Center	301 Prospect Ave Syracuse, NY	(315) 448-5111	<a href="http://www.sjhsyr.org">www.sjhsyr.org</a>
University Hospital	750 East Adams St Syracuse, NY	(315) 464-5540	<a href="http://upstate.edu">upstate.edu</a>

# Fort Drum Emergency Services

Emergency Dial 911; Non-emergency calls (315)772-5156/5157

**Road Condition Information Hot Line (for post closure, road closure, time and temperature)  
(315)772-DRUM**

The Directorate of Emergency Service conducts a full range law enforcement, force protection, anti-terrorism, fire prevention/protection, emergency dispatch and physical security operations for the Fort Drum installation. Our goal is to provide the community with a safe and secure place to live and work.

## **Business Office**

10715 Mt Belvedere Blvd (Fort Drum Police Station)  
Hours of Operation - 0800-1600 (M-F)

- Vehicle Registration – (315)772-3693/4482
- Crime Records/Police Reports – 772-3448/4485
- Juvenile Review Board Administrator – 772-9924
- Court Liaison – 772-7588
- Personnel Assistant – 772-5690

## **Law Enforcement Division**

Responsible for day-to-day law enforcement support on the installation, to include Community Policing, Accident Investigation, Criminal Investigation and Road Patrol. Providing a full service, customer focused operation, available to assist commanders, directors and FRG coordinators with educational and support services.

- Law Enforcement Operations – (315)772-2550/9090
- McGruff the Crime Dog – 772-2550/9090
- Military Police Investigations – 772-5800
- Traffic Accident Investigations – 772-6112
- MP Desk – 772-2677
- Law Enforcement Training – 772-1057
- Civil Liaison – 772-5945

## **Fire & Emergency Services Division**

The following Training and Education classes are available: Crowd Management Training for Fire Safety at large events; Fire Safety in the Workplace and Home; Family Child Care Provider fire Safety Training; Portable Fire Extinguisher Class; Fire Marshal Briefing; General Fire Prevention

***We support all types of Family Readiness Group (FRG) Unit activities. You can request the following to be a part of your event:*** Sparky the Fire Dog “Costume”; Pluggie the Fire Hydrant “Robot”; Patches and Pumper “Robot”; Fire Safety Trailer; Fire Trucks; Whale Program “Car Seat Info”

## **911 Communications Center**

Receives all emergency and non-emergency police, fire and EMS calls for service on Fort Drum.

- **Emergency Dial 911**
- **Non-emergency – 772-5156/5157/4131/9687**
- **Intrusion Detection Alarm Monitor – 772-6160**
- **Fort Drum Road Condition Hot Line (used for inclement weather) – (315)772-DRUM**

## **Physical Security Division**

Full service physical security assistance to include unit armorer training, key control, conduct comprehensive physical security inspections, and Staff Assistance Visits. Assist the units in establishing Standing Operating Procedures (SOPs) for physical security, arms room, crime prevention, bomb threats, etc. Available to conduct crime prevention/physical security surveys of units and housing areas. Provide briefings on “Neighborhood Watch” program and will assist implementing the program.

# Fort Drum Mountain Community Homes

## The Timbers Welcome Home Center Housing Services

10720 Mt. Belvedere Boulevard, Clark Hall, 2nd floor

(315)955-6644

[www.fortdrummch.com](http://www.fortdrummch.com)

### Welcome Home Center

The Welcome Home Center consultants provide housing options including Fort Drum Mountain Community Homes, The Timbers and off-post housing such as local homes and apartments available for purchase or rent.

Soldiers are free to select where to live based on their preferences and what is best for their Family.

### Fort Drum Mountain Community Homes

- The exclusive on-post Family housing consisting of new construction and newly renovated Legacy homes in four communities.
- Adirondack Creek, Crescent Woods, Monument Ridge and Rhicard Hills are communities designed for today's active military Families with homes situated within pedestrian-friendly neighborhoods with conveniently located community centers featuring state-of-the-art fitness facilities, indoor playrooms, Wi-Fi Centers, great rooms, meeting spaces and an on-site property management office.
- Residents enjoy destination playgrounds, Splash Parks, Pitch 'n Putt Greens, a Skate Park, BMX Park, attractive open spaces and easily accessible hiking/biking trails.
- Each spacious home features an inviting floor plan and includes air conditioning, dishwashers, washer/dryer hook-ups, garages with automatic doors and stylish finishes.
- Friendly neighborhood-based property management, professional and courteous maintenance service, and a highly active resident program make award-winning Mountain Community Homes the premier residential community for Fort Drum Families. Visit our homes and communities online at [www.fortdrummch.com](http://www.fortdrummch.com), or contact us for more information and to arrange a tour.

### Applying for On-Post Housing

1. Orders to Fort Drum and all amendments
2. DA31 Leave form
3. TDY orders
4. Marriage certificate
5. Birth certificates of all children and Custody/Guardianship paperwork
6. Current LES

*In certain circumstances a Special Power of Attorney,  
Pregnancy Verification or Enlistment Contract may be required.*

### The Timbers – Exclusive On-Post Apartment Community for Single & Unaccompanied Soldiers, E-6 & above

- New, modern one and two-bedroom, suite-styled apartment homes offer residents ample storage, a full-sized washer/dryer, ENERGY STAR appliances and professional 24-hour maintenance service.
- As a community solely serving Soldiers offering the CAMARADERIE no other property can. Nestled in a residential area on Fort Drum, residents enjoy living CLOSE to work and area amenities.
- Learn more about The Timbers at [www.FortDrumTimbers.com](http://www.FortDrumTimbers.com).

**Automated Housing Referral Network (AHRN) - [www.ahrn.com](http://www.ahrn.com)** (Govt. approved rental properties)

**Army Housing Online User Services - <https://www.housing.army.mil/ah/>**

**Northern New York Classifieds - [www.nnyads.com](http://www.nnyads.com)**

**Jefferson-Lewis Board of Realtors - [www.nnymls.com](http://www.nnymls.com)**

# Motor Vehicles

NYS Department of Motor Vehicles - Fort Drum Branch  
10720 Mount Belvedere Boulevard  
Clark Hall, 1st Floor  
(315)772-0543  
[www.nydmv.state.ny.us](http://www.nydmv.state.ny.us)

## Registration & Licensing Requirements

New York State (NYS) law requires you to have sufficient liability insurance and a valid driver's license to operate a motor vehicle. The term "vehicle" generally includes automobiles, motorcycles, vans, trailers and boats regularly parked or garaged overnight. Further, your vehicle must be properly registered. NYS does not acknowledge USAEUR drivers' licenses as being valid for motor vehicle operation.

## Vehicle Registration

If you are a not a resident of NYS, a vehicle registration from your state of residence is valid in NYS. If you become a resident of NYS, you have 30 days after you become a resident to register your vehicle in NYS. If you are a resident of NYS and you get a vehicle from another state, you must register the vehicle in NYS. Drivers have 45 days to obtain NYS registration if a car has Status of Forces Agreement (SOFA) license plates from overseas.

## New York State Residency

Contact the NYS DMV for assistance in determining if you are a resident of New York State for driver's licensing and vehicle registration purposes.

## Fort Drum Regulations

- Fort Drum Speed Limit -- The installation speed limit is 25 mph, unless otherwise posted. All vehicles must slow to 10 mph when passing pedestrians on all roadways. Speed limit in housing is 15 mph; 10 mph if children are present.
- Parking -- Parking on all roadways on Fort Drum is prohibited November 1 - April 1 to allow for snow removal.
- Bicycle Helmets -- All personnel riding a bicycle, inline skating or skateboarding on Fort Drum must wear a bike helmet.
- Fort Drum is a restricted access post. Visitors may obtain a temporary access pass. All vehicle operators and passengers and pedestrians age 16 or older must entering Fort Drum must present photo identification to be granted access. Individuals unable to provide a valid photo identification card will not be permitted access.
- It is Fort Drum Policy that all vehicles of assigned and attached personnel must maintain a valid state inspections certificate if the state where the vehicle is registered requires one. This inspection may be from the state the car is registered in or from NYS. If the state in which a car is registered does not have an inspection program, you will not be required to obtain a NYS inspection. Contact (315)772-3639 for questions.

## Obtaining a Temporary Access Pass

Individuals needing a visitor's pass may obtain one at the Iraqi Freedom Gate located off of State Route 11. The following documents must be presented in order to obtain a pass:

- *Valid Driver's License* • *Proof of Insurance* • *Proof of Vehicle Registration*

## Local Motor Vehicle Regulations

- **Speed Limits** -- The speed limit in NY is 65 MPH on I-81. On all other non-residential roads, the speed limit is 55 MPH unless otherwise posted. Fines for speeding are doubled in roadwork zones.
- **New York State Bicycle Helmet Law** -- NY State Law requires all children under the age of 14 years to wear a helmet when riding a bicycle. ALL personnel riding a bicycle on Fort Drum must wear a bike helmet.
- **Windshield Wipers** -- When windshield wipers are used due to weather, vehicle headlights must be on.
- **Cell Phone Usage** -- New York State law and Fort Drum regulation forbids the use of a hand-held cell phone while driving. A hands free cell phone device may be used. Texting while driving is illegal.
- **Car Seats** - New York State law and Fort Drum regulation requires children under age 4 to ride in child safety seats. Children age 4, 5, and 6 are required to ride in a child restraint system.

# Fort Drum Command Safety

## MOTORCYCLE SAFETY FOUNDATION COURSE

The Army requires soldiers to successfully complete a Motorcycle Safety Foundation (MSF) Course prior to operating a motorcycle on or off the installation, on or off duty. The Fort Drum Command Safety Office sponsors FREE MSF COURSES to active duty Service members. Call (315)772-4672 for registration information.

Basic Rider Course 3 Day course	BRC	The BRC is a basic riders course that teaches the basic skills of motorcycling. Participants are required to pass a written exam and a riding evaluation at the end of the course. Motorcycles are provided and this is a state licensing program. Participants must have valid permit and drivers license.
Experienced Rider Course 7 Hr. Course	ERC 1	Must have a BRC card before taking the ERC course.

- All classes are held at the location and start at time shown on the web site.
- Students must have with them:
  - License or permit
  - Proof of registration
  - Proof of insurance (ERC)
  - Motorcycles are provided for the BRC course.
  - Required safety equipment for motorcycle training:
  - DOT approved helmet
  - Shatterproof eye protection or full face helmet with face shield.
  - Full fingered gloves
  - Long legged trousers (not flared)
  - Long sleeve shirt or jacket
  - Over the ankle sturdy boots
  - Reflective garment front and back (PT belt OK)

**FORT DRUM**  
**Weather and Road Conditions**

Don't get caught in the cold!  
 In the event of adverse weather conditions, use these resources for guidance on snow delays, reporting instructions and road conditions.

**[www.drum.army.mil](http://www.drum.army.mil)**

**(315)772-DRUM (3786)**



**Winter Driving Classes**

**The Command Safety Office conducts free Winter Driving Safety Awareness classes for Fort Drum military and civilian personnel and their Family members.**

**For more information or to sign up, call (315)772-4672 or 772-5352.**

<b>Points of Contact</b>	
<b>Area code is (315) * DSN Prefix is 772</b>	
Director:	772-5352
Asst Div Safety Officer	772-9026
Command Aviation Safety Officer:	772-5353
Administrative Assistant:	772-5352
Army Vehicle Safety:	772-4672
OSHA Compliance:	772-5354
Community & Radiation Safety:	772-4674
Tactical Safety:	772-0522
Reserve Component Safety:	772-3022
WSAAF Airfield Safety Officer:	772-6118
Range, Explosive, & Radiation Safety:	772-4673
1st Bde Combat Team Safety:	772-0659
2nd Bde Combat Team Safety:	774-2317
3rd Bde Combat Team Safety:	774-5352
4th Bde Combat Team Safety:	772-5352
Sustainment Bde Safety :	772-5996
Sustainment Data Manager	772-0310
FAX Machine:	772-3021

# Fort Drum Legal Assistance Program

Legal Assistance Office, Office of the Staff Judge Advocate  
Clark Hall, 10720 Mt Belvedere Blvd, 2nd Floor  
Mailing Address: 141 Lewis Ave, Fort Drum NY 13602  
Information line (315)772-5261  
Appointment line (315) 772-7545  
Fax (315)772-5311

## Mission

The mission of the legal assistance program is to assist those eligible for legal assistance by (1) meeting their needs for information on personal legal matters, and (2) resolving their personal legal problems whenever possible.

## Appointments

Next business day appointments are made by calling (315) 772-7545 at 1:00 p.m., Monday through Friday. Soldier Readiness Processing is given priority over routine appointments. Powers of attorney, notarizations, and a variety of informational pamphlets are available on a walk-in basis. All other matters require an appointment.

## Eligible Clients

- Active Component members of the Armed Forces and their Family members. Reserve Component members of the Armed Forces serving on active duty more than 29 days, and their Family members.
- Active and Reserve Component members of the Armed Forces who are receiving military retirement or disability pay (“gray” card retired Reserve Component members are not eligible for assistance).
- DoD civilian employees against whom pecuniary liability has been recommended under AR 735-5.
- DoD civilian employees who are to deploy to a combat zone, but only for matters related to their imminent deployment.

## Types of Cases We Can Assist With

- Family Law (marriage, annulment, separation, divorce, support, custody, visitation, adoption)
- Estates (wills, testamentary trusts for benefit of minors, health care proxies)
- Real Property (to tenants on rental matters, termination of leases under SCRA, purchase, sale)
- Personal Property (contracts, warranties, consumer affairs matters)
- Economic (loan disputes, debt, garnishments, credit cards, pre-service debt under SCRA)
- Civilian Administrative (notarizations, name change)
- Military Administrative (financial liability investigations, reprimands, evaluation appeals, etc.)
- Torts (protection under SCRA in civil lawsuits)
- Taxes (real and personal property tax issues, income tax assistance (seasonal))
- Civilian Criminal Matters (explaining nature of charge, possible punishments, procedure)

## Limitations on Services (Cases We Cannot Assist With)

- Military Justice Matters are referred to the Trial Defense Service (772-6628)
- Private Business Activities are outside the scope of the Legal Assistance Program
- All Employment Matters (except USERRA)
- Claims or Lawsuits Against the United States are referred to the Claims Office (772-6584)
- Victim/Witness Assistance Program will be referred to Ms. Armstrong (772-3299)

# Fort Drum Religious Services

**Main Post Chapel:** 10785-A Chapel Drive, Ph: (315)772-5591

**Riva Ridge Chapel:** 10030 North Riva Ridge Loop, Ph: (315)772-6905

**Family & Spiritual Life Center:** 4405 Po Valley Road, Ph: (315)772-2163

**Emergency Chaplain Support Services**

**24 Hour On-Call Chaplain – Ph: (315)772-5647**

## Services

### CATHOLIC

English Mass

Spanish Mass

Daily Mass

### PROTESTANT

Contemporary

Traditional

Gospel

### LDS

LDS Studies

### JEWISH SERVICES

Judaism Study

**Fort Drum Chapel offers Adult programs for men, women, couples, AND singles such as:**

Protestant Men of the Chapel (PMOC)

Protestant Women of the Chapel (PWOC)

Military Council of Catholic Women (MCCW)

Catholic Faith Formation

Adult Sunday School

MCCW Mom's Play Group

Bible Study

Gospel Men's Prayer Warrior Study

North Country Hospitality House is an open home ministry to the Soldiers and families of the 10th Mountain Division at Ft. Drum, NY. Program and activity schedules are available by visiting <http://www.northcountryhospitalityhouse.org>.

**Fort Drum Chapel has exciting programs for children preschool to adult!**

Some of the programs currently in held are:

**[Awanas](#)**

ages 4 through 6 grade

**[Teens of the Chapel](#)**

7th grade through Senior year

**[Confraternity of Christian Doctrine \(CCD\)](#) - Catholic Instruction**

Kindergarten through grade 8

**[Sunday School](#)**

Kindergarten through grade 5

**[Vacation Bible School](#)** preschool through grade 6

***Please call the Fort Drum Chapel or visit the Fort Drum website for detailed Worship and Religious Services information.***

**Please contact the Installation Chaplain's Office at (315)772-5591 for more information.**

# Fort Drum Education Center

McEwen Library Education Complex - 4300 Camp Hale Road  
(315)772-6878

## Academic Counseling & Planning

- **Army Guidance Counselors provide services at no cost to Soldiers and their Families!**
- Find out about Local & Online Learning & Degree Options
- Call (315) 772-6878 to speak to a guidance counselor or schedule an appointment

## Active Duty Tuition Assistance (TA) - *Semester Hour Cap may apply*

- **Officers, Warrant Officers & Enlisted** (*subject to qualifying criteria*)
- Voluntary off-duty education programs (classroom & online/distance learning)
- Army pays a portion of tuition & authorized fees up to semester hour cap & annual ceiling

## Civilian Examination Programs on Fort Drum & the Surrounding Area

- CLEP, DSST, and ECE Exams – *Testing for College Credit through DANTES programs*
- College Testing for Online Classes – *Free Proctor Services*
- PRAXIS (Teacher Certification)

## Multi-Use Learning Facility

- FREE Computer & Internet Access for ALL Your Educational Needs
- Study Material for College Entrance & College-Level Examinations
- FREE Career Assessments to help in the exploration of education/career options

## Army Personnel Tests (*DA 4187 Needed to Schedule/Take Exams*)

- **Alternate Flight Aptitude Selection Test (AFAST)**
- **Armed Forces Classification Test (AFCT)** - Improve ASVAB Scores & Raise GT Score
- **Defense Language Proficiency Tests (DLPT)** - Evaluates current foreign language proficiency (Possible “Flip-Pay” and/or College Credit)
- **Defense Language Aptitude Battery (DLAB)** - Evaluates aptitude for language training (Special Forces, DLI, etc.)

## GT Score Improvement – BASIC SKILLS EDUCATION PROGRAM (BSEP)

- On-duty education program to improve job performance, prepare Soldiers for advanced schooling and increase reenlistment options
- Teacher-facilitated refresher course in Math, Reading Comprehension & Vocabulary
- \*Open to Spouses and adult civilians on a space available basis

## **Special Programs & Scholarships**

### Free Application for Federal Student (FAFSA) – [www.fafsa.ed.gov](http://www.fafsa.ed.gov) – APPLY FREE ONLINE!

- Financial assistance from the U.S. Department of Education’s Office of Federal Student Aid
- 1<sup>st</sup> Step in the Financial Aid Process

### Coastline Community College’s Military Spouse & Family Program

- Five online associate degree programs
- Low semester hour tuition with FREE Textbooks
- For more information, contact Coastline Community College at (714) 241-6272 or online at <http://military.coastline.edu>

# Special Programs & Scholarships

(subject to change)

## Central Texas College's "Wounded Warrior" Spouse Scholarship Program

Full tuition and fees up to 30 semester hours for qualifying spouses of a U.S. military member who received a Purple Heart in September 2001 or later. For more information, contact Central Texas College at (800) 792-3348, ext. 1181 or online at [www.ctcd.edu](http://www.ctcd.edu)

**Military Order of the Purple Heart Scholarship** - Purple Heart recipient, Spouse and Children – [www.purpleheart.org](http://www.purpleheart.org)

**Officers' Spouses' Club of Fort Drum** (Open to Enlisted & Officer Families) – [www.fdosc.com](http://www.fdosc.com)

**Enlisted Spouses' Club of Fort Drum** (Open to Enlisted & Officer Families) – [www.fdrumesc.org](http://www.fdrumesc.org)

**Rotary Purple Heart Scholarship** - Members assigned to the 10th Mountain Division who have been awarded the Purple Heart while the division was stationed at Fort Drum, or their dependents – [www.nnycf.org](http://www.nnycf.org)

**Severely Injured Service Member and Spouse Scholarship Opportunities** - Severely Wounded Service Members, Spouse and Children – [www.dantes.doded.mil](http://www.dantes.doded.mil)

**Horatio Alger Military Veterans Scholarship** - Service in the Iraq/Afghanistan theater beginning in 2001 or later – [www.horatioalger.com](http://www.horatioalger.com)

**The Fund for Veterans' Education** - Service for at least 60 days in Afghanistan or Iraq after 09/11/2001 – [www.veteransfund.org](http://www.veteransfund.org)

**National Military Family Association's Joanne Holbrook Patton Military Spouse Scholarship**  
Uniformed Services Spouses – [www.nmfa.org](http://www.nmfa.org)

## Army Emergency Relief – AER Scholarship Programs

Dependent Children Scholarship; Stateside Spouse Scholarship; and Overseas Spouse Scholarship – [www.aerhq.org](http://www.aerhq.org)

**ThanksUSA Scholarship** – [www.thanksusa.org](http://www.thanksusa.org)

**Scholarships for Military Children Program – Fisher House** – [www.militaryscholar.org](http://www.militaryscholar.org)

**Veterans of Foreign Wars (VFW)** – [www.vfw.org](http://www.vfw.org)

**The American Legion Scholarship Programs** – [www.legion.org](http://www.legion.org)

## Military Officers Association of America Scholarship

Under-24, children of MOAA members and children of active duty, Reserve, National Guard, or retired enlisted military personnel – [www.moaa.org](http://www.moaa.org)

**Northern New York Community Foundation Scholarships** - [www.nnycf.org](http://www.nnycf.org)

**Jefferson Community College (JCC) Foundation's Nontraditional Student Scholarships** - Over 24 years of age and not dependent on parents for support or a veteran of the armed services or married or supporting your own child – Call (315)772-5477 or [www.sunyjefferson.edu/military/](http://www.sunyjefferson.edu/military/)

**Association of the United States Army (AUSA) Scholarship** - Active duty Soldiers – Call (315)772-5477 or [www.sunyjefferson.edu/military/](http://www.sunyjefferson.edu/military/)

**The First Lieutenant Charles H. Herr Scholarship** - Active duty Soldiers of the 10<sup>th</sup> MTN DIV – Call (315)772-5477 or [www.sunyjefferson.edu/military/](http://www.sunyjefferson.edu/military/)

**Columbia College's Spouse's Opportunity Scholarship** - Spouse of active duty who enroll in first class (in the classroom, not online) with Columbia College. Contact Columbia College at (315) 772-5477 or [www.ccis.edu](http://www.ccis.edu)

**New York State Veterans Tuition Award** - [www.veterans.ny.gov](http://www.veterans.ny.gov)

NY State residents discharged under honorable conditions from the U.S. Armed Forces and are: Vietnam Veterans who served in Indochina between 12-22-1961 & 5-7-1975 or Persian Gulf Veterans who served in the Persian Gulf on or after 8-2-1990 or Afghanistan Veterans who served in Afghanistan on or after 9-11-2001 or Veterans of the armed forces of the United States who served in hostilities that occurred after 02-28-1961 as evidenced by receipt of an Armed Forces Expeditionary Medal, Navy Expeditionary Medal or a Marine Corps Expeditionary Medal.

# Jefferson Community College

McEwen Library and Education Complex, 4300 Conway Rd, Fort Drum

Main Campus: 1220 Coffeen Street, Watertown, NY

(315)773-4535; DSN 772-5477      Main Campus: (315)786-2200

[www.sunyjefferson.edu](http://www.sunyjefferson.edu)

**Jefferson Community College (JCC)** is one of the 30 community colleges in the 64-campus system of the State University of New York (SUNY). Jefferson offers both transfer and career programs leading to an associate degree or certificate. The College's main campus is located in Watertown, eight miles from the U.S. Army post at Fort Drum; however, Jefferson staffs an advising office and offers classes in the McEwen Library and Education Complex on Fort Drum.

JCC has a long and distinguished record of serving Soldier-students and Families. The College has been a SOCAD member since 1985 and is an active participant in the Army's GoArmyEd online program. JCC accepts the maximum credit for Military Occupational Specialty (MOS) training recommended by the American Council on Education and applies CLEP/DSST/ECE examination credits toward degree fulfillment.

**Servicemembers Opportunity College Army Degree (SOCAD) Program.** SOCAD allows a Soldier to establish a "home" college at one duty station and transfer credits back to the "home" college to earn a degree while the Soldier continues to PCS from one installation to another. JCC has reduced the residency credit requirement under the SOCAD program to 15 credits that must be taken with JCC. This is a big benefit for students who are bringing in substantial credit from previous colleges or other non-traditional credit sources (AARTS, exams, other college, etc.).

*Note: JCC extends the benefit of the SOCAD program to military Family members.*

**Programs of Study.** JCC offers certificates, career degrees (AAS), and transfer degrees (AA, AS) in a variety of popular fields of study. Some degrees are offered entirely online. Complete list of degrees can be found online at [www.sunyjefferson.edu](http://www.sunyjefferson.edu).

**Flexible Course Options.** For your convenience, JCC offers courses on the main campus in Watertown, online and on Fort Drum. Courses are offered throughout the year, during the day as well as evening, in 4-week, 8-week and 16-week formats.

**Applying for Admission is Free.** A free application can be completed at JCC's Fort Drum office, Admissions Office (315)786-2277 or online. The Admissions Office will require official high school/GED transcripts, official college transcripts, official AARTS and other transcripts sent directly to the College. Campus tours are also available by calling the Admissions office.

**Federal and New York State Financial Aid Available.** Students can begin the process of applying for Federal financial aid (Pell Grant, student loans and work-study) at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). New York State now allows Family members of Soldiers assigned to active duty within New York eligibility to apply for the New York Tuition Assistance Program (TAP). Many Fort Drum Family members have received both Federal and New York financial aid to pursue a degree at JCC. Contact the Financial Aid Office (315)786-2355 (or via our website) for a New York TAP application for military personnel.

**Non-Credit Workshops for Personal Enrichment / Professional Growth.** JCC's Continuing Education Division offers a wide variety of workshops including those for working adults who want to enhance their professional skills, as well as those for both adults and children seeking personal enrichment through learning and discovery. Professional development workshop topics range from pre-certification courses to popular computer software training to entrepreneurship. Personal enrichment topics range from cooking to arts/crafts to ballroom dancing to hiking. In addition to Family-friendly workshops like the kids-in-the-kitchen series, JCC also offers weeklong camps for kids during the summer months.

# Empire State College

McEwen Library and Education Complex, 4300 Conway Rd, Fort Drum  
(315)773-6139  
[www.esc.edu](http://www.esc.edu)

Empire State College offers associate, bachelor, and master's degrees to Soldiers, Families, and civilians. ESC is regionally accredited and is one of the many State University of New York (SUNY) colleges. We are a member of the SOCAD network and have been serving Soldiers and their Families for many years. Our two local offices (Watertown and Ft. Drum) make it easy for students to complete a degree without having to travel out of the area. Empire State College's undergraduate degrees are unique in several different ways:

**Individualized Degree Plans** - All students at ESC create individually designed degree plans, which allow for either a specialized focus or a traditional degree plan. This feature also enables us to be very flexible in accepting transfer credits from other sources. There is one required course at Empire State College called Educational Planning. In this course, a student works with their faculty advisor to examine all of the credits and experience that they already have, as well as to explore what will be needed for the student's next step (pre-requisite courses for a future college degree, knowledge expected for applicants in a certain job field, etc). After that process, the student will finalize the list of courses they will take at ESC and write an essay describing their rationale for the final degree plan.

**Prior Learning Credit** - As part of the degree planning process, students can request credit for college-level learning gained from work and life experience. ESC works mostly with adult students, many of whom come to us with valuable knowledge and experiences that don't show up on a college transcript. A student's advisor will help the student choose appropriate titles for their learning, the student will write an essay describing their learning, and then the college will hire an expert evaluator in that particular field. The expert will read the essay(s), speak to the student, and make a recommendation to the college about whether to award credits.

**Flexible Study Options** - Most of our students are juggling their studies along with jobs and Family/community obligations. Empire State College delivers our classes outside of the classroom, which allows students to more easily fit their studies into their busy lives. ESC students can choose to take classes in a guided independent study or online mode (or both). Students who use the independent study mode work one-on-one with an instructor; while they do most of the class work on their own, they check in periodically with the instructor throughout the semester. Students can also cross register at other colleges to take classroom-based classes and transfer the credits back to their ESC degree.

## **Personalized Academic Advising and Student Services**

All students receive personalized academic advising and student services. Even if students choose to take all of their classes online, they still have a local advisor that they can meet with face-to-face for degree planning and assistance.

## **Undergraduate studies in the following majors/concentrations:**

- The Arts
- Business, Management and Economics
- Community and Human Services
- Cultural Studies
- Educational Studies
- Historical Studies
- Human Development
- Interdisciplinary Studies
- Labor Studies
- Science, Mathematics and Technology
- Social Theory, Social Structure and Change

## **Master's degree programs include:**

- Master of Arts in Teaching
- Master of Business Administration (MBA)
- Master of Arts in Liberal Studies
- Master of Arts in Social Policy
- Master of Arts in Labor & Policy Studies

# Columbia College

McEwen Library and Education Complex, Building P-4300, Fort Drum  
(315)775-0128 or (315)772-5477  
[www.ccis.edu/ftdrum](http://www.ccis.edu/ftdrum)

**Located on Post** – Columbia College Fort Drum was established in 2006 to serve military and working adults at Fort Drum, in Watertown and throughout Jefferson County, NY. The college offers bachelor level classes leading to Bachelor Degrees in Business Administration; Criminal Justice; History, General Studies and Psychology. Classes are offered in an eight week format, meeting one night per week from 5 p.m. to 10 p.m. There are five/eight week terms per year: August, October, January, March & June.

**Military Friendly** – Among its 34 Nationwide campuses, nearly half are located on military bases. Columbia College understands the challenges of balancing a military career with an education. The college is a charter member of Servicemembers Opportunity College (SOC) which provides guaranteed transferability of credits from other SOC institutions for military service members and their Families.

**Serving Spouses too** – Columbia College recognizes the sacrifices that spouses of active duty, Guard and Reserve members must make. That's why we offer various programs to make earning a college degree more affordable for military spouses. If you're a military spouse, you can take your first in-seat Columbia College class for free with the Spouse's Opportunity Scholarship. You can also get 20% off tuition for undergraduate in-seat classes or discounted tuition if you attend Columbia College with another Family member by using the Two-in-Family Grant.

**Affordable** – Tuition for our undergraduate programs has been recognized nationally as consistently among the lowest in the nation for a private education and there are no add-on fees.

**Financial Aid** – Financial aid is available to qualifying students. We also accept Veterans Administration Benefits, military tuition assistance and corporate tuition assistance.

**When I have more time...** We understand you're busy juggling work, Family and personal commitments. That's why our classes are held one night per week. But there's also another option. Columbia College's Online Campus offers 19 online degrees and more than 500 classes from which to choose. You can mix online and in-seat courses – whichever works best for you.

## Degrees offered on Fort Drum

Bachelor of Arts—Business Administration  
Bachelor of Arts—Criminal Justice Administration  
Bachelor of Arts—History  
Bachelor of Arts—Psychology  
General Studies  
Bachelor of Science—Business Administration

### Majors:

Management  
Human Resource Management  
Bachelor of General Studies

## Degrees offered Online

Associate of Arts  
Associate in General Studies  
Associate in Science – Business Administration  
Associate in Science – Criminal Justice Administration  
Associate in Science – Environmental Studies  
Associate in Science – Fire Science Administration  
Bachelor of Arts – American Studies  
Bachelor of Arts – Business Administration  
Bachelor of Arts – Criminal Justice Administration  
Bachelor of Arts – History  
Bachelor of Arts – Human Services  
Bachelor of Arts – Psychology  
Bachelor of Arts – Sociology  
Bachelor of General Studies  
Bachelor of Science – Business Administration  
Accounting, Financial Services, Human Resources Management, International Business, Management, Marketing  
Master of Business Administration  
Master of Science in Criminal Justice

# Educational Services (BOCES)

20104 State Route 3, Watertown, NY 13601  
(315)779-7000 / 800-356-4356

[www.boces.com](http://www.boces.com)

**VOCATIONAL & TECHNICAL EDUCATION PROGRAMS ♦ ADULT LITERACY EDUCATION PROGRAMS**

## **ADULT EDUCATION**

Cosmetology  
Business Administration  
Healthcare Administration  
Restaurant/Food Service

Licensed Practical Nursing (LPN)  
Commercial Driving - Class B  
Medical Coding and Medical Transcription  
Trade Occupations - Auto Technology, Electrical, Plumbing, Welding

## **GED**

*Earn your General Equivalency Diploma FREE of charge*

### **Fort Drum**

McEwen Library Education Complex  
4300 Camp Hale Road

### **Watertown**

Bohlen Technical Center  
Outer Washington Street

### **Lowville**

Lewis County Government Building  
7514 South State Street

### **Financial Assistance**

Financial assistance may be available to those who qualify. For more information, call the BOCES Financial Aid Office at (315)779-7237.

## **ESOL Classes**

*English for Speakers of Other Languages*

Our ESOL classes are designed to meet the needs of our participants. Classes include conversational activities along with individualized lessons on grammar, life skills, and computer activities. Instructors are flexible and creative!

**Call BOCES at (315)779-7220 for Enrollment Information**

### **Watertown**

Bohlen Technical Center, Outer Washington Street

### **Fort Drum**

Army Community Service (ACS), 4330 Conway Road  
(For DoD ID Cardholders age 18 and older)

# Literacy of Northern New York

200 Washington St., Suite 3032, Watertown, NY 13601  
(315)782-4270; <http://www.proliteracynny.org>

## **ESOL**

**FREE -- Individual Tutoring & Classes**

**Free one-to-one tutoring** in reading, writing and English for Speakers of Other Languages. They also offer tutoring in basic computer and intermediate skills. The program is open to people 16 and older who are not enrolled in school.

# Army Career and Alumni Program

Clark Hall - 10720 Mount Belvedere Blvd, Rm B2-13  
(315)772-3434 or 772-3286  
Fax: (315)772-3443

The Army Career and Alumni Program (ACAP) mission is to help eligible members of the Army and their Families successfully transition from federal service. ACAP offices are staffed with experienced transition and employment assistance counselors who can provide personalized counseling and assistance.

## ACAP Center Activities

Pre-separation Counseling  
TAP Employment Workshop  
VA Benefits Briefing  
VA/DTAP Briefing  
DAV Medical Records Review  
Basic Resume Writing Seminar  
VET Center Briefing  
Employers Briefing  
Individual Job Assistance Counseling

## ACAP Express

<https://www.acapexpress.army.mil>

On our ACAP Express online page, you will be able to register for a Pre-Separation Briefing, schedule appointments and use a resume and cover letter writing program.

## ACAP On-Line

<http://www.acap.army.mil>

ACAP online is an invaluable Internet resource for an in-depth review and assistance in developing your Individual Transition Plan (ITP). In addition to other resources, this page contains information on: Setting a Realistic Objective, Assessing Your Abilities, Exploring the Job Market, Creating an Effective Resume, Applying for a Federal Job, Maxing the Job Interview and Evaluating / Negotiating a Job Offer.

## Army Family Members

[www.acap.army.mil](http://www.acap.army.mil)

ACAP online was created to help eligible Army Family members. Whether your spouse is transitioning after a first term enlistment, retiring after a full career in the Army or has already retired, you'll find something valuable on this website.

As the spouse of a separating Soldier, you can learn about pre-separation counseling and services and benefits your spouse has earned while on active duty at Transition Assistance. More detailed information focused toward spouses of retiring Soldiers is available at Retiring Soldier. After your spouse retires, ACAP still is available to you. Select Adjusting to Life as a Retiree to learn more. Each of the menu selections found at the left of your screen links you to your spouse's transition, retirement or retiree page. You can also access these pages, or the Army Civilian page, from the ACAP On-Line Home Page.

One of the benefits ACAP provides is job assistance. If the next stage of your life will involve a job, select Job Assistance from the menu and take advantage of the comprehensive job search tutorials and useful links. ACAP On-Line supports your research and job search, too, with Links, Jobs and Job Fairs. If you prefer, you can receive personal assistance from an ACAP Center. You can register for ACAP services online at <https://www.acapexpress.army.mil> or by contacting Fort Drum's ACAP Center.

# Retirement Services

Clark Hall, 10720 Mount Belvedere Blvd., 1st Floor  
1-800-556-9790 or (315)772-6339

## Mission Statement

To provide quality service regarding benefits, entitlements, information and referral to Retirees, their Family as well as active duty Soldiers and their Family preparing for retirement. The Retirement Services Office also publishes the Fort Drum Retired Army Newsletter, advises and supports the Fort Drum Retiree Council, develops public support of Army programs and informs the retired community of upcoming events of interest.

<b>Fort Drum Retirement Service Office</b>	800-556-9790
DA Casualty Assistance Office	800-626-3317 (To report the death of a retiree)
DEERS Verification	800-538-9552 (Update I.D. records)
Defense Finance & Accounting Office	800-321-1080 (Retired & annuitant pay issues)
Human Resource Command	800-318-5298 (Gray area retiree issues)
VA Burial Information	800-697-6947
Medicare Information	800-772-1213
TRICARE World Wide Information	800-874-2273
Delta Dental	888-838-8737 (Retiree Dental Program)
Express Scripts	866-363-8667 (Mail Order Pharmacy)
TRICARE for Life	888-363-5433
Federal Long Term Care Insurance	800-582-3337

## Other Military Retired Affairs Offices

Navy	866-827-5672
Marine Corps	800-336-4649
Air Force	800-531-7502

## Army Recreation Centers

Hale Koa Hotel, Hawaii	800-367-6027
Edelweiss Lodge, Germany	011-49-8821-9440
Dragon Hill, Korea	011-82-2791-8222
Shades of Green, Florida	888-593-2242

## For questions about Veterans' benefits and programs

New York State Division of Veterans' Affairs  
1-888-VETS NYS (1-888-838-7697)

## Veterans Service Representative

10720 Mount Belvedere Boulevard  
Building P-10720 Clark Hall  
2nd Floor Room B2-13  
Phone (315)772-3307

## Jefferson County Veterans Service Agency

Human Services Building (Lower Level)  
250 Arsenal Street  
Watertown, NY 13601  
(315)785-3086

# Watertown Vet Center

210 Court Street  
Watertown, NY 13601  
866-610-0358  
[www.vetcenter.va.gov](http://www.vetcenter.va.gov)

**Providing FREE & CONFIDENTIAL readjustment and outreach services to ALL Veterans who served in ANY combat zone.**

Services are also available for their Family members for military related issues.

Veterans have earned these benefits through their service and all are provided at **NO COST to the Veteran or Family.**

## Family Counseling Service of NNY

120 Washington Street, Suite 510  
Watertown, NY 13601  
Ph: (315)782-4483

### **cool Kids** Deployment Survival Skills Program

<http://www.jeffcountymentalhealth.com/>

- This group is for children in grades one through six who are having difficulty adjusting to their parent's deployment. Children who are showing sadness, guilt, lowered self-esteem, loneliness or anger are welcome to attend.
- Helps children cope with difficult emotions that deployments can generate by speaking freely and expressing their feelings with other children.
- Reduces the loneliness that some children feel by providing a supportive environment where they can share similar thoughts with other children.
- Offers an outlet for children to adapt, change, and identify healthy skills, and to understand about parental deployment.

## YMCA & Armed Services YMCA

119 Washington St., Watertown, NY – Ph: (315)782-3100  
585 Rand Drive, Watertown, NY – Ph: (315)755-9622  
250 State St., Carthage, NY – Ph: (315)493-3286

**Parent and Tot Workshops:** These FREE workshops provide information & resources developing early literacy skills. All participants will receive educational resources. The workshops will feature fun interactive activities for both parents & children.

**Military Mom & Me Swim Program:** A dedicated open swim for military Families. The program allows parents to enjoy a recreational swim with their child. This is a great way to have aquatic fun with your child while interacting with other military families in the area.

**Youth Sports Programs:** Offered at a special reduced Military rate: Youth sports include indoor and outdoor soccer, basketball, hockey, lacrosse and bowling at Downtown, Fairgrounds and Carthage YMCA.

**Operation Kid Comfort (*Comfort Quilt or Pillow*):** Simply provide pictures of the Soldier, child and Family. A quilt or pillow is then given to the child to play with, sleep with or use to comfort them from the grief of missing their deployed parent. As all materials and services are donated, there is no fee for this program. **For information**, please call (315)755-2016.

# Cornell Cooperative Extension

203 North Hamilton Street  
Watertown, NY 13601  
(315)788-8450

[www.cce.cornell.edu/jefferson](http://www.cce.cornell.edu/jefferson)

Educating youth, Families and communities using research-based knowledge for practical application and life-long learning.

## Family and Youth Development

**4-H Military Club Program** - Provides a "slice of home" and consistency for youth with parents in the Armed Services.

**Operation: Military Kids** - A U.S. Army collaborative effort to support military children.

**Adult Building Blocks for Lifelong Education (ABLE)** - Provides energy use and financial management workshops .

**Families and Communities Together with Schools (FACTS)** - Parental Information and Resource Center.

**4-H Camp Wabasso** - Providing youth opportunities for social, personal, and educational growth in a natural environment.

**4-H Clubs** - Organized groups at the community, neighborhood or school level.

**Parenting Programs** - Classroom, individual, and in-home educational settings.

**The Parenting Resource Room** - Provided by the Maternity and Early Education Foundation.

**Parent to Parent** - Teen parent support and mentoring program allowing teen parents to work on goals such as parenting skills, education, and self-sufficiency.

## Nutrition and Health Programs

**Food & Nutrition Education in Communities ♦ Home & Community Gardening ♦ Breastfeeding Support Program  
Consumer Education**

Budgeting, clothing and textiles, poison prevention, food safety, fitness, and disease prevention.

# Community Action Planning Council of Jefferson County

518 Davidson Street  
Watertown, NY 13601  
(315)782-4900

[www.capcjc.org](http://www.capcjc.org)

## *Assisting, Motivating and Supporting People in Need.*

**Child Care Resource & Referral** - Information and referral resource for local certified day care.

**Head Start** - Pre-school education for children ages 3 and 4.

**Universal Pre-Kindergarten** - Statewide program offering a 2½ hour quality early education experience.

**Fair Housing Office** - Information and referral agency for persons with questions or complaints about housing or housing practices and landlord/tenant issues.

**Family Development Credentialing** - Offers the opportunity for skill building in the field of family development through a program of class instruction, field advisement, practicum, experience and portfolio development.

**Child Development Associate Program** - Offers training to enrolled participants through a program of class instruction and practical experience preparing them as candidates for CDA credential and employment in the child care field.

**Nutrition Outreach & Education** - Enables eligible households to receive food stamps and/or participate in other federal feeding programs.

# Fort Drum Heritage Center

## 10<sup>th</sup> Mountain Division & Fort Drum Historical Collection

Heritage Center, 10502 South Riva Ridge Loop  
(315)774-0391

### Our Mission

Dedicated to collecting and preserving the material history of both the 10th Mountain Division and Fort Drum from their formation to the present day with the goals of honesty, accuracy and establishing esprit de corps in Soldiers, their Families, civilian personnel, and the local community.

### The Experience

Visitors can expect to learn from the battles fought by the “Greatest Generation” to being on patrol in Iraq or Afghanistan. Objects on exhibit range from a Civil War Musket produced in Watertown to the “Coveted Rock of Somalia.”

### Group Events

The Historical Collection is open by special arrangements for groups before or after normal hours.

### Volunteer Opportunities

For those wishing to volunteer and lay their hands on history contact the Curator at (315)774-0391.

## USO

Fort Drum Heritage Center, 10502 South Riva Ridge Loop  
(315)774-0356  
[www.uso.org](http://www.uso.org)

The USO recognizes the sacrifices that service members and their Families make for this country, and it is more important than ever that they are remembered and supported. The USO offers a variety of programs and services that **support the morale, welfare, social and entertainment needs of American service men and women and their Families.** With the help of its supporters, the USO continues to provide a **home away from home to service men and women around the world.**

The 8,000 square-foot Fort Drum center delivers the comforts of home for Soldiers and Families.

The center features:

- 20-person movie theater
- 20-person computer lab with Internet connectivity
- More than 10 video game consoles
- Guitar Hero
- Two conference rooms
- A 2,000 square-foot multi-purpose room
- Snack bar
- United Through Reading® Military Program taping area
- “Hello from the Home Front” self-recording video messaging/email program
- Service members can also borrow DVDs and books
- Pool tables, board games and karaoke

## Off the Beatin’ Path Gift Shop

Fort Drum Heritage Center, 10502 South Riva Ridge Loop  
(315)774-0253

*A great place to find a Fort Drum Souvenir, a Welcome/Farewell gift or present for any special event!*

# Fort Drum Commissary

10730C Enduring Freedom Drive  
Store Ph: (315)772-6581 Fax: (315)772-4785

[www.commissaries.com](http://www.commissaries.com)

Shopping features are provided for customers' convenience. Check out the links to find features that will help you plan your next trip to the commissary. The '[Savings Aisle](#)' lets you find out what's on sale at the commissary where you shop. The '[Shopping List](#)' feature lets you build a shopping list based on the items your commissary sells. When you're done creating your list, just print it off and take it with you to shop.

The **Scholarships for Military Children Program** was created to recognize the contributions of military Families to the readiness of the fighting force and to celebrate the role of the commissary in the military Family community. **Apply online at** [www.militaryscholar.org](http://www.militaryscholar.org)

## Army and Air Force Exchange Service

[www.aafes.com](http://www.aafes.com); [http://odin.aafes.com/conus\\_ner/ft\\_drum/index.html](http://odin.aafes.com/conus_ner/ft_drum/index.html)

Main Store - Bldg. P-10730A/B, Enduring Freedom Dr.	(315)772-5638 / 773-0061
Alterations	772-5113
Barber Shop, P-10730 (PX)	772-3498
Beauty Shop, Main Mall	772-4422 / 773-1990
Car Care Center	772-8631 / 773-8025
Car Detailing, Ziebart	772-0744
Class Six Package Store	772-6989 / 773-6143
Clothing & Sales (PX)	773-0621
Floral Shop	773-5725
Furniture Store, P-2300 (Nash Blvd)	772-5258 / 773-5317
Gas Station, Mini Mall	772-7594
Gas Station, Nash Boulevard	773-8015
Gas Station, North Gate	772-8640
Laundry/Dry Cleaning	772-4977 / 773-2319
Military Clothing Sales Store	772-5813 / 773-0621
Movie Theater-- Schedule	772-5026 / 773-2347
----- <b>Movie Info Line (Recording)</b> -----	772-5571
Nutrition Center (GNC)	773-3190
Optical Shop	772-4613 / 5-4618
Shoppette, Mini Mall	772-7594 / 3-4149
Shoppette, Nash Boulevard	773-8015
Shoppette, North Gate	772-8640 / 3-1005
Western Union, P-10730 (PX)	1-800-325-6000

## Fort Drum Thrift Shop

Vintage and gently used items available for purchase. The Thrift Shop is located in building P- 55, corner of First Street and Quartermaster Road. For more information, call (315)772-7189 or online at <http://thriftshopinc.webs.com>.

# Local Food Pantries

PANTRY SITE	ADDRESS	PHONE
<b>CAPC</b>	518 Davidson St. Watertown	782-4900
<b>Faith Fellowship</b>	131 Moore Ave Watertown	782-4421
<b>Urban Mission</b>	247 Factory St. Watertown	782-8440
<b>Adams - Rohde Center</b>	2 E. Church St. Adams	232-2621
<b>Alex Bay Reform Church</b>	Reformed Church 54 Church St. Alex Bay	482-9426 324-5966
<b>Antwerp</b>	45 Main St, Antwerp 13608	659-2419
<b>Cape Vincent United Church</b>	United Church of Cape Vincent 260 E. Broadway, Cape Vincent	654-4555 654-3302
<b>Carthage V.E.M</b>	452 S. Washington St	493-1341
<b>Chaumont</b>	Naturally Yours Dried Flowers 11933 Academy St, Chaumont	649-2424
<b>Clayton St. Mary's Church</b>	St Mary's Catholic Church 521 James St, Clayton	686-5164
<b>Depauville A New Life</b>	A New Life 32498 Rte 12 , Depauville	686-0227
<b>Evans Mills St Mary's Church</b>	St Mary's Catholic Church 8412 Main St, Evans Mills	629-4683
<b>LafargeVille Orleans Outreach</b>	Orleans Outreach Building LafargeVille	658-2642
<b>Philadelphia</b>	Indian River Baptist Church 42 Main St. Philadelphia 1367	628-3122
<b>Redwood</b>	St Paul's Fellowship Hall, Redwood	482-2914 482-4029
<b>Sackets Harbor</b>	St Andrews Catholic Church, 110 E. Main St. Sackets Harbor	646-3341
<b>Theresa</b>	Old Methodist Church, Theresa	628-5001

# Women, Infants, & Children (WIC)

238 Arsenal Street  
(315)782-9222

[www.childrens-clinic.org](http://www.childrens-clinic.org)

WIC serves all kinds of Families with nutritious food, free nutrition advice, tips for staying healthy, recipes, and resources for growing Families. *You'd be surprised who qualifies.*

## Food Stamp Program

Community Action Planning Council: (315)782-4900 or Cornell Cooperative Extension: (315)788-8450  
[www.mybenefits.ny.gov](http://www.mybenefits.ny.gov)

## Home Energy Assistance Program (HEAP)

Helps low-income people pay for their energy bills. If your bills are more than you can handle, HEAP may be able to help you heat your home. Call 800-342-3009 or visit [www.otda.state.ny.us](http://www.otda.state.ny.us) and click on "Resources for Working Families".

## Food \$en\$e

There are **no income restrictions** – **anyone can participate**. The **cost of the package is \$15.50**; participants pre-pay with cash or EBT card and pick up their Food \$en\$e packages at the end of the month. A food unit contains 10-12 items, including fresh fruits and vegetables, meats and staple food items.

## Local Host Sites

**Watertown Urban Mission**  
247 Factory Street  
Watertown, NY  
(315) 782-8440

**Faith Fellowship Church**  
131 Moore Ave  
Watertown, NY  
(315) 782-9432

**VFW**  
3 VFW Drive  
Adams, NY  
(315) 232-4521

# Community Web Links

## FORT DRUM

Fort Drum Homepage  
[www.drum.army.mil](http://www.drum.army.mil)

Fort Drum's Weekly Newspaper  
[www.drum.army.mil/mountaineer](http://www.drum.army.mil/mountaineer)

Fort Drum Information and Town Hall Meeting  
[www.drum.army.mil/sites/local/townhall.asp](http://www.drum.army.mil/sites/local/townhall.asp)

Fort Drum Post Guide  
<http://www.mybaseguide.com/army/fort-drum>

**ICE - DoD's Interactive Customer Evaluation System**  
ICE allows customers to rate products and services provided by DoD offices and facilities worldwide. Your comment card ratings are used to improve the products and services available to you.

<http://ice.disa.mil>

The Officers' Spouses Club of Fort Drum  
[www.fdosc.com](http://www.fdosc.com)

The Enlisted Spouses Club of Fort Drum  
[www.ftdrumesc.org](http://www.ftdrumesc.org)

The National Association of the 10<sup>th</sup> Mountain Division, Inc.  
[www.10thmtndivassoc.org](http://www.10thmtndivassoc.org)

Fort Drum FMWR  
[www.drummwr.com](http://www.drummwr.com)

## LOCAL NEWS & CLASSIFIEDS

News Junky  
[www.newzjunky.com](http://www.newzjunky.com)

Watertown Daily Times  
[www.watertowndailytimes.com](http://www.watertowndailytimes.com)

North Country Now  
[www.northcountrynow.com](http://www.northcountrynow.com)

Your News Now  
[www.ynn.com](http://www.ynn.com)

7 News  
[www.wwnytv.net](http://www.wwnytv.net)

News Watch 50  
[www.newswatch50.com](http://www.newswatch50.com)

Penny Saver  
[www.jeffpennysaver.com](http://www.jeffpennysaver.com)

Drum Country

## ARMY & MILITARY

Army OneSource  
[www.myarmyonesource.com](http://www.myarmyonesource.com)

Military OneSource  
[www.militaryonesource.com](http://www.militaryonesource.com)

National Military Association  
[www.militaryfamily.org](http://www.militaryfamily.org)

Association of the United States Army  
[www.nnydrumausa.org](http://www.nnydrumausa.org)

## COMMUNITIES & TOURISM

Jefferson County  
[www.co.jefferson.ny.us](http://www.co.jefferson.ny.us)

Watertown  
[www.watertownny.com](http://www.watertownny.com)

Carthage  
[www.carthageny.com](http://www.carthageny.com)

Sackets Harbor  
[www.sacketsharborny.com](http://www.sacketsharborny.com)

Clayton  
[www.townofclayton.com](http://www.townofclayton.com)

Alexandria Bay  
[www.visitalexbay.org](http://www.visitalexbay.org)

Lewis County  
[www.lewiscountychamber.org](http://www.lewiscountychamber.org)

St. Lawrence County  
[www.northcountryguide.com](http://www.northcountryguide.com)

Thousand Islands Tourism  
[www.1000islands.com](http://www.1000islands.com)

Thousand Islands Tourism Council  
[www.visit1000islands.com](http://www.visit1000islands.com)

Adirondack Region  
[www.visitadirondacks.com](http://www.visitadirondacks.com)

New York State Tourism  
[www.iloveny.com](http://www.iloveny.com)

Boy Scouts of America  
<http://www.cnyscouts.org>  
(315)463-0201

Girl Scouts - NYPENN Pathways Inc  
[www.gsnypenn.org](http://www.gsnypenn.org)  
(315)782-1890

